The Golden Gazette March 2022 Treasure of the Hills Senior Center Volume XXXII

Number 3

PRESIDENT'S MESSAGE

by Carolyn White Welcome to the new members that joined us in February. TOTH is a great place to meet new friends.

As our community is going down a bit in COVID, we have begun to open up more here at the Center. Your Board of Directors is asking that you please wear your mask when playing games if you are not vaccinated.

Our Soup Day and Breakfast are back, but you must sign up. If we don't have a certain number signing up, it's not worth the time nor effort to put these on — plus, we need to know how much to buy and make.

Canasta, Bunco, Poker, Bingo, Mahjong and Bridge are all picking up in the numbers of players coming, but we always welcome more. Have a game you love to play and we don't offer it? Come teach us how.

The special price of \$12.50 for 2022 dues is now over and we are back to \$25.00 for our cost. I enjoy being your President and working with the terrific Board of Directors that we have. We welcome any ideas for our "new" center.

Please don't forget to sign in and out when you are here for an activity.

VP NOTES

by Denny Clauson As you may be aware, Cedar Park is holding a Bond Vote in May, which was expected to possibly affect TOTH. Here are some notes about that.

At the end of the year a city task force looking at projects in Cedar Park to be included in the May Bond Vote presented their final report to the **City Council.**

This included various highway, parks, and building projects in the city, totaling \$158 Million.

This project list included funds to build a new, larger Senior Center on the current library site. The task force included this item due to a large increase in the 65+ population in Cedar Park.

However, the City decided the Bond Package had to be limited to \$125 million to avoid having to raise taxes. The new Senior Center project was one of several projects that had to be cut.

This is really not a big issue as we are comfortable in our current facility, and the current Cedar Park Library would not move into their new building for two plus years.

I will keep everyone posted on future developments.



FROM THE DIRECTOR

by Lisa Leirvaag

Spring is here! Those very cold days in the beginning of February are forgotten. It's time to renew and to recharge.

More than twenty new members have joined Treasure of the Hills since we reopened. Now that we have started serving breakfast again, we want to continue with the tradition of treating every new member to a free breakfast. If you joined while we were closed or since we reopened, and have not received a free coupon yet, please ask for it at the reception and be sure to sign up on the Breakfast Saturday of your choice.

You are welcome to use the refrigerator for your sack lunch, snacks, or drinks, but please, mark food items and bottles with your name and date. Old food items will be removed regularly.

Vidal Cleaning Service found a ring with the inscription PEACE under the Texas flag in the Great Room. Contact the receptionist if it is your ring.

Irish or not, I wish you all a Happy St. Patrick's Day!

"May your blessings outnumber the Shamrocks that grow, and may trouble avoid you wherever you go."

March 20th is the UN International Day of Happiness. This year's motto -



Don't worry, be happy!

TOTH BOARD NOTES

by Beverly Ball Members and guests will now be able to sign in and out at the side door at the new podium.

Dick Planck will renew our CP Chamber of Commerce membership.

Phyllis Walker is our Publicity Director and representative in the community to promote TOTH. Her personality is sure to spread good will.

Mary Riordon announced the Volunteer of the Year awards. They go to Donna Craig and Dick

Planck. Congratulations! Plaques will be displayed to honor them. They have served many hours and we appreciate them, as well as others who work so diligently to make TOTH a place that we all enjoy.

The Senior Expo is scheduled for August 13, 2022. Lisa is preparing letters to be sent to vendors in March. We hope to have eager member participation and profitable results financially, as well as community exposure benefits. Please mark your calendars.

Frank Mignoli said that we will go back to the old self-serve buffet method for Soup Day and Breakfast Day. He is also due our appreciation for many hours of work.

Lisa has sent a blast inquiring as to your level of interest in resuming pot-luck lunches. Please respond with your wishes.

The Food Policy established now is that members may bring non-messy finger foods and leave them on the kitchen serving counter (but not at playing tables). Let's stay tidy and healthy.

