



# The Golden Gazette

August 2022

Treasure of the Hills Senior Center

Volume XXXII

Number 8

## PRESIDENT'S MESSAGE

by Carolyn White

Our membership count is growing each month and it won't be much longer before we are back to our member count before the pandemic and the flood. So glad to see everybody and meet new friends!

Another hot month we just went through. I hope everyone is staying as cool as they can. Our salad luncheon is still inactive for this month. We will pick up again in September. Just watch the calendar for the dates. Please remember to sign up for all activities.

Have you noticed the bench in our beautiful grounds? I'd suggest that when it cools off some, sit and look at how nice things are.

We've had quite a few of our members come down again with COVID. If you do, please call in to the office and let us know and be mindful of others. Stay home until you are sure you are safe to be out and about again.

Speaking of staying cool, we have had an interest in getting together some afternoon to play games or cards. How about coming and playing and staying out of the hot weather for a while? Call Lisa or Floresa to let them know you are interested and we'll find a time and day. Don't forget we play Bunco the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday at 1:30. We've been having 2-3 tables, but would love to have more. It's a lot of fun. Come join us.

**Please mark August 9<sup>th</sup> on your calendar.** We will be having a special membership meeting to vote on changes to the Bylaws. The Board has been discussing some changes for a couple of months now. It has been decided that due to the size of our membership, we would like to have a smaller Board of Directors. We are proposing to go from 6 directors to 4. We are also requesting the term

for directors be reduced from a 3-year to a 2-year staggered term. We also have a few other minor changes that were made last year but were never approved, due to NOT having a quorum at our annual meeting. You will be receiving a copy of the proposed changes from Secretary Beverly Ball. These changes need to be approved at a special meeting of the members in August as some of it will also affect the new board coming in next year. So please keep August 9<sup>th</sup> marked on your calendar and we will provide a luncheon for everyone that day.

The year end is approaching and that means nominations for the Board of Directors. Our Center is a great place to be but we need volunteers to help run it. To run for the Board, our Bylaws state you must have been a member for 6 months or more. Pat Thomas is our Nominating Committee chair. Contact her if you are interested in helping and running for a board position.

Senior Expo is coming!! We will need volunteers to help at this event, please let Lisa or Ellen Fannin know if you can help out. This event is scheduled for August 13<sup>th</sup> at the Cedar Park Recreation Center.

Stay Safe and "Cool"!!



Special catered luncheon meeting of members to vote on changes to Bylaws. Tuesday, August 9, 2022 at noon

## **VP NOTES**

*by J C Henderson*

Want a better understanding of TOTH? Come to the (catered!) meeting August 9th at noon.

Do you like how TOTH is run? If not, join the board and do something about it. Even if you do like the operations, join the board and make it even better!

Would you like to see a particular game being offered? Volunteer to run it. If you do not know how to do that, touch base with a BOD member and we will get you some help.

Would you like to see different activities, or activities at a different time? Same answer.

So, what is needed? Please bring your energy and your ideas to the August 9th meeting and be ready to look, listen, and contribute. And, TOTH CAN AND WILL be even better.

## **FROM THE DIRECTOR**

*by Lisa Leirvaag*

First up in August is our special lunch meeting when we must vote on the changes made to our by-laws, and policies and procedures. Pizza, salad, and dessert are on the menu. Please mark the date and time on your calendar: August 9th at noon.

Senior Expo is next - August 13th - and I am very excited about the event. This is the first time that I am participating in the arrangements, and I am so happy to have the support, expertise and experience of Phyllis, Ellen, and Carolyn. Several members have already promised to help on the big day. Thank you all!

Unfortunately, cases of COVID-19 are surging again, due in large part to the rise of virus variant Omicron BA.5, which is much more contagious than its predecessors and can circumvent existing immunity in many people. Several of our members tested positive for the virus lately. If you should test positive, please quarantine for at least ten days before you return to the center.

