



# The Golden Gazette

June 2022

Treasure of the Hills Senior Center  
Volume XXXII Number 6

## PRESIDENT'S MESSAGE

by Carolyn White

A BIG Welcome to all our new members last month. We so enjoy meeting new people. We've been having some hot weather lately, haven't we! It's nice and cool in the Center, so come play some games, enjoy a salad or breakfast with us, and get out of the heat.

Our activities are picking up, but we still need to remember to include new members as well as other members. Please remember to sign up for all activities, especially for salads and breakfasts, as the cooks need to know how much to buy.

I hope you got to come enjoy Breakfast Day in May and then stay for our first Craft Sale. We have many talented crafters in our midst and they put on a great sale! A BIG Thank You to Mary Riordon for organizing it. Our very talented ladies sold some fantastic gifts. They are already talking about another one in the fall. Well done, ladies.

Also, our new Meet & Eat group had their organizational meeting on May 17th. If you didn't get to go, check with MarEllen Basalyga and/or watch the sign-up board for more news.

We had our first Salad Day, which is now on Tuesday. A nice turnout was enjoyed by all. The salads were delicious, can't wait for next month. Dick Planck has passed the baton of Treasurer on to J C Henderson. He says it's time to retire. When you see Dick, be sure to tell him thank you for all his years of service to TOTH. Don't know what we would have done without him.

Until next month, stay safe and "cool"!!



## VP NOTES

by Denny Clauson

Summer is here early, 100 degree days are on us. But it's nice and cool inside TOTH, so stop by frequently for games, activities, and food to stay cool.

Also, keep on your calendar the August 13th date for Senior Expo at the Cedar Park Rec Center.

## FROM THE DIRECTOR

by Lisa Leirvaag

The new Book Club met on May 13<sup>th</sup>. Only two members were able to come, but they chose a book to read until the next meeting: "The Constant Princess" by Philippa Gregory. It's a historical novel telling the early life of Katherine of Aragon, the first wife of Henry VIII. Cedar Park Public Library and Leander Public Library have the book in their collection.

It was also decided that 10:30 a.m. was a little bit too early. So, the next meeting will be Friday, June 10<sup>th</sup> at 11 a.m. Hopefully, more members will be able to participate.

We are also trying to revive "Table's Choice" on Wednesdays at 9:30 a.m. It has been on the calendar, but nobody has signed up or showed up for it. It's a great opportunity to play games like rummikub, Scrabble, dominoes, or maybe try something you played a long time ago and thought was a lot of fun, or try something new entirely. Watch for sign-up sheets!

HAPPY SUMMER!



# **TOTH BOARD NOTES**

*by Beverly Ball*

Greetings to our new and renewed membership! We have new energy and hopeful faces in the beautiful building, on-going garden projects and activities. Our Craft Sale demonstrated lots of beautiful, practical, hand-made items of talented ladies who are supporting TOTH. They have many more items! If you missed this event, we're sorry, but plan on coming next time — we'll probably be doing this again.

Our August 13th Senior Expo is approaching! Vendors need to have submitted their checks by June 30th for their table reservations. Ellen Fannin, a new member, has been working on details with our VP, Denny Clauson. We appreciate her efforts and talents. Please let our office know if you would like to be more involved in the many volunteer jobs which enhance our TOTH!

Potlucks have been enjoyed in the past, but since COVID is still a potential concern, we will have more regulated monthly luncheons starting July 4th, when TOTH will supply all the food for a traditional holiday meal, including hot dogs and hamburgers.

Monthly Breakfast Days will continue Saturdays. Please check the Gazette calendar dates and sign-up clipboards to join us when you are able to do so. We have been encouraged with the great job that Pat Fiero and Frank Mignoli have been doing, as well as other volunteers. (Hint – your opportunity to connect and to serve?)

MarEllen Basalyga, Hospitality Chair, would like to remind you to reserve your calendars on the third Tuesdays at 1:00 for “Meet and Eat” events. June 21st is scheduled at The Olive Garden.

A “Membership-Renewal-Changes” form, which combines and replaces three earlier forms, is available on our website for viewing and printing. (Personal membership information is for internal use only.)

