



The Golden Gazette

May 2023

Treasure of the Hills Senior Center
Volume XXXIII Number 5

PRESIDENT'S MESSAGE

by Carolyn White

My how the year is flying by. May already, the flowers this spring are so beautiful. Welcome to all our new members. Our membership is growing!

Have you attended one of our Cultural luncheons? The ones that we've had were so informative and fun, trying new foods of that country or culture. May is going to be on Norway and our own Lisa will be the presenter. She's even promised to wear the native costume, and will introduce us to some of the different foods of that country. Don't forget, you must sign up for these.

There have been a few problems with having food again here in the Center when playing games. Our Bylaws/Policies state that "food can be brought back, but MUST not be eaten at the game tables." It appears that there have been a few messes left on the floors from this, and not cleaned up. Please, please if you drop something on the floor, get the vacuum in the TV room and clean it up. If you want something to eat, leave the table and eat at the counter.

Have you noticed how nice the railings in both front and back patio area look now that they are painted white? The City did this for us, and what a difference it makes. We will be looking at getting new patio furniture so you can go and sit and enjoy a social gathering with friends or just have a cup of coffee.

As I have said each month, I enjoy being your President and working with our terrific Board of Directors. We welcome any ideas for our "new" center. Thank you to all our members who volunteer their services and help out when needed. This is what makes our Center so great!



VP NOTES

by Ellen Fannin

Culture Day

A huge "thank you" to Al Lowenstein for his presentation on Passover and the Jewish culture at the April Culture Day luncheon. Not only was the presentation interesting, it was educational, and was followed by a Passover meal. Al's wife, Zane, was instrumental in making the lunch, so thanks to both of them and the other volunteers who helped make this meal special.

In May, our own Lisa Leirvaag will present a Culture Day program on Norway. Lisa is a Norwegian citizen and will be wearing a native costume. We will be gathering on Wednesday, May 17th, which is Norway's Constitution Day, similar to our 4th of July. The lunch will be a "koldt bord" (cold table) with a variety of Norwegian foods. Be sure to register for the lunch in advance in the front office at the Center.

Volunteer of the Month

Each month, one person is being recognized as Volunteer of the Month and an article about them will be in the Gazette. So that everyone can get to know them, their photo will be on the bulletin board in the hallway. In addition, the Volunteer of the Month will be able to attend any meals offered at TOTH during that month for free.

(continued on page 2)



VP NOTES

(continued from page 1)

If you would like to nominate someone for this honor, please call the office and leave their name. Special thanks to Gail Brennan for the Volunteer of the Month bulletin board display! Great job, Gail!

Senior Expo

We are already starting work on the 2023 Senior Expo. It will be on Saturday, August 12th, from 9 am until 1 pm at the Cedar Park Recreation Center. The Rec Center has a full calendar for the fall, so we were unable to move the Expo to the fall. We looked for other venues that were large enough and had openings in October but were unable to find anyplace in Cedar Park that would work.

We are doing a couple of things differently this year. We are offering sponsorships to local businesses, plus we are selling ad space in the program. Because we have limited booth space, the ads give businesses unable to get a booth space the opportunity to reach the senior market. If you know of anyone who provides a product or service that is geared for senior citizens, contact the Center office and we will follow up with them.

In the meantime, mark your August calendar as a reminder to attend the 2023 Senior Expo!



FROM THE DIRECTOR

by Lisa Leirvaag

A special thanks to Zane and Al Lowenstein for a very interesting Culture Day and lots of delicious, traditional food.

All the folding chairs and the carpeting were steam-cleaned last month. Since February, our cleaning service has been coming twice a week – Wednesday and Sunday evening.

Still, it is very important that we all tidy up after ourselves. According to a Board decision of 2021, there is no eating while playing games. There is a cordless vacuum cleaner in the TV room and a handheld vacuum in the office which can be used to clean up dry spills. There are disinfectant wipes in practically every room, paper towels and spray cleaners can be found in the kitchen. Please, get in touch with the receptionist if you need a paper/plastic plate or a small cup for your snacks.



If any of you would like to help set up and/or clean up in connection with breakfasts and special events, please contact me.

The City painted all the railings to match the trim, and it makes the whole building look so much nicer. We are planning to get a new table for the back porch, but in the meantime, the existing table and the blue plastic chairs have been wiped as clean as possible. In addition, we received white plastic chairs that can be used outside. Why not take advantage of the lovely spring days and connect with friends while enjoying a snack and a beverage on our back porch?