I start sending out the Golden Gazette as soon as I receive the file from Barbara. I print and mail paper copies first, and then I email the PDF files. Every member that has an email address should receive an electronic copy before the first of the

month (unless they have chosen not to). If you do not receive your Golden Gazette, please call or email me.

Happy Summer everybody! Keep cool!



## **TOTH BOARD NOTES**

*by Carolyn White*

[Beverly Ball, our secretary, would normally write this column, but we are sorry to say that her mother recently passed away. Our condolences, Beverly, and thanks to Carolyn for filling in. — ed]

The Senior Expo is really shaping up thanks to Ellen Fannin and crew. Flyers are being sent out, more vendors are signing up. The Cedar Park Chamber of Commerce sent out our flyer as an e-blast to all its members free of charge.

We discussed members signing up but not showing up for activities. It was suggested we have a large poster with a reminder to do so at any events we put on.

Our Nominating Chair, Pat Thomas, is still looking for people for the Board. You must be a member for 6 months or more to be on the Board of Directors.

Ellen asked if there would be any interest in going with her to a local school on September 11th, Grandparents Day, to read to kids or just enjoy a day with them. Those that are interested should see Ellen.

Philip MacDonald suggested that those who have contracted COVID should stay away from the Center for a minimum of 10 days. Frank Mignoli will look into what is happening again with the newest strains of this disease. We will follow the CDC guidelines.



## **PUBLICITY AND PUBLIC AWARENESS**

*by Phyllis Walker*

June 23, 2022, Kyla Glucky from the City of Cedar Park Media and Communication, delivered 100 Expo Flyers along with gift bags, notepads, fingernail emery boards and jar openers for Expo attendees. A Thank You Note was emailed to Ms. Fran Irwin, Director, Cedar Park Community Affairs Department on behalf of Carolyn White, President of TOTH.

July 5, 2022, Lisa Leirvaag was instrumental in getting the Cedar Park Chamber of Commerce to attach our Expo Flyer as an e-blast to their members regarding the Senior Expo at no cost to us.

July 11, 2022, mailings to senior centers, senior housing complexes, churches, and synagogues to announce our Expo.

July 13, 2022, I attended Cedar Park Chamber of Commerce's monthly Lunch Connect Luncheon. The topic was "Speed Networking." After the MC acknowledged Jim Penniman-Morin, Mayor of Cedar Park, along with councilpeople and others in attendance, we were instructed to network with individuals at our respective tables. There were three sessions of about 15 minutes each.

First, we introduced ourselves and gave a brief synopsis of our business affiliations. Then, we partnered with the group that enjoyed eating either hot dogs, hamburgers, or pizzas. For the third session, we joined a group with those who enjoyed drinking either iced tea, beer, or margaritas. We learned a little something about each one who spoke (not just our food and beverage preferences!).

What a fun filled afternoon, because it allowed participants an opportunity to meet others that we normally see on a monthly basis, but may not have an opportunity to chat with. It was a great and wonderful experience. I really enjoy representing TOTH at these meetings!



## **COVID QUARANTINE GUIDELINES**

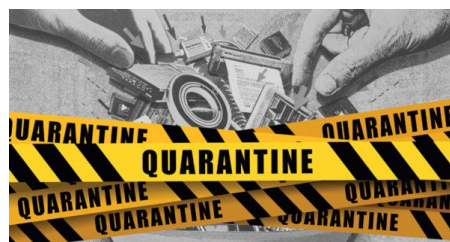
*by Frank Mignoli*

Several members of TOTH have contracted COVID or have been exposed to individuals who became infected. Fortunately, for those that got it, the symptoms have been mild and did not require hospitalization. The CDC and Austin Public Health have different guidelines on how long to quarantine and under what circumstances. The quarantine days vary from 5 to 14 days. *The TOTH Board has asked that those who contracted COVID-19 stay quarantined for at least 10 days after exhibiting symptoms of COVID (fever, coughing).*

The CDC defines a close contact as: Someone who was within 6 feet of an infected person for a cumulative time of 15 minutes or more over a 24-hour period. (This could be multiple 5 minute exposures.)