Phyllis Walker, our enthusiastic volunteer receptionist and Publicity Chair, is still staying very busy contacting people to spread awareness of TOTH. She and our Managing Director, Lisa Leirvaag, have been updating the TOTH website regularly. Check it out on TOTH-Seniors.com.

Phyllis has been a regular attendee at the Cedar Park Chamber of Commerce luncheons where she met Jeff Brecht, one of their “ambassadors”. He has offered to speak at TOTH and would appreciate your input on topics of interest. We had the honor of being highlighted in Community Impact News on May 3rd.

Potential topics soon may include someone from the Fire Department to demonstrate our new “AED” (automated external defibrillator) and a “Fall Prevention” program.

Stay tuned for a membership canvas from Board member Floresa Williams, who plans to spearhead a Cultural Fair in November.

Jeanne Allison, Membership Chair, had fond memories of an evening open house when she joined. We would like to encourage membership for all “50 and greater” people, even those working who need evening hours to participate.

Our landscaping projects will need more volunteers for watering and other things. Lisa has designed a sign-up sheet for you to let us know if you are interested. You may also call Jim Anderson at (830) 469-7864 for details.

It was decided that there will not be a Salad Day in July or August, with so many people having travel or other vacation plans.

Breakfast will continue to be served year-round on the fourth Saturday of the month.

Be sure to thank all our great volunteers and Lisa for work well done!

## **NOMINATIONS**

*by Pat Thomas*

Ladies and gentlemen, this is your opportunity to become an integral part of the operation of TOTH. The Nominating Committee is actively seeking nominees for the offices of President, Vice President, Secretary, and Treasurer.

If you have an interest in running for any of these offices, please contact Pat Thomas (512-771-1504). Remember, our organization is only as great as we make it!

Chair, Nominating Committee

## TREASURER'S REPORT

by J C Henderson

[This report will be combined with the next one in the July issue of the Gazette. J C is currently having a not-so-great time fighting off COVID. We all wish him a speedy recovery! - ed]



## COOKBOOK

by Barbara Duprey

Years ago, TOTH published a cookbook containing recipes contributed by members, and we've decided it's time to do that again!

We will reprint 'legacy' recipes from former members, together with new ones from our current membership.

If you have a recipe you'd be willing to share, please send it in! It can be typed into an email to [bduprey@austin.rr.com](mailto:bduprey@austin.rr.com), or sent as an email attachment in Microsoft Word or LibreOffice Writer, or on paper if you're not a 'techie' — but in that case, please be sure to include your name on it when you leave it with the receptionist. We want to make sure everybody gets credit for the delicious things they tell us about! Submissions by the end of July, please.

We will probably use these categories to organize the recipes:

- Appetizers, Relishes, and Pickles
- Beverages
- Breads, Rolls, and Pastries
- Soups and Sauces
- Salads and Dressings
- Vegetables and Side Dishes
- Main Dishes and Meats
- Cakes
- Cookies, Bars, and Candies
- Pies and Cobblers
- Other Desserts
- Miscellaneous



We're looking forward to seeing what you've got for us to enjoy making — and eating!

## SENIOR EXPO

by Phyllis Walker

Save the Date! Treasure of the Hills Senior Center will sponsor its 2022 Senior Expo in conjunction with Seniorific News and the City of Cedar Park on

Saturday, August 13, 2022  
Cedar Park Recreation Center  
1435 Main Street  
From 9:00AM to 1:00PM

Expo is FREE ADMISSION!

## CALENDAR NOTES

On Thursdays, Mahjong now starts at 11 am.

The new Book Club is now meeting on the 2nd Friday every month at 11 am in the library.

Meet and Eat will meet at a local restaurant at 1 pm on the 3rd Tuesday of each month.



## JEWELRY CLASS

by Mary Riordon

The jewelry class continues on the 1st and 3rd Wednesday in the TOTH library from 10-12. We have MANY donated supplies and a wonderful instructor. Join us. Here's what we'll be making June 1st:



## LOST AND FOUND

by Lisa Leirvaag

As of May 17th, there are two umbrellas and a turquoise travel mug in the Lost and Found in the reception area. Please check there to claim items that you're missing.

# COVID-19 UPDATE

by Frank Mignoli

## COVID-19 Cases and Vaccinations

In the last month the number of COVID-19 cases has risen. However, the 7-day hospitalization daily average in Area O of Texas has only fluctuated from a high of 100 to a low of 80 in the last month. As of May 16th, the 7-day average was 93.

