The Golden Gazette

July 2022 Treasure of the Hills Senior Center Volume XXXII Number 7

PRESIDENT'S MESSAGE

by Carolyn White

Happy 4th of July everyone!

A BIG Welcome to our new and returning members last month. Great to see our membership increasing, the more the merrier!

What a hot month we just went through. If that is a sign of what's coming, we're in for a very hot summer.

Our salad luncheons will be inactive during the summer months. We will pick up again in September. Just watch the calendar for the dates. Please remember to sign up for all activities.

Have you noticed how beautiful our grounds are looking? Many thanks to Jim Anderson and his crew for all the hard work they have done!

Please mark August 9th on your calendar. We will be having a special membership meeting to vote on changes to the Bylaws. The Board has been discussing some changes for a couple of months now. It has been decided that due to the size of our membership, we would like to have a smaller Board of Directors. We are proposing to go from 6 directors-at-large to 4. We are also requesting the term for directors be reduced from a 3 year to a 2-year staggered term. We also have a few other minor changes that were made last year but were never approved, due to NOT having a quorum at our annual meeting.

You will be receiving a copy of the proposed changes from Secretary Beverly Ball. These changes need to be approved at the August meeting as some of it will also affect the new board coming in next year. So please keep August 9th marked on your calendar. We will provide a luncheon for everyone that day.

Our next event will be our Senior Expo in August. We're still accepting applications from vendors to join us. This event is scheduled for August 13th at the Cedar Park Recreation Center.

Our craft sale was a huge success, and they are already planning another one for the fall. See Mary Riordon if you want to have a table.

As I've said before, I am enjoying being your President and working with the terrific Board of Directors that we have. We welcome any ideas for our center and look forward to continuing to grow our membership.

Until next month, Stay Safe and "Cool"!!

Special catered luncheon meeting of members to vote on changes to Bylaws.

Tuesday, August 9, 2022

VP NOTES

by Philip MacDonald

[Not available this month, Philip is helping his wife, Karen, as she recovers from surgery. We all wish them the best! — ed]



FROM THE DIRECTOR

by Lisa Leirvaag

Last month, I announced that TOTH now had a book club. Initially, six members showed interest in starting one. Only one member came to the second meeting. She waited 20 minutes, but nobody else showed up. Disappointing!

There does not seem to be much interest in starting up Table's Choice again. One member suggested that we should have more games in the afternoon. We used to have a Game Night, but it did not get enough attendance to continue. How about a Game Afternoon instead? I would very much appreciate your input. We have a number of games on hand (see the list elsewhere in this issue) and would be happy to add your favorites!

The Board decided to follow the City of Cedar Park's holiday observance schedule. On those days, the building and my office will be locked, and there will be no receptionist. However, there will be a possibility to sign out a key to the building for the day, if a group does not want to give up their regular activity. Normally, the group leader would sign out the key and be responsible for locking the building and returning the key on the next business day.

TOTH will be closed on Monday, July 4th. Originally, we had hoped that we could organize a BBQ either right before or after July 4th. Unfortunately, due to various reasons, this is not going to work out this year.

Stay cool! Wishing you all a VERY HAPPY



TOTH BOARD NOTES

by Beverly Ball

The heat is on, but we will still have Senior Expo! (9:00-1:00 August 13, 2022, with setup Friday afternoon, August 12). MarEllen and Carolyn are working with our new member Ellen Fannin. Board members help; but we would like other members to join us if you are interested. Shirts and buttons are now available. Please pick up yours to make sure we have enough of the correct sizes. Please attend if you are not able to volunteer. HEB will be offering

free flu and pneumonia shots to people with Medicare Part B. KNCT radio Saturday 9am program "Simply Beautiful" has offered to mention TOTH since they publicize senior networks.

Cultural Fair: Floresa has researched the possibility of "International Days." Please join our discussion of "Theme Months" or "Quarterly Themes" starting in September. Luncheons could include ethnic foods, costumes, presentations, novelty mementos, travel memories.... We would enjoy learning more about each other. Lisa would like to highlight her German heritage in October and her Norwegian heritage in May. We may also collect ethnic and other favorite recipes for a cookbook. Do you have any favorites to share with us? Recipes can be submitted to bduprey@austin.rr.com, or in the box in the reception area.

TOTH will now be following the City of Cedar Park holiday calendar. If any of our groups want to meet when the center is closed, there will be a key available to sign out for the day.

