The Golden Gazette

May 2022 Treasure of the Hills Senior Center Volume XXXII Number 5

PRESIDENT'S MESSAGE

by Carolyn White

First off, Happy Mother's Day to all our mothers and grandmothers.

Welcome to all our new members who joined last month. We so enjoy meeting new people! We have welcomed twenty-eight new members since January. Wow! The weather is warming up, the days are getting longer.

A couple of changes this month. Soup Day will stop, and Salad Day will begin and change to Tuesday, with the first one May 10th. Another is MarEllen is going to implement our Meet & Eat outing again. You will be hearing more from her.

Councilman Jim Penniman-Morin was our guest at our last Soup Day. As a new council member, he wanted to see what we were all about and meet our seniors. After saying a few words to everyone, he enjoyed having lunch with us and was given a tour of our new center. Councilman Penniman-Morin expressed a desire to come back again sometime. I told him we would love to have him anytime.

Also at our Soup Day, we announced the Volunteers of the Year for 2021. They are Donna Craig and Dick Planck. They both have done so much in helping get our center open again. Congratulations, Donna and Dick.

Our activities are picking up, but we still need to remember to include new members as well as other members. It has been mentioned that some are being left out and we want to make sure we make all welcome at all our activities.

Please remember to sign up for all activities, as well as salad and breakfasts, especially those as the cooks need to know how much to buy.

If you have a new game that you love to play and we do not offer it, come teach us how.

I am enjoying being your President and working with our terrific Board of Directors. We welcome any ideas for our "new" center and look forward to seeing more of our members return.

VP NOTES

by Denny Clauson

VOTE May 7th!

Voting day is coming right up, with early voting April 25 to May 3.

There are two statewide proposals which could affect property taxes, so be sure to check into these.

The City of Cedar Park is holding elections for Mayor and three Council positions, as well as some bond issues.

The City of Leander is electing three Council members and voting on a number of propositions.

If you are in a different one of the communities in this area, please see what elections, if any, are scheduled for this month and make your voice heard.

These off-year elections generally have low turnout, so your vote is particularly important.

Vote early, vote often (well, once is good).



FROM THE DIRECTOR

by Lisa Leirvaag
Spring is a time for renewal and change.

The Board has approved an all-new form that combines membership application, renewal, and change of information, and even allows for a "Snowbird" option. It also reflects the changes, updates and improvements Barbara Duprey is suggesting for our database.

MarEllen Basalyga, our Hospitality chair, has set a kick-off date for "Meet & Eat" at Chili's, 1205 N Bell Blvd, Cedar Park: Tuesday, May 17th at 1:00. The sign-up sheet is on the bulletin board.

MarEllen would also like to start the movie outings and the Covered Dish/Potluck luncheons again. If you are interested, be sure to sign up. If you have any questions, please contact MarEllen.

The first meeting of the Book Club will be held in the TOTH library on Friday, May 13th at 10:30 a.m.

Have you noticed the new look of the Memorial Garden?

Wishing everybody a beautiful month of May - happy Cinco de Mayo, happy Mother's Day, and a peaceful Memorial Day.

TOTH BOARD NOTES

by Beverly Ball

Springtime Greetings! Or did we skip it and go straight into summer?!

Our dear devoted Treasurer, Dick Planck, is passing his torch to J C Henderson this month. We are grateful for them as well as for all who make TOTH so special!

Senior Expo is in August, so plans are progressing. Lisa is connecting with vendors. We have 6 commitments so far and a number of other interested parties.

Potlucks have been enjoyed in the past. Let us know your level of interest now that COVID cases have diminished in severity.

Board Member Frank Mignoli is changing "Soup"

to "Salad" Day and moving it to Tuesdays beginning May 10th. After the May Breakfast Day on Saturday, May 21, the breakfast schedule will normally be every fourth Saturday. Please join us when you are able.

We have been encouraged with the great job that Pat Fiero has been doing with Saturday breakfasts and with our increased attendance.

MarEllen Basalyga, Hospitality Chair, would like to reinstate a "Meet & Eat" day on third Tuesdays, with an organizational meeting May 17th. An afternoon movie time is also being considered. Lisa will post a signup sheet, and the group may decide to combine this outing with a meal.

Donna Craig and Jeanne Allison (Membership Chairs), Barbara Duprey and Lisa Leirvaag have been busy creating a form which will combine and replace three member documents into one "Membership-Renewal-Changes Form". It will be available on our website for you to view and print. (Personal membership information is for internal use only.)

Phyllis Walker, our enthusiastic volunteer receptionist and Publicity Chair, stays very busy! She is contacting people to spread awareness of TOTH.