The 7-day average of number of new cases is available for Texas, as well as Travis and Williamson counties. The data shows that all three are fluctuating between Stage 3 and Stage 4. Stage 3 is medium risk.

## Vaccination Data

As of May 16th, total vaccinations for the following are:

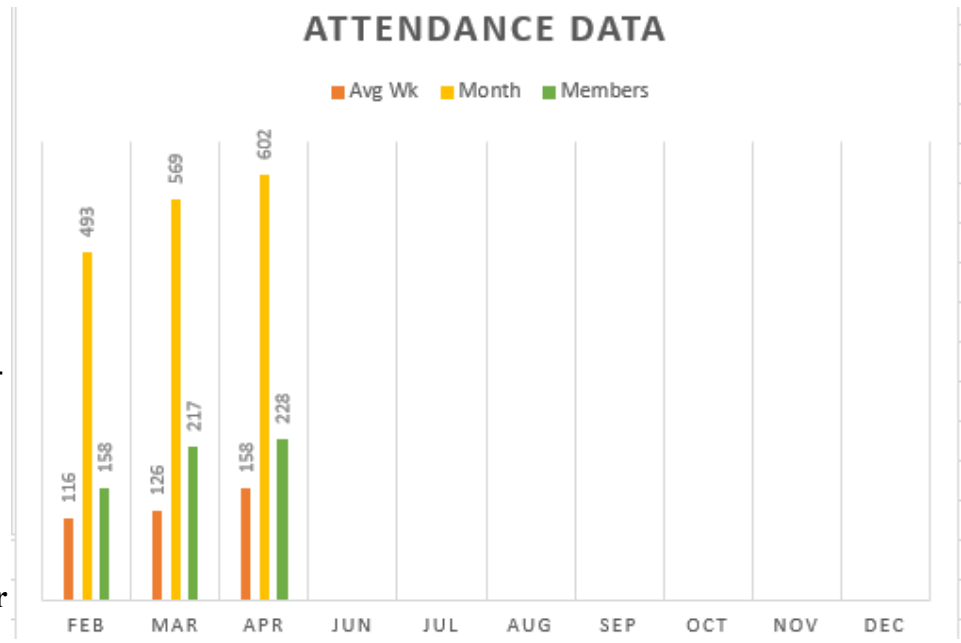
	Texas	Travis Co.	Williamson Co.
One Dose administered	20,987,280	1,027,650	457,150
Fully Vaccinated	17,649,860	889,170	403,680
Booster Shots	6,834,920	416,350	182,249
% of Fully Vaccinated	38.7%	46.8%	45.1%

My belief is that the pandemic is in the final stages, even though medical experts have not stated so. Few people still wear masks in public. I still hear about friends getting COVID, but none have gone to the hospital and after a few days they recovered. We also have more testing available along with medications to help you deal with the disease. Therefore, this is my last Gazette article on COVID-19.

## ATTENDANCE FACTS AND FIGURES 2022

By Frank Mignoli

Weekly attendance, monthly attendance, and membership continue to increase. The chart shows the values for each since February. The day with the most attendance in April is Friday with 200, followed by Tuesday with 147. We'll continue to record this data until it levels off for two months. The numbers are taken from the sign-in sheets; please don't forget to sign in when you visit the Senior Center.



### Not one of our cooks!

The housewife gave the tramp a large piece of pie on condition that he should saw some wood. The tramp retired to the woodshed, but presently he reappeared at the back door of the house with the piece of pie still intact save for one mouthful bitten from the end. "Madam," he said respectfully to the wondering woman, "if it's all the same to you, I'll eat the wood, and saw the pie."

# SALAD DAY

by Frank Mignoli

On Tuesday, May 10th, we had our first Salad Day since September, 2019. Twenty-one members enjoyed salads. MarEllen Basalyga made a pear and spinach salad with a tasty dressing, Donna Craig made a Caesar salad, and Frank Mignoli made his macaroni and tuna salad. Lemonade and tea were served, along with sliced sourdough bread from Randall's and crackers. Dessert included brownies and fresh cookies brought by June Petersen. Cleanup was done by Lisa Leirvaag, Donna Craig and Gail Brennen.