Pathfinder

Starting with the P in the middle, and using each of the other letters exactly once, move from one letter to another that is adjacent in any direction to form eight seven-letter words.

Puzzle Copyright © Kevin Stone
(www.brainbashers.com)

(Answer on page 4)

D	I	S	I	S	A	K
M	R	C	N	C	Y	E
A	C	Y	A	H	N	A
H	Y	S	P	I	B	L
I	E	R	O	L	L	S
C	M	P	U	R	A	T
M	U	I	L	A	E	R

TOTH BOARD NOTES

by Beverly Ball for Ann Mignoli

Hello friends, I'm filling in for Ann Mignoli until she recovers from her injury. Prayers for a swift recovery.

Thanks and congratulations to our TOTH "Volunteer of the Month" Barbara Duprey!

We would like to have your input on a possible "Grandparents' Day" Friday, September 8th or Saturday, September 9th. We are looking for DVD's of movies that we can use to entertain the kids.

Please see Lisa regarding the list of DVD's that you may check out. We would love to increase the library if you have some to share.



TREASURER'S REPORT

by Lois Birdwell, Acting Treasurer

Income for March was \$4,579.45 and expenses were \$3,071.45, resulting in a gain of \$1,508.00.

The main sources of income were rent from the church and collection of membership dues; there were no unusual expenses.

Our investments increased in value by \$5,553.72.



ESTATE PLANNING AND LONG TERM CARE

There will be a presentation at noon Wednesday, May 24th on Estate Planning and Paying for Long Term Care, by Tom Fortenberry with Silver Leaf Legal Group and Adell Cox from Silver Hearts Chateaux.

Light snacks will be provided for those in attendance. Sign-up is required.

LOOKING FOR VEGGIE GARDENERS

by Denny Clauson

TOTH is considering buying raised bed planters for members to grow veggies, but we need to determine first if there is interest. The idea would be to plant veggies such as tomatoes, okra, onions, carrots, peppers, and so on, for members to grow and harvest.

The planters would be about 2' high, low enough to sit on the edge while working in the beds. They would be located outside the Great Room in the grass area near the parking lot.

So if you are interested, and willing to occasionally help plant, water, or weed, call or send email to Lisa or to Denny Clauson (dclauson@austin.rr.com) to express your interest in this fun and tasty activity.



JEWELRY MAKING CLASSES

by Mary Riordon

The jewelry class for May 3rd, 2023 will be an introduction to bead stitching. The class will be limited to 4 students, who must sign-up in the TOTH reception area.

Kits will be provided for \$4 with all the materials needed. The second session, on May 17th, will be a 'UFO (Unfinished Objects) Workshop' with emphasis on completing the project.

