



# The Golden Gazette

September 2022

Treasure of the Hills Senior Center

Volume XXXII

Number 9

## PRESIDENT'S MESSAGE

*by Carolyn White*

A BIG Welcome to all our new members last month. We so enjoy meeting new people. Our membership count is growing each month.

Thank you, Thank You to all who came out for our Special Business Meeting. The new Bylaws passed with a majority vote. The changes will be put into the book in the Reception area for anyone to look at.

Our Senior Expo is over, and it went exceptionally well. The vendors were pleased, and we had quite a few people through, not as many as we used to, but that will come with time. A BIG THANK YOU to Ellen Fannin and all our volunteers that helped, we couldn't have done it without you. We have new ideas for next year's Expo.

Our salad luncheon will begin again this month, look for it in the Calendar. Please remember to sign up for all activities. We have been having members showing up for the lunches and breakfasts and that is great, BUT we have run out of food and some have not been able to eat. Therefore, we ask that you PLEASE sign up for these activities. Our cooks need to know the number coming so they can buy the right quantity of food.

The year end is approaching and that means nominations for the Board of Directors. Our Center is a great place to be, but we need volunteers to help run it. To run for the Board, our Bylaws state you must have been a member for 6 months or more. Pat Thomas is our Nominating Chairman. Contact her if you are interested in helping and running for a board position. Her phone number is 512-771-1504.

COVID appears to be showing its ugly head

again and so we are asking if you do get it, please call in to the office and let us know, and be mindful of others. Stay home until you are sure you are safe to be out and about again.

I love being your President and working with the terrific Board of Directors that we have. We welcome any ideas for our Center and look forward to continuing to grow our membership.

Until next month, Stay Safe and "Cool"!!

## VP NOTES

*by J C Henderson*

[No article this month, computer problems! — ed]



We're trying to do what we can to increase participation at TOTH, and we need your input! Do we have activities that you'd like to be part of, but the days and/or times just don't fit with your schedule? Let us know!

Additional days or times, or shifts in when they take place, could probably be managed if there's interest. That's especially true if you're willing to lead a session yourself!

Or are there classes or training that you'd like to see offered — or, again, would be willing to lead?

How about a hobby group to talk about your favorite topic? Just let us know, please.

## FROM THE DIRECTOR

by Lisa Leirvaag

I hope everyone had a great summer and managed to stay cool. I am looking forward to rainy days and more invigorating temperatures because we have new ideas for activities starting this fall.

Ken Birdwell will be starting an intermediate bridge class on Friday mornings from 10 a.m. to noon. Kick-off date is Friday, September 16<sup>th</sup>.

On Monday, September 19<sup>th</sup> and September 26<sup>th</sup>, Andrea Coles from Senior Health Professionals will be at TOTH from 10 to 11 a.m. to provide information about Medicare and to answer questions. Look for sign-up sheet on the bulletin board.

Starting September 1<sup>st</sup>, there will be a quilting bee every Thursday afternoon from 12-4. For more information about this, please contact me.

Salad/Soup Day is starting up again: September 13<sup>th</sup> at noon.

We are (still) trying to bring “Table’s Choice” back to life. It used to be on Wednesday mornings. Each table could pick a different game. At one table, members might play Mexican Train or Chicken Foot, at another one maybe Rummikub, Hand & Foot, Canasta – you name it. There has also been an interest expressed in playing 42, and Georgia White suggested that we get Sequence (which we did). Since Wednesday mornings are obviously not a popular time, how about trying to get games going in the afternoon? Maybe the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday afternoon at 1:30? One of those afternoons could be rounded off by a “Meet and Eat Dinner”.

We are also trying to organize the Tech Classes again, at least for iPhone and Android. I would very much appreciate your feedback on this. There will be sign-up sheets on the bulletin board, but you can also pop into my office or email me.

The Book Club is still on the calendar and the sign-up sheet is still on the bulletin board. But it has been struggling – to put it mildly. Will give it one more try this fall.

Sign in, sign up, sign out! Have fun!



## TOTH BOARD NOTES

by Carolyn White

A Special Meeting regarding the Bylaws was held August 9, 2022, to approve the changes made by the Board of Directors in both 2021 and 2022. A time for questions and discussion followed. A motion to accept the changes passed unanimously.

Our Senior Expo was a huge success. It was great getting back into the swing of it again. We had 31 vendors and a lot of people through the expo. We’re already looking forward and planning for next year.

