The Golden Gazette

April 2023 Treasure of the Hills Senior Center

Volume XXXIII Number 4

PRESIDENT'S MESSAGE

by Carolyn White

Spring is Here!! The Bluebonnets are starting to show up and are so pretty.

HAPPY EASTER EVERYONE! Welcome to all our new members. What a joy to see new faces at our functions. I do want to say 'Thank you' to all our members for being so diligent in signing up for our activities. It is so helpful to our cooks and the leaders of our games to know how many to plan for. Don't forget to include all new members who want to learn new games.

Salad days will be upon us soon. How are you enjoying the new International/Cultural luncheons? April's is Passover. We had 40 for our Irish March luncheon and what fun we had. Decorations were great!!

Twenty-one of us are back from our cruise. What a blast we had — and the food was great. No one got sick, we went our separate ways during the day and got together in the evening for dinner. I'm sure there will be more cruises in the future. Thank you Mary Riordon for spearheading this.

Have you tried out the new Forum? Our editor, Barbara Duprey, has gone to a lot of work putting this together. If you're not sure about something, I'm sure Barbara would take your call.

You will be seeing a new face around TOTH. Her name is Lori Rainey. She is a CPA/Accountant and is hired to help Denny and Lois in the finance department. Please give her a big welcome when you see her.

Those who haven't yet paid 2023 dues have been taken off the roster, and won't get the Gazette or be able to participate in our activities until they pay. So if you're missing some friends, let them know you'd like to have them back!

As I have said each month, I enjoy being your President and working with our terrific Board of Directors. We welcome any ideas for our Center.





VP NOTES

by Ellen Fannin

International/Culture Day

We had a wonderful time celebrating the Irish culture at the International/Culture Day lunch on March 15th. Decked out in green, Frank Mignoli shared information about the Emerald Isle while we all enjoyed the traditional corned beef and cabbage lunch. Thanks to the cooks and other organizers of this event!

In April, Al Lowenstein will provide a presentation about Passover as we celebrate the Jewish culture at the April International/Culture Day lunch on Wednesday, April 12th. Be sure to sign up to attend this lunch.

Movie Day

We reported last month that TOTH is creating a Movie Library. We are collecting DVDs that can be checked out. If you have DVDs that you want to give away, bring them to the Center. What we don't keep, we'll donate.

In addition, each month on a Saturday, we have a Movie Day. We've enjoyed some great movies, and the organizers of this event want to know what movie you would like to see. Whether it's an action movie, sports-themed, rom-com, whatever, we want to know. If we don't have it in the library, we can find it. There is a sign-up sheet where you can let us know what movie(s) you would like to see.

(continued on page 2)

VP NOTES

(continued from Page 1) Volunteer of the Month

April is National Volunteer Month, and we are starting a new program at TOTH. We appreciate and value all who share their time and talents here. Without our volunteers, not much would happen! That is why, beginning this month (April), we will be honoring our first Volunteer of the Month.

Each month, one person will be recognized as Volunteer of the Month and an article about them will be in the Gazette. So that everyone can get to know them, their photo will be on the bulletin board in the hallway. In addition, the Volunteer of the Month will be able to attend any meals offered at TOTH during that month for free. If you would like to nominate someone for this honor, please call the office and leave their name.



FROM THE DIRECTOR

by Lisa Leirvaag

The City has installed a brand-new, and extra tall, toilet in one of the bathrooms. They removed a dead tree close to the back porch. One of its branches got damaged during the freeze and could have fallen on our new roof!

Saturday, April 15th, all carpeted rooms and all folding chairs will be steam-cleaned.

Normally, we set the thermostats to the summer setting after Daylight Saving Time. This year, we had to switch back and forth because of the strange weather we were having. Hopefully, we can now leave it on "Cool", 76 degrees during active hours, and 80 during inactive hours.

April is National Volunteer Month, and I would like to extend my special thanks and appreciation to all our fantastic volunteers.