SENIOR EXPO

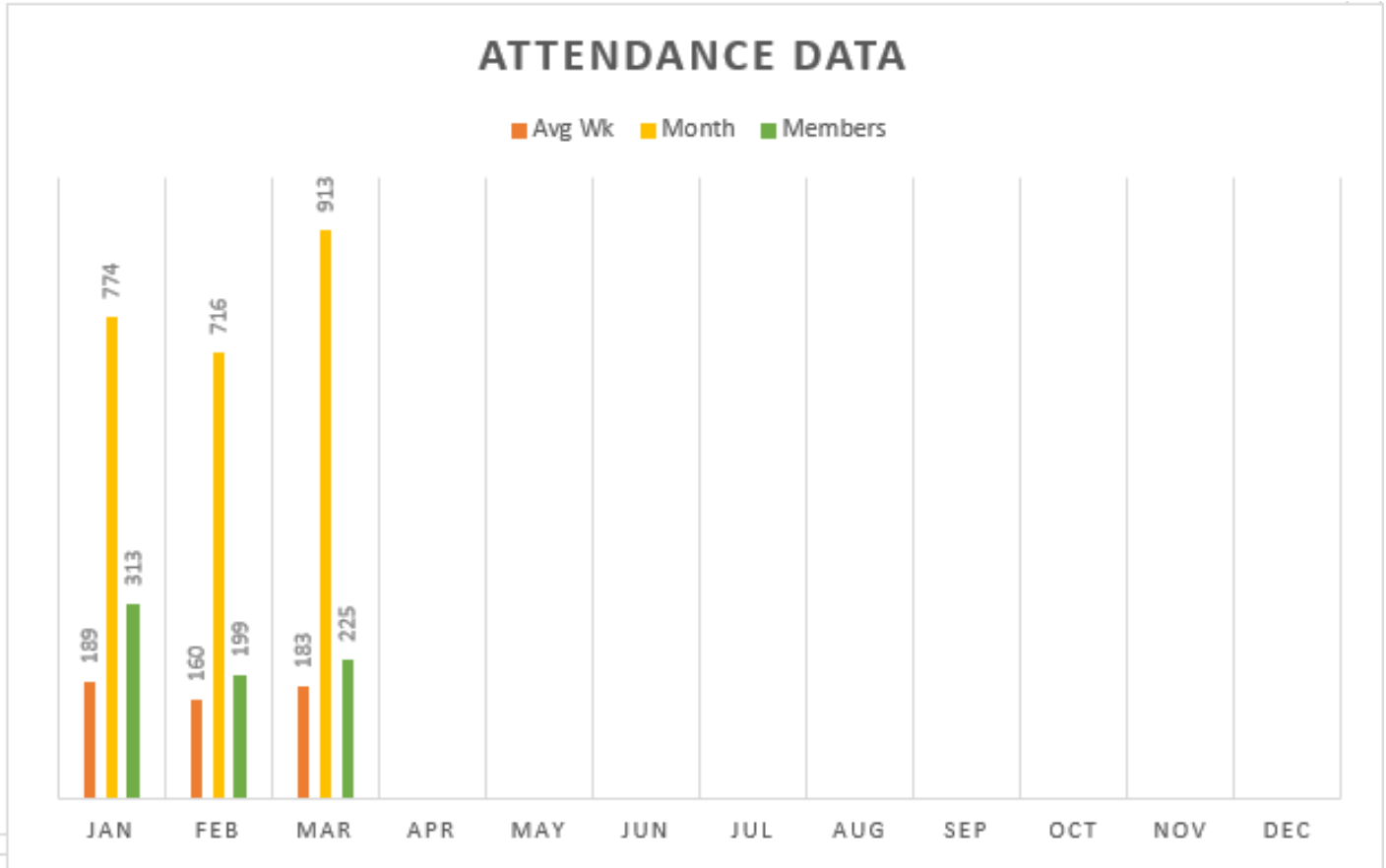
Save the Date! Treasure of the Hills Senior Center will sponsor its 2023 Senior Expo in conjunction with the City of Cedar Park on Saturday, August 12th, 2023, at Cedar Park Recreation Center, 1435 Main Street. Door prizes will be given away throughout the event.

August 12th, 9 am to 1 pm
FREE ADMISSION
FREE PARKING

TOTH 2023 ATTENDANCE FACTS AND FIGURES

by Frank Mignoli

As expected, March membership rose mostly due to late renewals. March, being a five-week month, saw the monthly total attendance rise to over 900. The weekly average rose by almost 15% to 183. We expect to see the membership rise slowly as the year progresses.



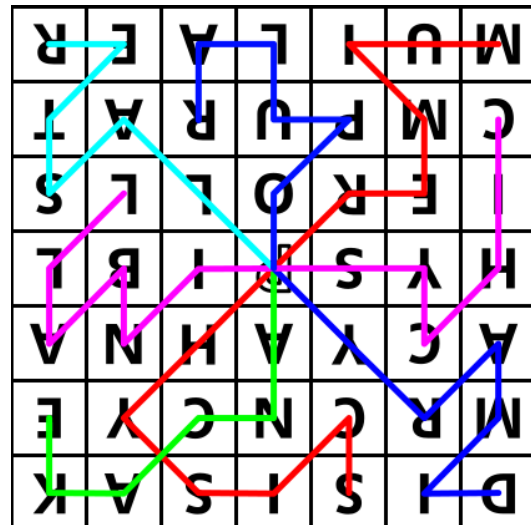
CALENDAR NOTES



- Meet & Eat is May 16th at 1 pm at Beale's Italian Café, 13450 Research Blvd.
- Culture Day is May 17th at noon, with a presentation about Norway by Lisa Leirvaag.
- There is a special event, a presentation on Estate Planning and Paying for Long Term Care, on May 24th at noon. Light snacks will be served.
- The Romeo and Juliet dinner is May 4th at 5:30 pm at Freda's.
- Movie Day is May 6th at 1 pm; the movie is 'A Man Called Otto.'