Denny had a productive meeting with Cedar Park council member, Heather Jefts. We look forward to enhanced parking lot lighting pending approval of the bond referendum in May.

Check out pictures of your board members, soon to be placed on the bulletin board.



Thought for the Day

Tomorrow is promised to no one.

Time passes so quickly, you literally do not even notice it until it begins to slow. So, don't wait to use the good china, go on the trip, eat the cake, watch the late movie, read your favorite book.

Take a chance in life, the time is now. Don't live passively, live passionately while there is still time. And do it with a positive attitude and a positive mindset. Every day is a new opportunity. You can build on yesterday's success or put its failures behind and start over again. That's the way life is, with a new game every day.

(From Jim Gentil's Positive People Power! newsletter. To subscribe (free), go to jim@jimgentil.com)



MEMORIAL FUND For Marchitta Wisdom from Harvey and Janice Wohlwend

TREASURER'S REPORT

by Dick Planck

Our income for January was \$1,242.53 and expenses were \$2,999.30 resulting in a loss of \$1,756.77.

The major items of Income were \$262.50 from Membership Dues and \$850.00 Rental Revenue. Major expenses were Managing Director \$1,092, Supplies for Business \$542.45, Annual website expense \$369.00 and Utilities \$190.33.

Our investments decreased in value by \$11,694.89. This is the largest loss we have had in several years but as many of you know the market has been going down recently. We are still far ahead of our original investment.



CALENDAR NOTES

Jewelry Making classes will be on the first and third Wednesdays at 10 (March 2nd and 16th), and Crafts class is on the second Wednesday at 10 (March 9th).

Soup Day is Monday, March 21st at 12.

Breakfast Day is Saturday, March 26th at 9.

Tuesday Rubber Bridge is now at 9:30 instead of 9:45.





Einstein's Riddle (answer on page 5)

Use the relationship clues to determine what symbol belongs in each of the cells.

In "before" clues, the first symbol is in some column before the second symbol.

In "adjacent" clues, the two symbols are in adjacent columns in some order.

In "with" clues, the two symbols are in the same column.

In "between" clues, the three symbols are in adjacent columns in some order.

Symbols	1	2	3	4	5	6
ABCDEF	D		В			
JKLMNO						
STUVWX						
123456						4
+ - * / = %						
(}@~":	@					

- % before B, F before X
- " adjacent to 1, E adjacent to 2, 2 adjacent to O
- W with ~, S with :
- J between ~ and =, 3 between K and N, } between – and F, U between L and J, * between / and 4, } between N and ~,
 - 5 between V and A,
 - F between 3 and 6

COVID-19 UPDATE

by Frank Mignoli

COVID-19 Cases and Vaccinations

The Omicron variant increased the number of cases significantly during the month of January. Then towards the end of January cases started to decline. However, we still are in Stage 5, but rapidly moving towards Stage 4.

The new variant of the Omicron virus BA.2 hasn't taken over yet, but appears to be no different in characteristics and severity than Omicron.

One of the parameters for determining the COVID Stage of Risk is the 7-day average number of daily new hospital patients. The criteria for reaching the severest risk, stage 5, is >50 new COVID hospital patients daily. Texas Department of Health Services (DSHS) reported a 7-day average in Area O, as of February 16th, a value of 62.3 (Stg. 5) compared to the highest value of over 148 on January 26th. Area O consists of 11 counties including Travis and Williamson counties. These two largest counties represent 75% of the population of the 11 counties.

Another parameter to determine the stage of risk is the Community Transmission Rate (CTR). It is measured using the 7-day daily average of new cases divided by the result of dividing the total population of the community by 100,000. The value for Stage 5 Risk is 100 or above. On February 16th both Travis and Williamson County were still in stage 5 at 118 and 170 respectively but about 1/5 of what they were on January 29th.