Our Treasurer, Denny, ordered 6 new card tables. These will replace some of the ones that are showing “wear.” Hopefully our bridge and canasta players will like them.

Salad day is starting up again in September. Look for it in the calendar, but don’t forget to sign in for this and all activities.

Nominations are coming up for next year’s Board. Pat Thomas is looking for members to step up and be a part of this great Center. A special meeting is set for September to have nominations from the floor. It will be an ice cream social. Watch the calendar for this fun time.



“Happiness is the only thing  
that multiplies when you  
share it.”

Albert Schweitzer  
Theologian

## IN MEMORIAM

*Sally Ladyman*



## TREASURER'S REPORT

*by Denny Clauson*

July income was \$4,198.75.

July expenses were \$2,974.96.

The value of our investment accounts increased \$8,587.49.

As soon as all financial info is in I will calculate income and expenses related to Senior Expo.



## BRIDGE CLASS

*by Ken Birdwell*

I will be starting an intermediate bridge class on September 16. Classes will be every Friday from 10 to noon in the TV room. There will be lectures and supervised play. A signup sheet will be on the board in the office. Everyone is welcome. If you have any questions, you can email me at [kbirdwell@sbcglobal.net](mailto:kbirdwell@sbcglobal.net) or call me at 512-820-6329.



“Optimism is a happiness magnet. If you stay positive good things and good people will be drawn to you.”

Mary Lou Retton  
Gymnast

## CALENDAR NOTES

Special meeting Ice Cream Social at 2 on the 21st for BOD nominations.  
Salad Day resumes on the 13th at 12.  
Intermediate bridge classes begin on Fridays at 10, starting on the 16th.  
Medicare presentations and Q&A will be held on the 19th and 26th.



## JEWELRY / CRAFTS

*by Mary Riordon*

Jewelry class continues on the 1st and 3rd Wednesday of each month. We have lots of donated gems and supplies and a wonderful teacher to keep us busy and creative. Please sign up in the reception area but let us know if you can't join us. No craft classes are scheduled but a craft sale is planned for the first Saturday in November - November 5 from 10-2. Stay cool and we hope to see y'all soon.

## NOMINATIONS

*by Pat Thomas*

My fellow TOTH members, as you know it will soon be time for the election of officers. With that in mind, on September 21, at 2:00 pm, we will be having our Meet the Candidates Ice Cream Social/Membership Meeting. At that time the slate of candidates will be presented to the membership, and nominations will be accepted from the floor.

As many of you know, thus far, we have not been able to find anyone willing to run for the office of Secretary. Most of us, over our lifetime, have been members of various clubs/organizations and know that this type of group cannot survive without a Secretary. I am, therefore, asking that anyone who has been a member for 6 months as of January 1, 2023, and that could help with this contact me. It saddens me to think of what might happen to our organization if no one is willing to step up.