Board Member Floresa Williams is updating our brochure details.

Our landscaping projects have inspired folks to enjoy nature in addition to the socialization and other fun here at TOTH. Jim Anderson, Lisa Leirvaag, Jacquee Guida and Beverly Ball have enjoyed working and making contributions. Stay tuned for more.... We will need more volunteers for such jobs as "Drips" (waterers), etc. Let us know if you are interested. Call Jim Anderson at (830) 469-7864

Be sure to thank all our great volunteers and Lisa for work well done!



IN MEMORIAM

Norma Crozier Ninette Fernandez



MEMORIAL FUND

For Sue Witovec from
Lisa Leirvaag
Barbara Duprey
For Trudy New from
Lisa Leirvaag
Barbara Duprey

TREASURER'S REPORT

by Dick Planck

Our income for March was \$2,933.23 and expenses were \$2,703.11. The main sources of income were \$1,700.00 in Rental Revenue from the church, \$465.00 from Membership dues, and \$395.00 from Senior Expo commitments.

Major items of expense were \$936.00 for our Managing Director, and \$606.22 for janitorial services.

Our investments decreased in value by \$1,644.67.



SENIOR EXPO

by Phyllis Walker

Save the Date! Treasure of the Hills Senior Center will sponsor its 2022 Senior Expo in conjunction with Seniorific News and the City of Cedar Park on

> Saturday, August 13, 2022 Cedar Park Recreation Center 1435 Main Street From 9:00AM to 1:00PM

Expo is FREE ADMISSION!

CALENDAR NOTES

The Executive Committee meeting is now going to be the Wednesday before the Board of Directors meeting, which remains on the second Monday. For May, the dates are the 4th and the 9th.

Salad Day is Tuesday, May 10th at 12.

Breakfast Day is Saturday, May 21st at 9, with the Craft Sale following it.



(Answer to Hitori)

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Hitori

Shade in cells so that (1) no number appears more than once in a row or column; (2) No shaded cells are adjacent horizontally or vertically; and (3) In the completed puzzle, the unshaded cells form a contiguous area of horizontally and vertically connected cells.

| 2 | 5 | 7 | 1 | 4 | 8 | 5 | 4 |
|---|---|---|---|---|---|---|---|
| 6 | 8 | 2 | 7 | 5 | 1 | 4 | 3 |
| 4 | 1 | 6 | 3 | 8 | 2 | 7 | 3 |
| 5 | 4 | 1 | 1 | 2 | 6 | 3 | 7 |
| 7 | 1 | 5 | 4 | 7 | 2 | 2 | 6 |
| 3 | 5 | 2 | 2 | 6 | 5 | 8 | 1 |
| 4 | 2 | 2 | 6 | 4 | 7 | 5 | 7 |
| 7 | 6 | 8 | 3 | 7 | 4 | 2 | 5 |

COVID-19 UPDATE

by Frank Mignoli

COVID-19 Cases and Vaccinations

Well, in Austin they have abandoned their two parameters for determining COVID-19 risks and have adopted the CDC's. The CDC's definitions of COVID-19 Stages of Risk are High, Medium and Low. We are currently in the Low Stage of COVID-19 Risk. However, the new variant has shown a slight increase in cases but it apparently is even less severe than the last variant.

I will continue to use at least the 7-day average of number of new cases because this data is available for Texas, as well as Travis and Williamson counties. The data shows that all three are in Stage 3. But cases are increasing slightly.

Vaccination Data

As of April 17th, total vaccinations for the following are:

| - | Texas | Travis Co. | Williamson Co. |
|-----------------------|------------|------------|----------------|
| One Dose administered | 20,801,100 | 1,021,400 | 454,800 |
| Fully Vaccinated | 17,519,500 | 883,250 | 401,250 |
| Booster Shots – | 6,661,800 | 406,000 | 177,800 |
| % of Fully Vaccinated | 38.0% | 46.0% | 44.3% |

ATTENDANCE FACTS AND FIGURES

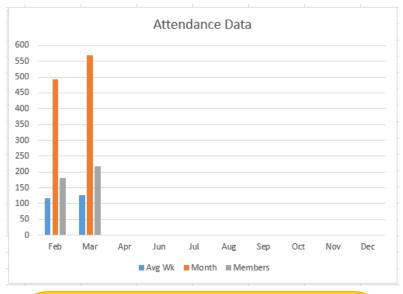
by Frank Mignoli

The Center is back with most of the activities up and running. I thought it might be interesting to capture the attendance data from the sign-in logs. Of course that assumes everyone signed in each time they enter. So we'll make that our first assumption.