Next month, Salad Day will be on June 14th. Carolyn Brewer, Elyse Peavy and Carolyn White will be preparing the salads. In spite of the current inflation, cost will remain at \$4. Please sign up now and pay in advance, so the salad makers know how much to make.

# BREAKFAST DAY

by Frank Mignoli

On Saturday, May 21st we served breakfast to 28 people. Unfortunately we had 30 people signed up and 4 people came that didn't sign up. So we ran out of food before everyone was served. Besides the excess of attendees, some people took more than a single serving initially. We normally add about 15% more than the number of people signed up. But since we must buy the food in advance (on Thursday before the Saturday), some people signed up after the food was purchased. To prevent this from happening again, we encourage people to sign up early, before the food purchase. We will take the sign-up sheet down on Thursday morning. Food will be purchased based upon the number of signees at that time. If someone does come to breakfast who has not signed up, they will be served last.

Pat Fiero, the Breakfast chairperson, was to lead us in the kitchen, but she had to attend a family member's funeral. However, before she left, she managed to do some preparation work that made it so much easier for us working in the kitchen. Thanks, Pat, and sorry for your family's loss.

Those that did have breakfast enjoyed biscuits and gravy, hash browns, scrambled eggs, bacon, sausage, and pancakes. This was accompanied by coffee and juice. We also served muffins. They must have enjoyed it, because almost all of the plates came back clean as a whistle.

Next month, the Breakfast Day will again be on the fourth Saturday of the month, June 25th.



## Balancing ACT

Use the relationships in the clues to distribute the letters A, C, and T (one per cell) such that there are two of each letter in each row, column, and main diagonal of the grid. (Solution on page 6.)

- R1 The A's are not adjacent.
  - R2 Both T's are ~between the two A's.
  - R3 Both A's are ~between the two C's.
  - R4 Both A's are ~between the two C's.
  - R5 No T is adjacent to an A.
  - R6 Both T's are ~between the two A's.
- 
- C1 Both C's are ~above both A's.
  - C2 Each C is immediately above a T.
  - C3 The A's are not in position 1 or 6.
  - C4 Both A's are ~between the two T's.
  - C5 Both A's are ~above the two C's.
  - C6 One T is immediately above the other.
- (Read ~ as 'somewhere' — adjacency is possible but not necessary.)

	C1	C2	C3	C4	C5	C6
R1						
R2						
R3						
R4						
R5						
R6						



## JUNE BIRTHDAYS

Donna Craig	02
Janet Cash	03
Lois Birdwell	11
Philip MacDonald	13
Fred Kalt	20
Carolyn Patrick	22
Bill Brown	25
Bob Greenway	25
Ron Neff	28



## JUNE ANNIVERSARIES

Ann and Frank Mignoli	01
Jeanne and Calvin Allison	03
Lisa and Dan Girouard	03
Peggy and Jerry Ryburn	07
Barbara and Phil Duprey	18
Tom and Wen Barrett	23
Liz and Larry Hagler	24



### NEW MEMBERS

Ellen Fannin  
Joy Eddy  
Jan Scott

### RETURNING MEMBER

Mary Ann Pacocha



## FROM THE EDITOR

by Barbara Duprey

It's good to see membership growing and participation picking up after the tumultuous time we've had, between COVID and the flooding from last year's 'great freeze.' Thanks for helping us keep track of how things are going, Frank!

We're looking forward to getting the recipes for our new cookbook. It's been quite a few years since the last one, and lots of our members have listed 'cooking' as one of the activities they enjoy, so there should be plenty of new recipes. We should probably try to keep things relatively simple, approachable for the average home cook, but that still leaves room for plenty of great food!

The recipes will be collected in June and July, and production will be done in August. Details of price and availability will be determined when we know what we have.

Please send feedback on the Gazette to [bduprey@austin.rr.com](mailto:bduprey@austin.rr.com).