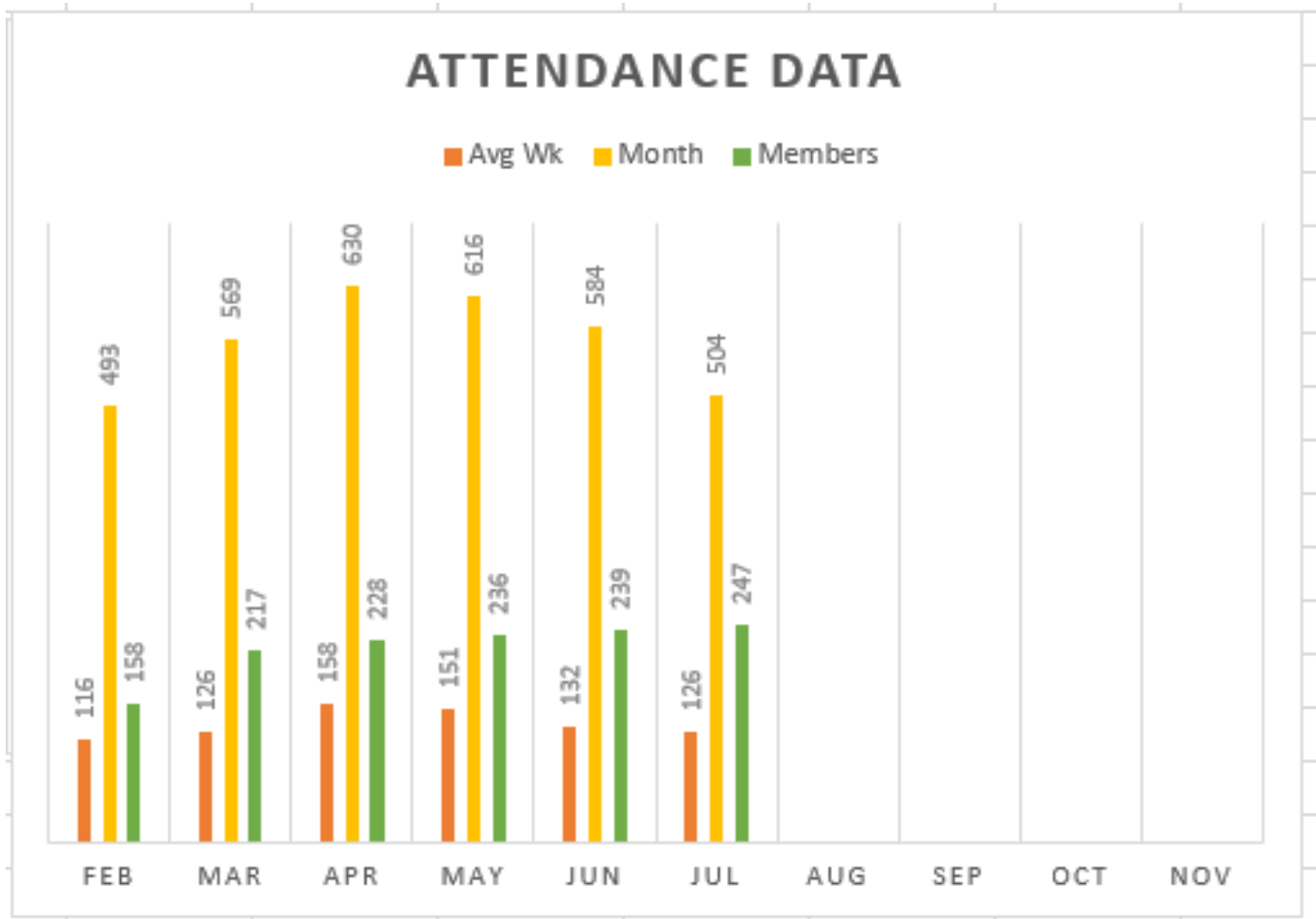
Pat Thomas, Chairman  
512-771-1504

# ATTENDANCE FACTS AND FIGURES 2022

by Frank Mignoli

Membership rose by eight in July, largely due to the half price fee for joining from July to October. Monthly attendance dropped in July from June. I expect monthly attendance to rise in August due to the special meeting in August.

Salad Day will start up again on the 2nd Tuesday of the month, September 13th, at noon. We still need a volunteer to make a salad for 20-24 people. The cost will remain at \$4 and will include bread, drinks and dessert. Contact me in person or by my phone shown in the Gazette if you want to volunteer. Sign up and pay in advance so we can get a good count on the number of attendees. Salad Day may continue in October if the temperature remains above 80° F. It just doesn't seem right to have soup when it's still warm outside.



(Answer to Kakuro on page 5)

	1	2	3		1	2	3	
	3	1	2	6	2	3	1	9
	4	3	4	5	1	9	2	11
	6	3	5	9	2	3	4	10
1	2	5	8	6	3	7	10	18
2	8	15		3	4	9	12	
3	5	2	10	5	6	9	8	20
4	3	1	4	2	5	1	4	7
4	1	3	5	2	1	3	1	3
15	24		7	11	26	23		



#### SIGNS AT EL ARROYO:

BEING AN ADULT IS HAVING THE 'WE HAVE FOOD AT HOME' TALK WITH YOURSELF.

WHAT DOES CS LEWIS KEEP IN THE BACK OF HIS WARDROBE? NARNIA BUSINESS.

TEACHERS SHOULDN'T HAVE TO PAY FOR THEIR OWN SCHOOL SUPPLIES OR WINE.

# PARTICIPATION

by Barbara Duprey

Just thinking about how we can get as many people as possible involved in things here at TOTH. There are certainly factors that we need to understand that are keeping us from reaching the maximum degree of participation, and we're asking for your feedback.

Games, for example — Lisa has talked about Table's Choice and what that could be. Looking at what current members have identified as interests on their membership applications, at least 56 mentioned bingo and at least 69 mentioned bunco, but actual attendance is WAY below that. So what's up?