Austin Public Health (APH) has some excellent guidelines.

- For anyone who has been around a person with COVID-19
  - The CDC notes that a 14-day quarantine is the most protective. Austin Public Health shows quarantines from 7 to 14 days.
  - 10-day quarantine – End your quarantine on day 11.
  - If you develop COVID-19 symptoms during the quarantine period, contact your healthcare provider and follow the guidance below.
- “I think or know I had COVID-19, and I had symptoms”:
  - You can be around others after:
    - 10 days since symptoms first appeared, and
    - 24 hours with no fever, without the use of fever-reducing medication, and
    - Other symptoms of COVID-19 are improving.



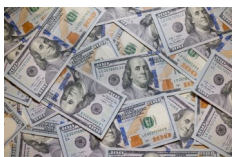
# TREASURER'S REPORT

by *Denny Clauson*

June financial data:

Income \$2,644  
 Expenses \$3,651  
 Investments \$12,372 loss

We are investigating possible methods to allow members to pay dues and other costs at the center electronically, primarily since fewer people pay for anything with cash or checks anymore. Direct pay with credit cards would be costly to us, with a 2 1/2% bank charges for each transaction. One option with no bank charges could be "Zelle" which our bank would accept. So, quick survey: how many members use Zelle now? Who would use it if available? Send a quick email or call the center with your thoughts.



## SENIOR EXPO

by *Phyllis Walker*

Save the Date! Treasure of the Hills Senior Center will sponsor its 2022 Senior Expo in conjunction with Seniorific News and the City of Cedar Park on

Saturday, August 13, 2022  
 Cedar Park Recreation Center  
 1435 Main Street  
 From 9:00AM to 1:00PM

Expo is FREE ADMISSION!

(Answer to Sudoku on page 5)

6	9	7	3	1	5	8	4	2
2	8	3	4	6	7	9	5	1
1	4	5	9	2	8	3	6	7
9	2	4	5	7	6	1	8	3
7	6	8	1	3	2	5	9	4
5	3	1	8	4	9	7	2	6
4	7	9	2	5	1	6	3	8
3	5	6	7	8	4	2	1	9
8	1	2	6	9	3	4	7	5

# CALENDAR NOTES

The Executive Committee is now at 10 am rather than 1 pm, still on the Wednesday before the BOD meeting.

Meet and Eat is at the Longhorn Steakhouse at 1pm August 16th.

Breakfast Day is on August 27th.



# JEWELRY / CRAFTS

by *Mary Riordon*

Jewelry Class

No plan has yet been released for our August treasure - check the bulletin board when you sign up for class on August 3 and 17. If you sign up and cannot come to class please call to let someone know.

Crafts Anyone ???

If you would like to participate in a craft workshop, please let the receptionist or Lisa know so we can get some classes organized. If you have a special "wish list" please leave your name, phone number and your class choice so we can start planning for fall. Also, we are hoping to have another craft sale in October.

# NOMINATIONS

by *Pat Thomas*

Just a reminder: The Nominating Committee is actively seeking nominees for the offices of President, Vice President, Secretary, and Treasurer.

If you have an interest in running for any of these offices, please contact Pat Thomas (512-771-1504). Help us keep TOTH strong!

Nominations can also be made from the floor at the October annual meeting, when the election will be held.