*(Solution to Balancing ACT on page 5.)*

A	C	L	C	L	A	R6
L	L	C	A	C	A	R5
L	C	A	L	A	C	R4
C	A	A	C	L	L	R3
A	L	L	A	C	C	R2
C	A	C	L	A	L	R1
C6	C5	C4	C3	C2	C1	

*A hug for you, my friend*



Dodie Domanski  
Philip and Karen MacDonald  
J C Henderson  
Joy Eddy

**BOARD OF DIRECTORS**

President: Carolyn White  
Vice President: Denny Clauson  
Treasurer: J C Henderson  
Secretary: Beverly Ball  
Directors:  
Frank Mignoli  
Pat Thomas  
Philip MacDonald  
Floresa Williams  
MarEllen Basalyga  
Dick Planck

**MANAGING DIRECTOR**

Lisa Leirvaag  
toth.director.tx@gmail.com

**COMMITTEES**

Finance: J C Henderson  
Nominating: Pat Thomas  
Hospitality: MarEllen Basalyga  
Special Events & Resource Dev.:  
Denny Clauson  
Publicity & Public Awareness:  
Phyllis Walker

**GOLDEN GAZETTE**

Editor: Barbara Duprey  
bduprey@austin.rr.com



**OPERATIONS**

Building Maintenance:  
Carolyn White  
Kitchen Mgr: Lisa Leirvaag  
Supplies: Carolyn White  
Membership: Jeanne Allison,  
Donna Craig  
Receptionists: Mary Riordon  
Memorials: Jan Clark  
Sunshine: Jan Clark  
Setup: Carolyn White  
Memorial Garden:  
Lisa Leirvaag  
Communications:  
Lisa Leirvaag  
Historian: Ruby Banks,  
Gail Brennen

**ACTIVITIES**

Breakfast \*: Pat Fiero,  
Frank Mignoli  
Salad/Soup \*: Frank Mignoli  
Meet & Eat \*:  
MarEllen Basalyga  
Golf: Frank Mignoli  
Sit & Fit:  
Rich Stone, Pat Fiero  
T'ai-chi \*: Dr. Tom Barrett  
Crafts/Jewelry Making \*:  
Mary Riordon

**GAMES**

Bingo  
Monday: Barbara Duprey  
Friday: Joe Gleaton  
Bunco \*: Carolyn White  
Canasta \*: Bobbie McKissick  
Cribbage: Stan DeRocher  
Mahjong: Georgia White  
Pinochle: Jeanne Allison  
Poker: Jerry Rubin  
Table's Choice \*:  
Bobbie McKissick



**BRIDGE**

Duplicate Bridge \*  
1st & 3rd Tuesday:  
Sheila Perkins  
Friday: Ken Birdwell  
3rd Friday: Charlene Palmer  
Saturday: Carolyn Patrick  
Rubber Bridge \*  
Tuesday: Ed Williams,  
Beverly Ball

\* Signup Required

Contact information for these  
members is available —  
call 512-331-6000.

# June 2022

SUN	MON	TUE	WED	THU	FRI	SAT
			1 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice 10 <sup>00</sup> Jewelry Making* 1 <sup>30</sup> Bunco*	2 10 <sup>00</sup> T'ai-chi* 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	3 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	4
5	6 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	7 9 <sup>30</sup> DupBrdg* 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	8 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice 1 <sup>00</sup> ExecCmte	9 10 <sup>00</sup> T'ai-chi* 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	10 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 11 <sup>00</sup> Book Club 1 <sup>00</sup> DupBrdg*	11 6 <sup>00</sup> DupBrdg*
12	13 9 <sup>00</sup> Sit & Fit 10 <sup>00</sup> BOD 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	14 12 <sup>00</sup> SALAD DAY # 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	15 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice* 10 <sup>00</sup> Jewelry Making* 1 <sup>30</sup> Bunco*	16 10 <sup>00</sup> T'ai-chi* 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	17 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 9 <sup>45</sup> DupBrdg* 1 <sup>00</sup> DupBrdg*	18
19	20 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	21 9 <sup>30</sup> DupBrdg* 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>00</sup> Meet & Eat 1 <sup>30</sup> Poker	22 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice	23 10 <sup>00</sup> T'ai-chi* 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	24 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	25 9 <sup>00</sup> BREAKFAST DAY #
26	27 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	28 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	29 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice	30 10 <sup>00</sup> T'ai-chi* 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle		* Signup Required  # Signup Required & Pay in Advance



**Please Remember:**  
Sign in and out  
Sign up for classes and meals

Missing something? Check the Lost and Found!

Gazette Deadline —  
17th of each month



## Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone: 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com