Book Club is another activity that's struggling, in spite of at least a dozen members listing it, and many, many more indicating that they love to read, in all sorts of different genres. Might there be something we could do about that? For instance, maybe we could set up some kind of email list (or something through our website) for sharing comments, recommendations, and so on, even if people find it hard to physically come to the center.

Then there's cooking. At least 54 current members mentioned that as a hobby. Might there be interest in a Cooking Club for sharing recipes and tips, having presentations about what various cuisines involve, or other related discussions?

Anyway, I hope this gets you thinking about ways we can get even more going on. I know Lisa and all the officers and board members would love to hear from you!

# COOKBOOK

by Barbara Duprey

Between new submissions and recipes in the legacy cookbook, we certainly have well over a hundred recipes being considered for inclusion.

The plan is to have a spiral bound, half-page size, very simple and low-tech cookbook available for purchase as a fundraiser for TOTH.

Now comes production — creating a file and getting it printed and bound.

Stay tuned for news as this progresses!



## Kakuro (Cross Sums)

Each across or down clue shows the sum of the indicated digits. Only the digits from 1 to 9 are used, and no digit is used more than once in a given clue.

*(Answer on page 4)*

		23	26		11	7		24	15
	3			3			5		
3							3		
7				15					
				17					
30						10			
	21						10		
		10				8			
		18			6				
	10					9			
	3					5			
11			13						
			3					4	
	6				6				
	3					3			



## SEPTEMBER BIRTHDAYS

Cheryl Case	04
Nancy Greenwood	07
Pete Fenske	08
Jerry Ryburn	09
Connie Varon	09
Phyllis Walker	09
Nola Wyche	10
Elizabeth Strong	12
Phyllis Epps	13
Charlene Palmer	13
Liz Arce	17
Gerri West	19
Debbie Strong	22
Maggie Ingraham	23
Sherry Peterson	23
Steve Craig	25
Carolyn Altman	26
Priscilla Paclik	26
Sheila Perkins	26
Mohan Goel	29
Helen McGarrah	29



## SEPTEMBER ANNIVERSARIES

Donna and Steve Craig	05
Jan and C.W. Clark	13
Doris and Richard Stone	19
Karen and Larry Zabcik	22
Lyle and Kathy Williamson	25



## NEW MEMBERS

- Bill Adair
- Kae and Rich Carroll
- Barb and Frank Elrod
- Candy Gross
- Mary Rogers
- Debra Schultz
- Francis See
- Fred Sternberg
- Karen Wood

## FROM THE EDITOR

*by Barbara Duprey*

Good to see new things happening, like the intermediate bridge class, the quilting bee, Medicare information seminars/Q&A, and the return of Salad Day.

And don't forget about the Ice Cream Social/ Membership special meeting! That should be a lot of fun, and it's crucial to the success of our center to have a fully-staffed Board of Directors. See you there!

Please send feedback on the Gazette to [bduprey@austin.rr.com](mailto:bduprey@austin.rr.com).

*A hug for you, my friend*



Carolyn Altman  
Beverly Ball  
Peg Fiehtner



Joyce Brahms-Pickens  
Pat Fiero

**BOARD OF DIRECTORS**

President: Carolyn White  
Vice President:  
    J C Henderson  
Treasurer: Denny Clauson  
Secretary: Beverly Ball  
Directors:  
    Frank Mignoli  
    Pat Thomas  
    Floresa Williams  
    MarEllen Basalyga  
    Dick Planck  
    Philip MacDonald

**MANAGING DIRECTOR**

Lisa Leirvaag  
toth.director.tx@gmail.com

**COMMITTEES**

Finance: Denny Clauson  
Nominating: Pat Thomas  
Hospitality: MarEllen Basalyga  
Special Events & Resource Dev.:  
    Denny Clauson  
Publicity & Public Awareness:  
    Phyllis Walker

**GOLDEN GAZETTE**

Editor: Barbara Duprey  
bduprey@austin.rr.com



**OPERATIONS**

Building Maintenance:  
    Carolyn White  
Kitchen Mgr: Lisa Leirvaag  
Supplies: Carolyn White  
Membership: Jeanne Allison,  
    Donna Craig  
Receptionists: Mary Riordon  
Memorials: Jan Clark  
Sunshine: Jan Clark  
Setup: Carolyn White  
Memorial Garden:  
    Lisa Leirvaag  
Communications:  
    Lisa Leirvaag  
Historian: Ruby Banks,  
    Gail Brennen