(Answer to Pathfinder on page 2)

premium, psychic, pyramid
 pancake, physics, pinball, plaster, popular



MAY 2023
VOLUNTEER
OF THE MONTH

by Ellen Fannin

found TOTH. It was a real Godsend, especially for Agnes, who got involved in a variety of activities. Seeing what a difference TOTH had made in the lives of Ted and Agnes, Barbara and Phil joined as well once they were old enough.

Volunteer Activities

Barbara is involved in several volunteer activities. On Mondays, she calls Bingo. Bingo was one of her mother-in-law's favorite activities, so it was a natural for Barbara. She has worked on the database redesign for the Center, but most notably she has been the editor of "The Golden Gazette," the newsletter for TOTH, for 1 ½ years. Each month, Barbara puts in 15 to 20 hours of work on the Gazette, but she says she loves doing it.

Just recently, she has been instrumental in setting up the Forum for TOTH members to utilize. She first used forums while working for IBM and knew how beneficial they could be to help people communicate and stay connected. She has developed instructions on getting connected and how to use the Forum. The instructions were sent out in an email from the Center on April 12th. If you're not on the Forum yet, Barbara wants to encourage you to try it so you can see just how easy and fun it can be.

Getting to Know Barbara

Because Barbara's father was career Navy, she grew up living in a variety of places, but called Rhode Island home. She attended the University of Rhode Island, where, on the very first day, she met Phil. They dated all through college and got married one week after graduation; Barbara has a Bachelor's Degree in Math. She worked for IBM's Federal Systems Division for 30 years. Phil also worked for IBM, and together they lived in many places, but always seemed to return to the Washington, D.C. area. At one point, they lived near Houston, working on the Space Shuttle project, and found they really liked Texas. When it was time to retire, they knew that they wanted to return to Texas, but not to Houston. Austin was calling to them, so they moved with their son and Phil's parents to Austin.

Phil's parents have passed, and their son is grown, so now they spend their time caring for their two cats, Danny and Lucky. One of Barbara's favorite things to do is to watch the antics of her two fur babies.

Barbara loves puzzles of all kinds, anything from jigsaws to word puzzles. She especially loves math and logic puzzles, which is why, she says, "you'll see them in the Gazette!"

If she had the opportunity to travel again, her first choice of destination would be Bermuda, specifically the Cambridge Beaches cottage colony, which is celebrating its 100th anniversary this year. After that, Scotland would be next.

Favorites

Favorite Sport & Team: None, really

Favorite Movie: Various Star Wars shows

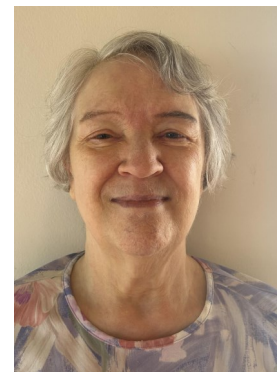
Favorite Color: Blues and greens

Favorite Food: Prime rib (medium rare with horseradish sauce)

Morning or Night person: Night, mostly, but not late

Chocolate or Vanilla: Chocolate

Thank you, Barbara, for your dedication to the Gazette and for your love of Treasure of the Hills. Congratulations on being our May 2023 Volunteer of the Month!



You may not know her since she works behind the scenes so much, but you certainly know her work. In fact, you are experiencing it right now. The May Volunteer of the Month is Barbara Duprey, the editor of "The Golden Gazette," TOTH's main communication tool.

TOTH Membership

Barbara has been a member of Treasure of the Hills since 1997. She and her husband, Phil, moved with his parents to the Austin area in 1994. Barbara and Phil were looking for a place for her in-laws, Ted and Agnes Duprey, to socialize when they

found TOTH. It was a real Godsend, especially for Agnes, who got involved in a variety of activities. Seeing what a difference TOTH had made in the lives of Ted and Agnes, Barbara and Phil joined as well once they were old enough.