The end of the most recent peak was near the end of January. Previously, once the peak had been reached it took about 2-3 months to dissipate and decline to near the lowest stages of risk. However, if based on what happened in South Africa, where the Omicron variant began, it took only 2-3 weeks after the peak. Hopefully, we will be closer to the South African time frame rather than previous time frame.

As a reminder Stage 5 is the highest risk. *Masks are recommended both for high and low risk individuals both indoors and outdoors. Traveling should be avoided.*

After more than two (2) years of our life being dominated by the corona virus, people and even some governors are saying we are going to have to live with it one way or the other. So states that have maintained mandates for vaccinations and masks are starting to back off. Governors in some large states like California, New York, and Illinois have lifted some mask mandates. People like the truckers in Canada and parents at Board of Education meetings are revolting against mandates.

Vaccination Data

As of February 16th, total vaccinations for the following are:

	Texas	Travis Co.	Williamson Co.
One Dose administered	20,235,800	1,008,940	448,920
Fully Vaccinated	17,136,600	870,470	394,200
Booster Shots –	6,157,600	381,790	166,640
% of Fully Vaccinated	35.9%	43.9%	42.3%

Both the Pfizer vaccine booster shot and the third (½ dose) of Moderna are now in use.

Masks

The following are the most recommended masks to wear:

- A washed, two-layer woven nylon mask with a filter insert and metal nose bridge (blocks 79 percent of particles on average); or
- A KN95 respirator mask made from five layers of filters, which uses a mechanical filter to **block up to 95 percent of harmful particles in the air** from your nose and mouth.

(Answer to Einstein's Riddle on page 3)

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С	¥	Е	B	Е	α



Signs at El Arroyo:

IF ONLY SNOOZE MINUTES WERE AS LONG AS MICRO-WAVE MINUTES

THE WORST PART ABOUT PARALLEL PARKING IS THE WITNESSES

MY SOULMATE IS OUT THERE SOMEWHERE, PUSHING A PULL DOOR

BE THE PERSON YOUR DOG THINKS YOU ARE

WHEN IS TACO BOD SEASON? BECAUSE I'M READY FOR THAT.

I EAT MOSTLY WHOLE FOODS: WHOLE PIZ-ZAS, WHOLE CAKES, ETC.

BAD PUNS ARE HOW EYE ROLL



MARCH BIRTHDAYS

Don Atkins	01
Mary Williams	01
Jerry Lou Booton	04
Jane Howard	04
John Lazaretti	06
Shirley Davis	08
James Brenton	13
Dominga de la Rosa	14
Nancy Nunn	14
Sharon Pickel	17
J C Henderson	19
Beverly Ball	22
Henri Stanford	25
EJ Johnson	26
Ron Greenwood	29



MARCH ANNIVERSARIES

Ann and Joe Gleaton	04
Janet and Ted Lobsenz	24



NEW MEMBERS

Janice Hinojosa Adeline and Andre Ceschin Pete Fenske Helen Marburger

RETURNING MEMBER

Lisa Chmelar

FROM THE EDITOR

by Barbara Duprey

Isn't it great to be getting back to normal (or at least something a lot like it)?

There was quite a bit of room in this issue, so you'll see a fair amount of 'incidental' content. Hope it works for you!

Most of the puzzles used in the Gazette come in a fairly wide range of levels of difficulty. The "Einstein's Riddle" here, for example, can come in sizes from 3x3 to 9x9, not necessarily square, with a variety of solving techniques required, and several levels of difficulty. (It's actually an interactive game, but we can't do that here!)

I'm aiming at a medium level of difficulty, and mixing puzzles in different categories (word, math, and logic). I haven't gotten much feedback on this, I'd love to know what you think! Do you want more or less of some type of puzzle? Harder or easier? I know it would be great to have crosswords, for example, but there are some problems with that. For one thing, they're really too big to fit in on a space-available basis. For another, everything here needs to be free!