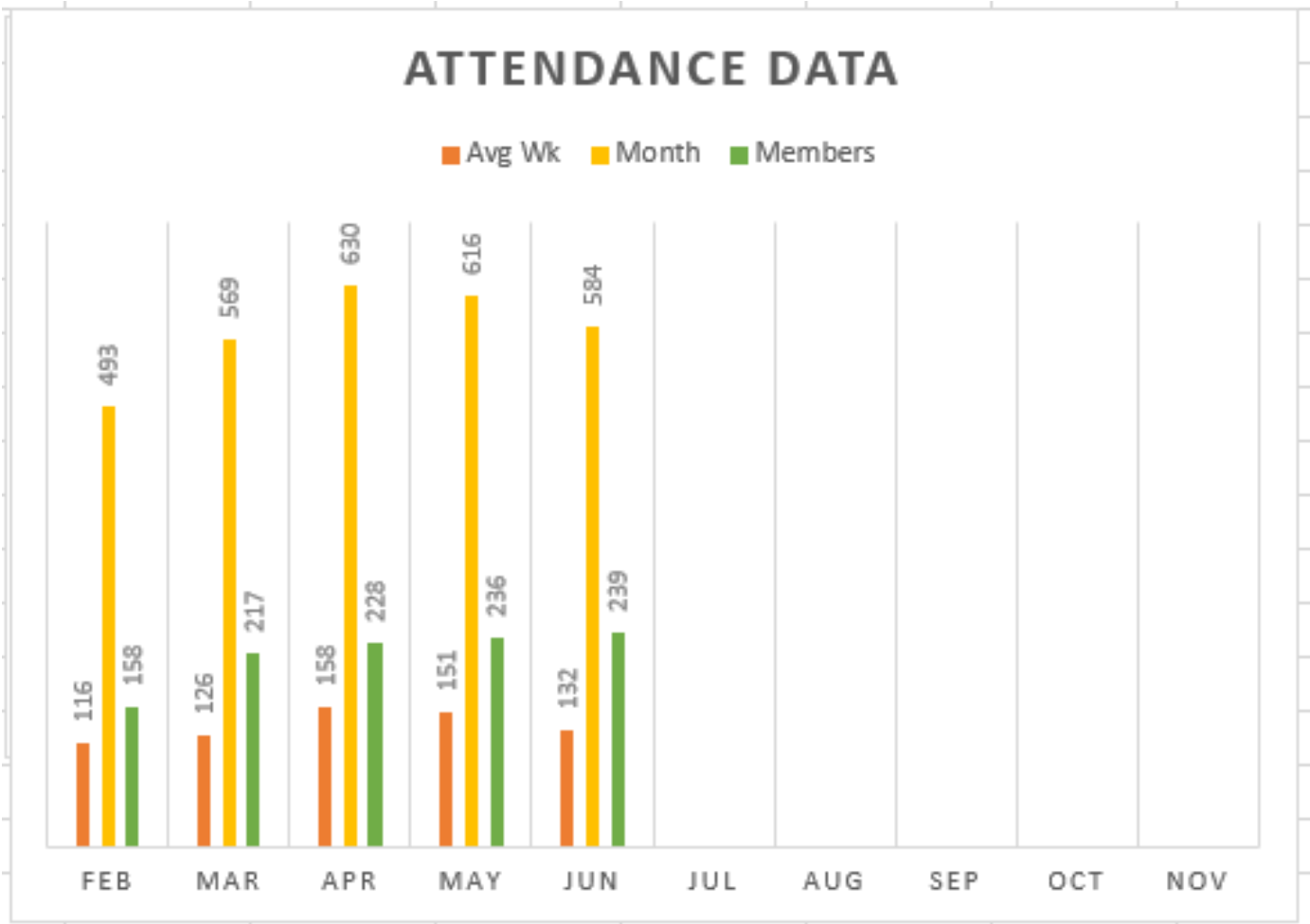
Chair, Nominating Committee

(Answers to Trivia on page 5)

2) Only children

1) Grandpa Munster

# ATTENDANCE FACTS AND FIGURES 2022



## Tuesday, August 9<sup>th</sup> \*Free\* Lunch by Frank Mignoli

As an enticement for members to attend the Special Meeting at noon on August 9<sup>th</sup> to vote on the Bylaw changes, TOTH is offering a free lunch. The lunch will include Pizza, Caesar Salad, Tea, Lemonade and Dessert. The only requirement, besides being a member, is you must sign up by Friday, August 5<sup>th</sup>. The sign-up sheet will be displayed on the Bulletin Board as usual. So sign up now and avoid the rush!