I would also like to welcome my new colleague, Lori Rainey. I look forward to working with her.

(Hoping for a lot of rain!)

TOTH BOARD NOTES

by Ann Mignoli

The Board approved Red Fox Steamers to clean the carpets & chairs (plus stain guard the chairs).

The Board approved transferring monies to the Investment Accounts.

A suggested change in the Memorial Endowment Fund Policy was approved by the Board.

A new contract employee to assist in the Treasurer's duties was approved by the Board.

SIT & FIT

by Pat Fiero

Did You Know? Exercise helps with balance, memory, flexibility, blood pressure, anxiety, and depression, and just gives you a feeling of wellbeing! If you are like most people our age and think that you can't exercise, Sit & Fit is your answer. Our programs are designed for you! Come and give us a try. We meet on Monday, Wednesday and Friday at 9 am. You don't have to come all three days — even one day a week makes a difference. You don't need to buy anything, just wear comfortable clothes and be prepared to have fun and feel better. Hope to see you soon!



APRIL CULTURE DAY

by Al Lowenstein

Passover is the most widely recognized Jewish holiday among non-Jews worldwide. It is an eight -day festival commemorating the liberation from slavery in Egypt, putatively around 1250 BCE.

Join me at noon on Wednesday, April 12th, for an overview of the rituals and symbolism of the Passover service and meal ("seder"). The program will be integrated with and followed by the meal itself, which will feature the renowned matzo-ball soup and several other Passover delicacies. Be sure to sign up by Friday, April 7th, to attend.



TREASURER'S REPORT

by Lois Birdwell, Acting Treasurer Income for February was \$3,370.40 and expenses were \$1,574.61 resulting in an increase of \$1,795.79.

The main source of income was rent from the church of \$1,700 and collection of membership dues.

Our investments decreased in value by \$6,092.61.



We received word of the passing of a former member, Bruce Burton, on February 21. Our condolences to his family and friends.



CRUISE

by Mary Riordon

Our cruise is now history.

The 21 of us who cruised with the Ruby Princess in February have great memories. We are happy to relate our stories. Just ask!



Galveston is adding Norwegian Cruise Lines to their port and the Carnival terminal will be updated before the Jubilee arrives.

Will there be another cruise in our future?? (Wink, wink!)

JEWELRY CLASS

by Mary Riordon

We are adding March 29 at 10 am to the schedule. Please sign up in the reception area if you plan to attend.

We are not holding classes in April. We will resume them in May - the 3rd and 17th.

Instead, we have something new! Carolyn Patrick will teach a class: "How to make envelopes" on Wednesday, April 12th at 1:30 p.m. in the TOTH library. Supplies will be provided! Sign up in the reception area.

PUBLICITY AND PUBLIC AWARENESS

by Phyllis Walker

Being the Publicity and Public Awareness Chair for TOTH allows me an opportunity to attend several monthly community events -- Cedar Park Chamber Lunch Connect Luncheon, Cedar Park Chamber Women's Connection Breakfast and the Networking Event sponsored by Always Best Care Senior Services.

In this position, I interact with varied entities like government, real estate services, and health care. These range from small, to medium, to corporate size enterprises. My interaction with the attendees is to promote TOTH and to inform them of the various activities and programs available here for participation by seniors 50 plus. This is particularly important since as we age, socialization is essential to our health and well-being. Seniors can find that socialization at TOTH.

I am also responsible for developing and maintaining a media news list to announce special events that TOTH sponsors throughout the year, like Senior Expo and other activities, that would be beneficial to the senior population of Cedar Park and surrounding communities. I also serve on the Special Events Committee. In that position, I am responsible for providing marketing and promotional support for the events.

What prepared me for this?