**ACTIVITIES**

Breakfast \*: Pat Fiero,  
    Frank Mignoli  
Salad/Soup \*: Frank Mignoli  
Meet & Eat \*:  
    Lisa Chmelar  
Golf: Frank Mignoli  
Sit & Fit:  
    Rich Stone, Pat Fiero  
T'ai-chi: Dr. Tom Barrett  
Crafts/Jewelry Making \*:  
    Mary Riordon  
Quilting Bee

**GAMES**

Bingo  
    Monday: Barbara Duprey  
    Friday: Joe Gleaton  
Bunco \*: Carolyn White  
Canasta \*: Bobbie McKissick  
Cribbage: Stan DeRocher  
Mahjong: Georgia White  
Pinochle: Jeanne Allison  
Poker: Jerry Rubin  
Table's Choice \*:  
    Bobbie McKissick



**BRIDGE**

Duplicate Bridge \*  
    1st & 3rd Tuesday:  
        Sheila Perkins  
    Friday: Ken Birdwell  
    3rd Friday: Charlene Palmer  
Saturday: Carolyn Patrick  
Intermediate Bridge Class  
    Friday: Ken Birdwell  
Rubber Bridge \*  
    Tuesday: Ed Williams,  
        Beverly Ball

\* Signup Required

**Contact information for these  
members is available —  
call 512-331-6000.**

# September 2022

SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required  # Signup Required & Pay in Advance				1 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 12 <sup>00</sup> Quilting 2 <sup>00</sup> Pinochle	2 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	3
4	5 <b>CENTER CLOSED FOR LABOR DAY</b>	6 9 <sup>30</sup> DupBrdg* 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	7 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice 10 <sup>00</sup> Jewelry Making 10 <sup>00</sup> Exec-Cmte 1 <sup>30</sup> Bunco*	8 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 12 <sup>00</sup> Quilting 2 <sup>00</sup> Pinochle	9 9 <sup>00</sup> Sit & Fit 10 <sup>30</sup> Bingo 11 <sup>00</sup> Book Club 1 <sup>00</sup> DupBrdg*	10 6 <sup>00</sup> DupBrdg*
11	12 9 <sup>00</sup> Sit & Fit 10 <sup>00</sup> BOD 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	13 <b>12<sup>00</sup> SALAD DAY#</b> 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	14 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice*	15 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 12 <sup>00</sup> Quilting 2 <sup>00</sup> Pinochle	16 9 <sup>00</sup> Sit & Fit 9 <sup>45</sup> DupBrdg 10 <sup>00</sup> Brdg Cls 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	17
18	19 <b>10<sup>00</sup> MEDI-CARE INFO*</b> 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	20 9 <sup>30</sup> DupBrdg* 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>00</sup> Meet & Eat* 1 <sup>30</sup> Poker	21 <b>2<sup>00</sup> ICE CREAM SOCIAL*</b> 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice 10 <sup>00</sup> Jewelry Making*	22 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 12 <sup>00</sup> Quilting 2 <sup>00</sup> Pinochle	23 9 <sup>00</sup> Sit & Fit 10 <sup>00</sup> Brdg Cls 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	24 9 <sup>00</sup> <b>BREAKFAST DAY #</b>
25	26 <b>10<sup>00</sup> MEDI-CARE INFO*</b> 9 <sup>00</sup> Sit & Fit 1 <sup>00</sup> Cribbage 1 <sup>00</sup> Bingo	27 9 <sup>30</sup> RbrBrdg* 10 <sup>00</sup> Canasta 1 <sup>30</sup> Poker	28 9 <sup>00</sup> Sit & Fit 9 <sup>30</sup> Table's Choice	29 10 <sup>00</sup> T'ai-chi 11 <sup>00</sup> Mahjong 12 <sup>00</sup> Quilting 2 <sup>00</sup> Pinochle	30 9 <sup>00</sup> Sit & Fit 10 <sup>00</sup> Brdg Cls 10 <sup>30</sup> Bingo 1 <sup>00</sup> DupBrdg*	



**Please Remember:**  
Sign in and out  
Sign up for classes and meals

Missing something? Check the Lost and Found!

Gazette Deadline —  
17th of each month



## Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone: 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com