Be on the lookout for six new sturdy Game Tables which Denny Clauson plans to order soon. We also will have a new bench in the garden for you to enjoy.

Frank has volunteered to review old memberships and send special invitations to those former members who have not rejoined. Talk to your friends if you haven't seen them lately. Let them and other friends know that we have remodeled inside and out and are ready to enjoy life with each other! Membership is only half-price (\$12.50) for the second half of 2022. What a bargain!

Floresa would like to see more afternoon games. Please contact the office if you are interested.



TREASURER'S REPORT

by Denny Clauson

Playing catch-up for reports, the following covers April and May:

April Income \$2,901 April Expenses \$1,664 April investments showed a \$3,301 loss.

May Income \$2,901 May Expenses \$3,668 May investments showed a \$9,793 loss.

There are no unusual income or expense items for either month. After our two year break, registrations for Senior Expo are coming in slowly.

Investments are tied to the stock market, and will not improve in June.



COOKBOOK

by Barbara Duprey

If you have a recipe you'd be willing to share, please send it in! It can be typed into an email to bduprey@austin.rr.com, or sent as an email attachment in Microsoft Word or LibreOffice Writer, or on paper if you're not a 'techie' — but in that case, please be sure to include your name on it when you leave it in the box in the reception area. We want to make sure everybody gets credit for the delicious things they tell us about! Submissions by the end of July, please.

Recipes should be targeted at the home cook — nothing elaborate, nothing requiring hard-to-find ingredients or special equipment. (I know — I love my Foodi, and my Joule for sous vide, but....) If we don't already have a category planned for your recipe, we'll add it. And if there are enough entries for it, we'll include a category for Favorite Combinations to help people dive in. If you give us an entry for that, please make sure to include all the recipes in the combination.

We're looking forward to seeing what you've got for us to enjoy making — and eating!

SENIOR EXPO

by Phyllis Walker

Save the Date! Treasure of the Hills Senior Center will sponsor its 2022 Senior Expo in conjunction with Seniorific News and the City of Cedar Park on

> Saturday, August 13, 2022 Cedar Park Recreation Center 1435 Main Street From 9:00AM to 1:00PM

Expo is FREE ADMISSION!

CALENDAR NOTES

Center closed for 4th of July Meet and Eat is at The Grove at 1pm July 19 Breakfast Day is on July 30th this month.



JEWELRY CLASS

by Mary Riordon

The jewelry making class continues to meet on the 1st and 3rd Wednesday in the TOTH library from 10 to 12. We have MANY donated supplies and a wonderful instructor — join us! Here's what we'll be making July 6th:



NOMINATIONS

by Pat Thomas

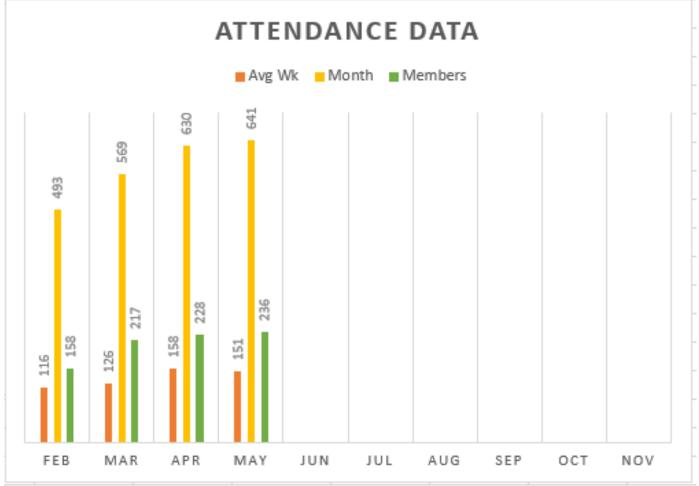
Just a reminder: The Nominating Committee is actively seeking nominees for the offices of President, Vice President, Secretary, and Treasurer.

If you have an interest in running for any of these offices, please contact Pat Thomas (512-771-1504). Help us keep TOTH strong!

Nominations can also be made from the floor at the October annual meeting.

Chair, Nominating Committee

ATTENDANCE FACTS AND FIGURES 2022



GAMES

by Lisa Leirvaag

These are the games we currently have on hand; check to see if your favorites are here and let us know about others you'd like us to have.