- My 25-year career at the Port Authority of New York and New Jersey (World Trade Center), advancing through the ranks to Accounting Supervisor in New York City.
- My affiliation of years with the NYC chapter of the Institute of Management Accountants, where I served as the Associate Director of Member Attendance.
- 20 plus years as a member of Talk of the Towers Club, Toastmaster's International.
- My volunteerism at several community organizations during my residence in Florida, such as the Sunshine Senior Center, American Stage Theatre, Palladium Theatre, the freeFall Theatre, political parties, and more.

All this not only honed my perseverance, but also *(continued on page 4)*

PUBLICITY AND PUBLIC AWARENESS

(continued from page 3) established the quality of my professional experience, grounding me in proper decorum and diplomacy. This quality contributes to my success as the Publicity and Public Awareness Chair of TOTH.

I am humble and honored to have been recognized as a TOTH 2022 Volunteer of the Year. I sincerely thank the Board and members of TOTH for the opportunity to serve!



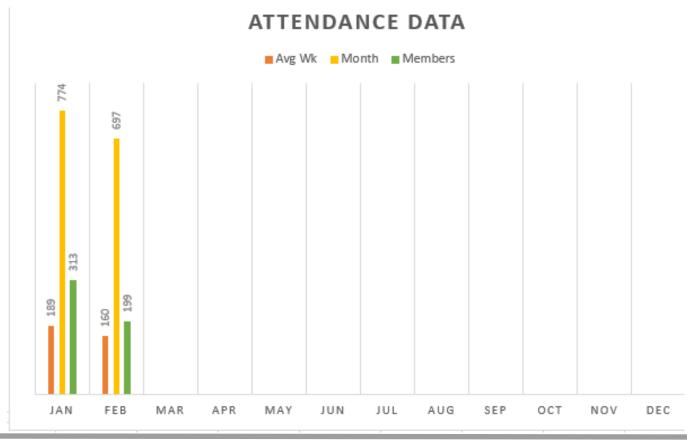
CALENDAR NOTES

- There is now a Duplicate Bridge session every Tuesday at 1 pm.
- Movie Day is April 1st at 1 pm; the movie is 'Blazing Saddles.'
- The Romeo and Juliet event is back (replacing Happy Hour), with the first one April 6th at 6 pm at the Longhorn Café, continuing on 1st Thursdays
- No Jewelry Making classes are scheduled for April (but note March 29th session). Instead, Carolyn Patrick will teach a class on making envelopes on April 12th at 1:30 pm.
- Meet & Eat is April 18th at 1 pm. It will feature Thai food. Check signup sheet for location.

TOTH 2023 ATTENDANCE FACTS AND FIGURES

by Frank Mignoli

As expected, membership dropped — 124 people did not renew their membership in time to be included. A cursory review of the list saw a number of members who had just forgotten. However, all of the parameters (weekly average, month and members) exceeded February of 2022. The numbers for the weekly average and the month were higher by almost 40%. We expect to see a significant increase in membership by the end of March.





by Ellen Fannin

The April Volunteer of the Month is Jim Anderson. We are so grateful for the talents he shares and the time he devotes to Treasure of the Hills.

TOTH Membership

Jim is a fairly new member of TOTH, joining only 18 months ago when we reopened after the pandemic. His neighbor, Chuck Farrand, a TOTH member, had been encouraging Jim for some time to come join. When Jim's wife passed, he decided to take Chuck up on his

Volunteer Activities

Jim's first volunteer activity was helping out in the kitchen making pancakes for the breakfast and helping to clean up. That makes him an official TOTH Flap-Jacker!

Because he loves gardening, Jim soon started working in the Memorial Garden, along with other volunteers. Every time you come to the Center, you are greeted with the beautiful results of Jim's talents. We are so grateful for the time and effort Jim and others have put in to make the entrance to our Center so beautiful.

Jim has also helped with computer issues at the Center. Since his background is in software development, he knows his way around a computer, lending his knowledge when needed.

In addition to gardening and computer skills, Jim loves to cook, especially Asian cuisine and barbeque.