Speaking of puzzles — if you're missing pieces from any of the TOTH jigsaws, check with Lisa. She has a collection of orphaned pieces that have been found, and the ones you need may be among them.

Please send feedback on the Gazette to bduprey@austin.rr.com.



The Van Osten Family (Jayne, Bill, and Vicky) Ann Gleaton Trudy New

BOARD OF DIRECTORS

President: Carolyn White Vice President: Denny Clauson Treasurer: Dick Planck Secretary: Beverly Ball Directors:

Frank Mignoli Pat Thomas Philip MacDonald Floresa Williams MarEllen Basalyga J C Henderson



COMMITTEES

Finance: Dick Planck Nominating: Pat Thomas Hospitality: MarEllen Basalyga Special Events & Resource Dev.: Denny Clauson Publicity & Public Awareness: Phyllis Walker

MANAGING DIRECTOR

Lisa Leirvaag toth.director.tx@gmail.com

GOLDEN GAZETTE

Editor: Barbara Duprey bduprey@austin.rr.com

OPERATIONS

Building Maintenance: Carolyn White Kitchen Mgr: Lisa Leirvaag Supplies: Carolyn White Membership: Jeanne Allison, **Donna Craig Receptionists: Mary Riordon Memorials: Jan Clark** Sunshine: Jan Clark Setup: Carolyn White **Memorial Garden:** Lisa Leirvaag **Communications:** Lisa Leirvaag Historian: Ruby Banks, **Gail Brennen**

ACTIVITIES

Breakfast: Pat Fiero Salad/Soup: Frank Mignoli Golf: Frank Mignoli Sit & Fit: Rich Stone, Pat Fiero T'ai-chi *: Dr. Tom Barrett Crafts/Jewelry Making *: Mary Riordon



<u>GAMES</u>

Bingo Monday: Barbara Duprey Friday: Joe Gleaton Bunco *: Carolyn White Canasta *: Bobbie McKissick Cribbage: Stan DeRocher Mahjong: Georgia White Pinochle: Jeanne Allison Poker: Jerry Rubin Table's Choice *: Bobbie McKissick

BRIDGE

Duplicate Bridge * Monday: Frank Mignoli 1st & 3rd Tuesday: Sheila Perkins Friday: Ken Birdwell 3rd Friday: Charlene Palmer Saturday: Carolyn Patrick Rubber Bridge * Tuesday: Ed Williams, Beverly Ball * Signup Required

Contact information for these members is available call 512-331-6000.

March 2022

SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required # Signup Required & Pay in Advance		<i>1</i> 9 ³⁰ DupBrdg* 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	2 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice 10 ⁰⁰ Jewelry Making [*] 1 ³⁰ Bunco*	<i>3</i> 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle	<i>4</i> 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	5
6	7 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	8 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	<i>9</i> 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice 10 ⁰⁰ Crafts*	<i>10</i> 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 1 ⁰⁰ ExecCmte 2 ⁰⁰ Pinochle	<i>11</i> 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	<i>12</i> 6 ⁰⁰ DupBrdg*
13	<i>14</i> 9 ⁰⁰ Sit & Fit 10 ⁰⁰ BOD 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	<i>15</i> 9 ³⁰ DupBrdg* 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	<i>16</i> 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice* 10 ⁰⁰ Jewelry Making* 1 ³⁰ Bunco*	<i>17</i> 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle	<i>18</i> 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 9 ⁴⁵ DupBrdg* 1 ⁰⁰ DupBrdg*	19
20	21 12 ⁰⁰ SOUP DAY # 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	22 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	23 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice	24 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle	25 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	26 9 ⁰⁰ BREAKFAST DAY #
27	28 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	29 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	<i>30</i> 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice	<i>31</i> 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle		
Please Remember: Sign in and out Sign up for classes Gazette Deadline — 17th of each month						
Treasure of the Hills Senior Center 408 Ridgewood Drive, Cedar Park, TX 78613						

Phone: 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com