Although we really started up in January of this year it wasn't until mid-February that we scrubbed non-renewing members from our active rolls. We started with 182 members in February and now have 217 members as of April 1.

Reviewing the activities of the attendees, most were for games such as Bridge, Canasta, Poker, Bunco, etc. We also had significant attendance for Sit & Fit and T'ai-Chi, as well as Soup Day. This does not include Saturday Breakfast or Bridge on Saturday night once a month.

The average attendance per week was 116 for February and 126 for March, and total attendance was 493 and 569. Hopefully, attendance will increase in the future.





This kid will probably go far!

The teacher directed the class to write a brief account of a baseball game. All the pupils were busy during the allotted time, except one little boy, who sat motionless, and wrote never a word. The teacher gave him an additional five minutes, calling them off one by one. The fifth minute had almost elapsed when the youngster awoke to life, and scrawled a sentence. It ran thus:

[&]quot;Rain-no game."

SOUP / SALAD DAY

by Frank Mignoli

On Monday, April 18th, thirty members enjoyed delicious soups, Pasta Fagioli made by Pat Fiero and Spanish Gazpacho made by Debra Joel. A special guest, City Councilman Jim Penniman-Morin, was invited to visit the facilities and find out more about the Senior Center. He was given a cook's tour by President Carolyn White and Secretary Beverly Ball.

Starting in May, we will begin Salad Day. In order to avoid this being too close to Breakfast Day, we've decided to hold it on the 2nd Tuesday of the month. For May, that is May 10th. Hopefully as there are more activities on Tuesday attendance will increase. Mediterranean, Caesar, and Tuna and Macaroni salads are planned.

Pat got a number of requests for her soup recipe, so here it is:

Pasta Fagioli (serves four)

1 lb ground beef 1/2 c chopped onion 1/2 stalk celery, chopped 1/2 c grated carrots 1 med can tomato sauce 1 can diced tomatoes 1 gt chicken broth 1 can navy beans 1 can kidney beans 1 tsp garlic salt 1 tsp Italian Seasoning 2 c cooked pasta (macaroni or other) Brown beef, add onion, celery, and carrots, and simmer until veggies are tender. Add remaining ingredients except for pasta and heat thoroughly on medium, stirring occasionally. Add pasta just before serving.



Here are some fun lines from 'I'M A SENIOR CITIZEN....,' ©1994, by Patricia Ann Rivera:

I'm very good at telling stories...over and over and over.

I'm sure everything I can't find is in a secure place.

I'm sure they are making adults much younger these days.

HONOR FLIGHTS

Thanks to Gail Brennen for calling attention to this very special group, Honor Flight Austin, and the associated groups around the country!

Honor Flights take military veterans to the Memorials for their services in Washington, D.C. Several members of TOTH, past and present, have been able to participate in this program — you might want to ask Dick Planck and Jean Wiedenfeld about what the experience meant to them and to others.

Along these lines, Julian Allen (Jim) Roadman, Lt. Col. USAF (Retired), joined TOTH in 2003, and died in 2019. He wrote a book, 'A Combat Nightmare in WWII,' which we have in our library. Check it out if you're interested in getting a personal view of that time.

The Honor Flight Austin mission is to transport veterans with a specific priority to Washington D.C. to visit their memorials dedicated to honor their service and sacrifices and return them home to their families and loved ones.





MAY BIRTHDAYS

| Floresa Williams | 02 |
|------------------|----|
| George DeMarines | 09 |
| Barb Clauson | 11 |
| Irene Berkel | 12 |
| ET Travis | 15 |
| Rae Tregilgas | 15 |
| CJ Hardy | 16 |
| Arlene O'Brien | 22 |
| Gail Middleton | 23 |
| Larry Zabcik | 24 |
| Jim Williams | 25 |
| Mary Hartsell | 26 |
| Roger Diamond | 28 |
| Ruby Banks | 29 |
| | |



MAY ANNIVERSARIES

| Adelene and Andre Ceschin | 04 |
|---------------------------|----|
| Trudy and Mike Callahan | 06 |
| Liz and Henry Arce | 15 |
| Cindy and Peter Klein | 16 |
| Carolyn and Roger Patrick | 19 |
| Phyllis and Bernie Epps | 23 |
| Mary and Ken Riordon | 27 |

MILITARY PHOTOS

We'd like to display photos of our military vets (in uniform) as part of Memorial Day recognition. We can scan them and print them on photo paper so you keep the originals. Names aren't required, so that might add to the fun!

Short paragraphs about your service would also be great, whether you provide a photo or not, to be posted on our bulletin board. We know many of our members have served in the military and we'd like to honor you.