When asked why he volunteers, Jim said, "I enjoy doing things with other people who volunteer." He calls it socializing with others who have a volunteer attitude.

Getting to Know Jim

Jim moved into the Cedar Park area in 1993, when he and his wife purchased the first house in the Westside development. He has seen the area literally grow up around him. Unfortunately, that

also meant that the traffic grew as well. Because crowded traffic is one of Jim's pet peeves, he knows all the back roads in the area which is what he uses, avoiding the many crowded intersections we now have.

His eyes light up when he talks about family, especially his grandchildren, describing them as "spectacular." Olivia, his oldest granddaughter is 22 and in graduate school at UT studying architecture. Lena is 20 and attends UT-Dallas with a focus on art restoration. It is understandable why he is so proud!

Jim loves to play bridge and you can find him every Tuesday at TOTH joining others. He also loves Formula 1 racing and has attended some of the local races. One of his dreams is to go to Europe to see F1 races. He also loves sail boarding, which is like wind surfing but takes place on calmer waters. Another goal is to visit Lake Arenal in Costa Rica to do some sail boarding.



Favorites

Favorite Sport & Team(s): Football, always cheering for the San Francisco '49s and the USC (where he graduated college) Trojans

Favorite Movie: Star Wars, any and all of the series

Favorite Color: Blue Favorite Food: Barbeque

Morning or Night person: Night Chocolate or Vanilla: Chocolate

Thank you, Jim, for letting us get to know you and for all you do at Treasure of the Hills! Congratulations of being our April 2023 Volunteer of the Month!



APRIL BIRTHDAYS

Janelle Boatright	01
Ann Bordelon	01
Joyce Francis	03
Alicia Garcia	03
Doreen Dutton	05
Felissa Lashley	06
Rhoda Lloyd	07
Janet Lobsenz	08
Linda Staas	09
Mary Kate Woodruff	09
LaVerne Love	11
Paula Kenmuir	13
Phil Duprey	16
Sany Nathanson	16
Herb Zwernemann	16
Liz Hagler	17
Ed Williams	21
Martha Locker	24
Denny Clauson	26
Cindy Glenn	26
Jean Wiedenfeld	26
Sandy Williams	26
Eileen Martin	28
Charlie Reynolds	30



APRIL ANNIVERSARIES

Sandy and David Williams	02
George and John DeMarines	11
Jacquee and John Guida	15
Carol Hastings and Richard Stein	19
Ken and Mary Williams	20
Bill and Eileen Brown	28
Doreen and Michael Dutton	30





NEW MEMBERS

Teresa Doyon Hiroku Miller Betty Walker

Our apologies to March new member Marie Teh (not The) — autocorrect struck again!

FROM THE EDITOR

by Barbara Duprey

I'm looking for a couple of people to join the review team for this newsletter! We really want to make it as accurate as possible, and different people spot different problems. The reviewers get a draft copy several days before the issue is finalized, and report anything they've found to me for correction. If you have an eye for detail — grammar, spelling, phrasing, typography, or whatever — and would like to help, please let me know!

And we're always interested in getting articles about things our members would find interesting. For instance, is there a vacation destination you'd recommend, or an activity you've particularly enjoyed? Send in an article! Publication isn't guaranteed for a particular edition of the Gazette due to layout issues, but chances are good it will get used at some point.

Please send feedback on the Gazette to bduprey@austin.rr.com.