- Scrabble
- Rummikub
- Dominos (Mexican Train, Chicken Foot)
- Chess
- Checkers
- TriOminos
- Aggravation
- Yahtzee
- Skip-Bo
- Wheel of Fortune
- Phase 10 (cards)
- Old Maid (cards)
- Rook (cards looks ancient)
- Double Pick Up Sticks
- The Logo Board Game

LOST AND FOUND

As of the time this issue of the Gazette went to press, the following items were in the Lost and Found in the reception area:

- 1 turquoise YETI tumbler
- 1 silver Fire & Ice tumbler
- 2 umbrellas (1 black, 1 black & white checkered)
- 1 glass bowl with turquoise and blue floral pattern
- 1 plastic vellow tumbler



JUNE SALAD DAY

by Frank Mignoli

Twenty-four people enjoyed Salad Day. Elyse Peavy made a delicious potato salad, Carolyn Brewer made a tasty shrimp and lettuce salad, while Carolyn White made a scrumptious salad called three lettuce salad. The salads were accompanied with sliced sourdough bread and butter, buttercream iced cupcakes (by Ann Mignoli) and iced tea and lemonade. All this for only \$4! Of course, cleanup was headed by Lisa Leirvaag. Help was provided by a number of the attendees which is greatly appreciated.

The salad days will take a hiatus during the summer. However, we may have some other things happening. So stay tuned!



SENIOR EXPO UPDATE

by Lisa Leirvaag

We are moving right along. The Cedar Park Media & Communications Department designed this year's flyer and printed 100 copies for us. The City also provided a bunch of useful trinkets. We are so lucky to have Ellen Fannin with us. She has considerable experience as an event planner, and has already "immersed" herself in this year's planning.

Phyllis Walker, our publicity chair, has been busy making connections.

The committee had its first meeting June 22nd, and we all agreed that we would not mind having more help, especially from members that helped with Senior Expos before. If you would like to be part of the committee, and/or help at the event, please let me know.

INTERNATIONAL FAIR

by Floresa Williams

Hey, I just wanted to take this time to ask if any of you are interested in sharing your family history. Since the start of the COVID-19 isolation period and the reluctance of many of us to travel domestically, not to even mention internationally, I have missed the joy of experiencing new cultures and foods. Some of you may have felt the same way. With that in mind, I would like to present to you all a chance to share your heritage with us through stories from your parents and grandparents about their experiences, food, dress and art, etc. and how they came to live in this country.

We would start this "International Fair" in October with the tradition of the German October Fest, which I have been told actually starts in September. This will take place during the monthly luncheons.

Of course, any suggestions to make this festival more enjoyable and educational are welcomed. This is a way for the community to get to know each other and to promote more communications with members you may not have met.

Feel free to text me at 713-208-7555 with your phone numbers and a good time to chat and I will get back to you promptly.





Signs at El Arroyo

THE AMOUNT OF PEOPLE WHO CONFUSE 'TO' AND 'TOO' IS AMAZING TWO ME

DEAR WEATHER, STOP SHOWING OFF. WE GET IT, YOU'RE HOT.

I DIDN'T MEAN TO GAIN WEIGHT, IT HAPPENED BY SNACCIDENT.



JULY BIRTHDAYS

Gali Dicilicii	UI
Pat Harlan	01
Lisa Chmelar	02
Isabel Freer	04
Mary Anderson	06
Darlene Lee	08
Mary Elizabeth Applegate	10
Dave Schroeder	10
David Sechrest	13
Andre Ceschin	16
Christa Montoya	18
Karen Krestensen	22
Mary Riordon	22
Gaylynn Djafarzade	23
Mike Perkins	23
Sheri Wallace	23
Gerri Caputo	23
Jeanne Allison	26
C.W. Clark	27
Mike Davison	27
Jim Brittnacher	28
Sharon McLain	29
Miki Larson	30
Yolanda Blanco	31
Rich Stone	31



JULY ANNIVERSARIES

Maggie and Bob Ingraham	17
Dottie and Jim Cowan	21
Pat and Herb Zwernemann	24



NEW MEMBERS

Mary and Terry Anderson

RETURNING MEMBERS

Stan DeRocher Connie Lane



FROM THE EDITOR

by Barbara Duprey

One theme in several of these articles is participation — or the lack of it. Getting involved is what makes TOTH really live! If there are changes you'd like to see in any of our current activities, or new ones you'd be interested in (and might even be willing to lead!), just let us know. We want to make sure this is a place for people with all different interests and experiences to feel at home and have fun and friendship. That takes all of us thinking about how we can make TOTH even better than it already is.