NEW MEMBERS

LaVerne Love
Anna Barbetti
Charlie Drapp
Lisa Girouard
Lynn Moynihan
Gail Middleton
Karen Roemer
Kai Sami
Nelva Warner

RETURNING MEMBERS

Priscilla Paclik Clay Speer

SPECIAL NOTE

Sandra Silver is now Sandra Williams — congratulations to her and David!

FROM THE EDITOR

by Barbara Duprey

Things are really picking up around here, with new and returning members and activities, as well as all our usual fun and games. If you have any suggestions for what we could do to make our center even better — bring them on! It's all about making this a great place to come, especially after the isolation so many were stuck with during the worst of the COVID days. Phones, email, and Zoom and similar online technology helped, but could only go just so far. It's great to be back!

Please send feedback on the Gazette to bduprey@austin.rr.com.



Carolyn Altman Dodie Domanski Philip and Karen MacDonald

BOARD OF DIRECTORS

President: Carolyn White Vice President: Denny Clauson Treasurer: J C Henderson

Secretary: Beverly Ball

Directors:

Frank Mignoli **Pat Thomas** Philip MacDonald Floresa Williams MarEllen Basalyga Dick Planck

MANAGING DIRECTOR

Lisa Leirvaag toth.director.tx@gmail.com

COMMITTEES

Finance: J C Henderson **Nominating: Pat Thomas** Hospitality: MarEllen Basalyga

Special Events & Resource Dev.:

Denny Clauson Publicity & Public Awareness: Phyllis Walker

GOLDEN GAZETTE

Editor: Barbara Duprey bduprey@austin.rr.com



OPERATIONS

Building Maintenance: Carolyn White

Kitchen Mgr: Lisa Leirvaag **Supplies: Carolyn White** Membership: Jeanne Allison,

Donna Craig

Receptionists: Mary Riordon

Memorials: Jan Clark Sunshine: Jan Clark Setup: Carolyn White **Memorial Garden:** Lisa Leirvaag

Communications:

Lisa Leirvaag Historian: Ruby Banks,

Gail Brennen

ACTIVITIES

Breakfast *: Pat Fiero, Frank Mignoli

Salad/Soup *: Frank Mignoli

Meet & Eat *:

MarEllen Basalyga Golf: Frank Mignoli

Sit & Fit:

Rich Stone, Pat Fiero T'ai-chi *: Dr. Tom Barrett Crafts/Jewelry Making *: Mary Riordon

GAMES

Bingo

Monday: Barbara Duprey Friday: Joe Gleaton **Bunco *: Carolyn White** Canasta *: Bobbie McKissick Cribbage: Stan DeRocher Mahjong: Georgia White Pinochle: Jeanne Allison **Poker: Jerry Rubin**

Table's Choice *: **Bobbie McKissick**

BRIDGE

Duplicate Bridge * 1st & 3rd Tuesday: **Sheila Perkins** Friday: Ken Birdwell

3rd Friday: Charlene Palmer Saturday: Carolyn Patrick

Rubber Bridge *

Tuesday: Ed Williams, **Beverly Ball**

* Signup Required



Contact information for these members is available call 512-331-6000.

May 2022

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|---|---|--|---|---|
| 1 | 2 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo | 3 9 ³⁰ DupBrdg* 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker | 4 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice 10 ⁰⁰ Jewelry Making* 1 ⁰⁰ ExecCmte 1 ³⁰ Bunco* | 5 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle | 6 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg* | 7 |
| 8 | 9 900 Sit & Fit 1000 BOD 100 Cribbage 100 Bingo | 10 12 ⁰⁰ SALAD DAY # 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker | 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice | 12 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle | 13 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg* | 14 6 ⁰⁰ DupBrdg* |
| 15 | 16 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo | 17 9 ³⁰ DupBrdg* 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker | 18 900 Sit & Fit 930 Table's Choice* 1000 Jewelry Making* 130 Bunco* | 19 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle | 20 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 9 ⁴⁵ DupBrdg* 1 ⁰⁰ DupBrdg* | 21 900 BREAKFAST DAY # 1000 CRAFT SALE |
| 22 | 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo | 24 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker | 25 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice | 26 10 ⁰⁰ T'ai-chi* 10 ³⁰ Mahjong 2 ⁰⁰ Pinochle | 27 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg* | 28 |
| 29 | 30 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo | 31 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker | | | | * Signup Required # Signup Required & Pay in Advance |



Please Remember:

Sign in and out Sign up for classes Missing something? Check the Lost and Found! Gazette Deadline — 17th of each month



Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone: 512-331-6000 Open Monday-Friday 9am-3pm www.toth-seniors.com