### SUDOKU

Place the digits one to nine so each appears once in each row, column, and 3x3 cage.

(Answers on page 4)

		4				2		
9			4	8			5	
8			1			9		4
			9	4	8			
		5		3				
			6	7	5			
7		3			9			1
	5			6	4			2
		8				7		

### TRIVIA

- 1) A 1960s TV character played by Al Lewis, Count Vladimir Dracula is better known by what name?
- 2) A 2010 Time magazine article debunks the myth that what group of people are "spoiled, selfish, solitary misfits"?





## AUGUST BIRTHDAYS

Karl Renner	01
Lisa Girouard	02
Harold Weiss, Jr	03
Bob MacFarland	04
Barbara Glonek	05
Elyse Peavy	06
Anna Barbetti	07
Cindy Rollman	09
MarEllen Basalyga	10
Eileen Brown	11
Woody Woodruff	14
Abbas Djafar-Zade	15
Georgia White	16
Jo Koerner	17
Ann Doty	18
Terry Anderson	19
Sherry Dott	20
Dianne Thomas	20
Jim Frost	21
Cindy Klein	22
Jim Gardner	27
Connie Tortorelli	28
Nancy Kingston	29
Dr. Tom Barrett	31
Carolyn White	31



## AUGUST ANNIVERSARIES

Sheila and Mike Perkins	01
Barb and Denny Clauson	02
James and Athanasia Brenton	12
Dian and Jim Gardner	24



## NEW MEMBERS

Carol Dziuba  
 Archana and Mohan Goel  
 Carol Hastings and Richard Stein  
 De Leviah  
 Susan Nathanson

## RETURNING MEMBER

Karl Renner

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## FROM THE EDITOR

*by Barbara Duprey*

Since Lisa commented on her process for distributing the Gazette, I'll add a word about how our processes for that go together. The issue is built using Publisher. After I've assembled a draft of the new issue, I send a PDF file to the review team (Lisa, Donna Craig, and Carolyn White) and incorporate any changes into a revised PDF for them. When this is completed, I make a web version of the PUB file, without the mini-directory (to avoid unrestricted publication of member phone numbers), and create a final set of PDF files.

This is when Lisa's process begins, and also when I send the web version of the PDF to our webmaster, Katie Jones, who quickly gets it out on toth-seniors.com. So if you want the earliest possible look at the new issue, it's usually up on the web by about the 25th of the month.

Please send feedback on the Gazette to [bduprey@austin.rr.com](mailto:bduprey@austin.rr.com).

*A hug for you, my friend*



Carolyn Altman  
 Carolyn Patrick  
 Peg Fichtner  
 Joyce Brahms-Pickens

**BOARD OF DIRECTORS**

President: Carolyn White  
Vice President:  
    J C Henderson  
Treasurer: Denny Clauson  
Secretary: Beverly Ball  
Directors:  
    Frank Mignoli  
    Pat Thomas  
    Floresa Williams  
    MarEllen Basalyga  
    Dick Planck  
    Philip MacDonald

**MANAGING DIRECTOR**

Lisa Leirvaag  
toth.director.tx@gmail.com

**COMMITTEES**

Finance: Denny Clauson  
Nominating: Pat Thomas  
Hospitality: MarEllen Basalyga  
Special Events & Resource Dev.:  
    Denny Clauson  
Publicity & Public Awareness:  
    Phyllis Walker