Please send feedback on the Gazette to bduprey@austin.rr.com.

A hug for you, my friend



Philip and Karen MacDonald Carolyn Altman Carolyn Patrick Peg Fiehtner Joyce Brahms-Pickens



J C Henderson Joy Eddy

BOARD OF DIRECTORS

President: Carolyn White

Vice President:

Philip MacDonald Treasurer: Denny Clauson

Secretary: Beverly Ball

Directors:

Frank Mignoli
Pat Thomas
Floresa Williams
MarEllen Basalyga
Dick Planck
J C Henderson

MANAGING DIRECTOR

Lisa Leirvaag

toth.director.tx@gmail.com

COMMITTEES

Finance: Denny Clauson Nominating: Pat Thomas

Hospitality: MarEllen Basalyga Special Events & Resource Dev.:

Denny Clauson

Publicity & Public Awareness: Phyllis Walker

GOLDEN GAZETTE

Editor: Barbara Duprey bduprey@austin.rr.com



OPERATIONS

Building Maintenance: Carolyn White

Kitchen Mgr: Lisa Leirvaag Supplies: Carolyn White Membership: Jeanne Allison,

Donna Craig

Receptionists: Mary Riordon

Memorials: Jan Clark Sunshine: Jan Clark Setup: Carolyn White Memorial Garden: Lisa Leirvaag

Communications:

Lisa Leirvaag

Historian: Ruby Banks, Gail Brennen

ACTIVITIES

Breakfast *: Pat Fiero, Frank Mignoli

Salad/Soup *: Frank Mignoli

Meet & Eat *:

MarEllen Basalyga Golf: Frank Mignoli

Sit & Fit:

Rich Stone, Pat Fiero T'ai-chi: Dr. Tom Barrett Crafts/Jewelry Making *: Mary Riordon

GAMES

Bingo

Monday: Barbara Duprey Friday: Joe Gleaton Bunco *: Carolyn White Canasta *: Bobbie McKissick Cribbage: Stan DeRocher Mahjong: Georgia White Pinochle: Jeanne Allison

Poker: Jerry Rubin Table's Choice *: Bobbie McKissick

BRIDGE

Duplicate Bridge *
1st & 3rd Tuesday:
Sheila Perkins
Friday: Ken Birdwell

3rd Friday: Charlene Palmer Saturday: Carolyn Patrick

Rubber Bridge *

Tuesday: Ed Williams, Beverly Ball

* Signup Required



Contact information for these members is available — call 512-331-6000.

July 2022

SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required # Signup Required & Pay in Advance					1 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	2
3	4	5 9 ³⁰ DupBrdg* 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	6 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice 10 ⁰⁰ Jewelry Making 1 ⁰⁰ ExecCmte 1 ³⁰ Bunco*	7 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 2 ⁰⁰ Pinochle	8 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 11 ⁰⁰ Book Club 1 ⁰⁰ DupBrdg*	9 6 ⁰⁰ DupBrdg*
10	11 9 ⁰⁰ Sit & Fit 10 ⁰⁰ BOD 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	12 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	13 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice*	14 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 2 ⁰⁰ Pinochle	15 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 9 ⁴⁵ DupBrdg* 1 ⁰⁰ DupBrdg*	16
17	18 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	19 930 DupBrdg* 930 RbrBrdg* 1000 Canasta 100 Meet & Eat* 130 Poker	20 900 Sit & Fit 930 Table's Choice 1000 Jewelry Making* 130 Bunco*	21 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 2 ⁰⁰ Pinochle	22 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	23
24/31	25 9 ⁰⁰ Sit & Fit 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	26 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta 1 ³⁰ Poker	27 9 ⁰⁰ Sit & Fit 9 ³⁰ Table's Choice	28 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 2 ⁰⁰ Pinochle	29 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	30 9 ⁰⁰ BREAKFAST DAY#



Please Remember:

Sign in and out
Sign up for classes and
meals

Missing something? Check the Lost and Found!

Gazette Deadline — 17th of each month



Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone: 512-331-6000 Open Monday-Friday 9am-3pm www.toth-seniors.com