A hug for you, my friend



CJ Hardy Jo Koerner Barbara Elrod Doris Stone Linda Carter

BOARD OF DIRECTORS

President: Carolyn White Vice President:

Ellen Fannin

Treasurer: Denny Clauson Secretary: Ann Mignoli

Directors:

Frank Mignoli Pat Thomas Floresa Williams Philip MacDonald

MANAGING DIRECTOR

Lisa Leirvaag

toth.director.tx@gmail.com

GOLDEN GAZETTE

Editor: Barbara Duprey bduprey@austin.rr.com

COMMITTEES

Finance: Denny Clauson Nominating: Gail Brennan Hospitality: MarEllen Basalyga Special Events & Resource Dev.: Ellen Fannin

Publicity & Public Awareness: Phyllis Walker

OPERATIONS

Building Maintenance:

City of Cedar Park (contact Lisa Leirvaag)

Kitchen Mgr: Lisa Leirvaag Supplies: Lisa Leirvaag

Membership:

Lisa Leirvaag Jeanne Allison Barbara Duprey

Receptionists: Mary Riordon Bookkeeping: Lori Rainey Memorials: Jan Clark Sunshine: Jan Clark Memorial Garden:

Lisa Leirvaag Historian: Ruby Banks, Gail Brennen

Library: Ruby Banks



ACTIVITIES

Breakfast *: Pat Fiero,

Frank Mignoli

Salad/Soup *: Frank Mignoli Meet & Eat *: Lisa Chmelar,

MarEllen Basalyga Romeo and Juliet:

MarEllen Basalyga

Mocktails and Hors d'Oeuvres:

Carolyn White, Pat Thomas Golf: Frank Mignoli

Sit & Fit:

Rich Stone, Pat Fiero T'ai-chi: Dr. Tom Barrett Crafts/Jewelry Making *:

Mary Riordon

Quilting Bee: Cindy Glenn

Movie Day: MarEllen Basalyga

GAMES

Bingo

Monday: Barbara Duprey

Friday: Joe Gleaton Bunco *: Carolyn White

Canasta *: Bobbie McKissick

Cribbage: Stan DeRocher Hearts *: Chris Campbell

Mahjong: Georgia White

Mexican Train:

MarEllen Basalyga

Pinochle: [open] Poker: Jerry Rubin 42: Nancy Kingston

BRIDGE

Duplicate Bridge *

Tuesday: Frank Mignoli

1st & 3rd Tuesday:

Sheila Perkins

Friday: Ken Birdwell 3rd Friday: Joyce Francis,

Sheila Perkins

Saturday: Carolyn Patrick

Rubber Bridge *

Tuesday: Ed Williams,

Beverly Ball

* Signup Required



Contact information for these members is available — call 512-331-6000.

APRIL 2023

SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required # Signup Required & Pay in Advance	DAILY: 9 ⁰⁰ Sit & Fit 11 ⁰⁰ '42' 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	DAILY: 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta* 1 ⁰⁰ DupBrdg* 1 ³⁰ Poker	DAILY: 9 ⁰⁰ Sit & Fit 9 ⁰⁰ and/or 10 ⁰⁰ Hearts*	DAILY: 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 12 ⁰⁰ Quilting 1 ⁰⁰ MexTrain 1 ³⁰ Pinochle	DAILY: 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	
						1 1 ⁰⁰ Movie Day
2	3 DAILY	4 DAILY + 930 DupBrdg*	5 DAILY + 10 ⁰⁰ ExCmte 1 ³⁰ Bunco	6 DAILY + 600 Romeo& Juliet*	7 DAILY	8 1 ⁰⁰ DupBrdg*
9	10 DAILY + 10 ⁰⁰ BOD	11 DAILY + 12 ⁰⁰ Soup Day*	12 DAILY + 12°° Culture Day* 1°° Envelope Making*	13 DAILY	14 DAILY + 9 ⁴⁵ DupBrdg*	15
16	17 DAILY	18 DAILY + 9 ³⁰ DupBrdg* 1 ⁰⁰ Meet&Eat*	19 DAILY	20 DAILY	21 DAILY	22 9 ⁰⁰ Breakfast Day*
23/30	24 DAILY	25 DAILY	26 DAILY	27 DAILY	28 DAILY	29



Please Remember:

Sign in and out Sign up for classes and meals Missing something? Check the Lost and Found!

Gazette Deadline — 17th of each month



Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com