**GOLDEN GAZETTE**

Editor: Barbara Duprey  
bduprey@austin.rr.com



**OPERATIONS**

Building Maintenance:  
    Carolyn White  
Kitchen Mgr: Lisa Leirvaag  
Supplies: Carolyn White  
Membership: Jeanne Allison,  
    Donna Craig  
Receptionists: Mary Riordon  
Memorials: Jan Clark  
Sunshine: Jan Clark  
Setup: Carolyn White  
Memorial Garden:  
    Lisa Leirvaag  
Communications:  
    Lisa Leirvaag  
Historian: Ruby Banks,  
    Gail Brennen

**ACTIVITIES**

Breakfast \*: Pat Fiero,  
    Frank Mignoli  
Salad/Soup \*: Frank Mignoli  
Meet & Eat \*:  
    Lisa Chmelar  
Golf: Frank Mignoli  
Sit & Fit:  
    Rich Stone, Pat Fiero  
T'ai-chi: Dr. Tom Barrett  
Crafts/Jewelry Making \*:  
    Mary Riordon

**GAMES**

Bingo  
    Monday: Barbara Duprey  
    Friday: Joe Gleaton  
Bunco \*: Carolyn White  
Canasta \*: Bobbie McKissick  
Cribbage: Stan DeRocher  
Mahjong: Georgia White  
Pinochle: Jeanne Allison  
Poker: Jerry Rubin  
Table's Choice \*:  
    Bobbie McKissick



**BRIDGE**

Duplicate Bridge \*  
    1st & 3rd Tuesday:  
        Sheila Perkins  
    Friday: Ken Birdwell  
    3rd Friday: Charlene Palmer  
    Saturday: Carolyn Patrick  
Rubber Bridge \*  
    Tuesday: Ed Williams,  
        Beverly Ball

\* Signup Required

**Contact information for these  
members is available —  
call 512-331-6000.**

# August 2022

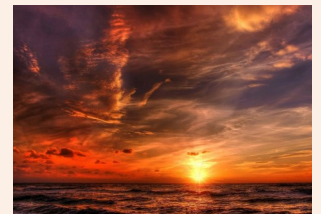
SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required # Signup Required & Pay in Advance	<b>1</b> 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	<b>2</b> 9 <sup>30</sup> DupBrdg* 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	<b>3</b> 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice 10 <sup>00</sup> Jewelry Making 10 <sup>00</sup> Exec-Cmte 1 <sup>30</sup> Bunco*	<b>4</b> 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	<b>5</b> 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	<b>6</b>
<b>7</b>	<b>8</b> 9 <sup>00</sup> Sit & Fit 10 <sup>00</sup> BOD 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	<b>9</b> 12 <sup>00</sup> <b>BYLAWS LUNCH</b> 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	<b>10</b> 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice*	<b>11</b> 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	<b>12</b> 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 11 <sup>00</sup> Book Club 1 <sup>00</sup> DupBrdg*	<b>13</b> 9 <sup>00</sup> <b>SENIOR EXPO</b> 6 <sup>00</sup> DupBrdg*
<b>14</b>	<b>15</b> 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	<b>16</b> 9 <sup>30</sup> DupBrdg* 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>00</sup> Meet & Eat* 1 <sup>30</sup> Poker	<b>17</b> 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice 10 <sup>00</sup> Jewelry Making* 1 <sup>30</sup> Bunco*	<b>18</b> 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	<b>19</b> 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 9 <sup>45</sup> DupBrdg* 1 <sup>00</sup> DupBrdg*	<b>20</b>
<b>21</b>	<b>22</b> 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	<b>23</b> 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	<b>24</b> 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice	<b>25</b> 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 2 <sup>00</sup> Pinochle	<b>26</b> 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	<b>27</b> 9 <sup>00</sup> <b>BREAKFAST DAY #</b>
<b>28</b>	<b>29</b> 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	<b>30</b> 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	<b>31</b> 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice			



**Please Remember:**  
Sign in and out  
Sign up for classes and meals

Missing something? Check the Lost and Found!

Gazette Deadline —  
17th of each month



## Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone: 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com