MAY BIRTHDAYS

Floresa Williams	02
Marie Teh	04
George DeMarines	09
Kay Binger	11
Barb Clauson	11
Pat Pate	11
Elaine Allan	12
Irene Berkel	12
Rae Tregilgas	15
Ann Logrippio	18
Dori Hawks	20
Gail Middleton	23
Larry Zabcik	24
Jim Williams	25
Mary Hartsell	26
Roger Diamond	28
Ruby Banks	29



MAY ANNIVERSARIES

Cindy and Peter Klein	16
Carolyn and Roger Patrick	19
Al and Zane Lowenstein	25
Mary and Ken Riordon	27
Anne and Robert Weiss	29



NEW MEMBERS

Bonnie Crawford
Jane Cable

FROM THE EDITOR

by Barbara Duprey

Being the Volunteer of the Month for May is an honor and a surprise! I really enjoy putting together the Gazette, calling Bingo, and working on the membership database and various other odds and ends.

And I'm looking forward to what happens when our Forum really gets going. There's an initial 'hump' to get over, just because it's something new. But it's not at all difficult after the first time! A lot of software gets community support that way — particularly the things that are available for free (so-called 'open source' applications), which are often just as strong as their commercial counterparts. So please take a look. And don't be afraid to speak up! I'll help however I can.

We've recently added another forum, Recipes, which is eagerly awaiting your contributions. I'm still planning on a TOTH cookbook, just haven't had much time to work on it. But that needs to stay pretty basic. The forum can get more into things like different equipment (such as the Instant Pot or Ninja Foodi) or more ambitious preparation. You can even show us what it looks like!

Things usually get really fun and useful when there are 20 or so people participating. So dive on in, the water's fine!

Please send feedback on the Gazette to bduprey@austin.rr.com.

A hug for you my friend



Barbara Elrod
Doris Stone
Linda Carter
Lois Birdwell
Rhoda Lloyd
Ann Mignoli
Dodie Domanski
Joy Eddy
Pat Thomas

BOARD OF DIRECTORS

President: Carolyn White
Vice President:
 Ellen Fannin
Treasurer: Denny Clauson
Secretary: Ann Mignoli
Directors:
 Frank Mignoli
 Pat Thomas
 Floresa Williams
 Philip MacDonald

MANAGING DIRECTOR

Lisa Leirvaag
toth.director.tx@gmail.com

GOLDEN GAZETTE

Editor: Barbara Duprey
bduprey@austin.rr.com

COMMITTEES

Finance: Denny Clauson
Nominating: Gail Brennan
Hospitality: MarEllen Basalyga
Special Events & Resource Dev.:
 Ellen Fannin
Publicity & Public Awareness:
 Phyllis Walker

OPERATIONS

Building Maintenance:
 City of Cedar Park
 (contact Lisa Leirvaag)
Kitchen Mgr: Lisa Leirvaag
Supplies: Lisa Leirvaag
Membership:
 Lisa Leirvaag
 Jeanne Allison
 Barbara Duprey
Receptionists: Mary Riordon
Bookkeeping: Lori Rainey
Memorials: Jan Clark
Sunshine: Jan Clark
Memorial Garden:
 Lisa Leirvaag
Historian: Ruby Banks,
 Gail Brennan
Library: Ruby Banks



ACTIVITIES

Breakfast *: Pat Fiero,
 Frank Mignoli
Salad/Soup *: Frank Mignoli
Meet & Eat *: Lisa Chmelar,
 MarEllen Basalyga
Romeo and Juliet:
 MarEllen Basalyga
Mocktails and Hors d'Oeuvres:
 Carolyn White, Pat Thomas
Golf: Frank Mignoli
Sit & Fit:
 Rich Stone, Pat Fiero
T'ai-chi: Dr. Tom Barrett
Crafts/Jewelry Making *:
 Mary Riordon
Quilting Bee: Cindy Glenn
Movie Day: MarEllen Basalyga

GAMES

Bingo
 Monday: Barbara Duprey
 Friday: Joe Gleaton
Bunco *: Carolyn White
Canasta *: Bobbie McKissick
Cribbage: Stan DeRocher
Hearts *: Chris Campbell
Mahjong: Georgia White
Mexican Train:
 MarEllen Basalyga
Pinochle: [open]
Poker: Jerry Rubin
42: Nancy Kingston

BRIDGE

Duplicate Bridge *
 Tuesday: Frank Mignoli
 1st & 3rd Tuesday:
 Sheila Perkins
 Friday: Ken Birdwell
 3rd Friday: Joyce Francis,
 Sheila Perkins
 Saturday: Carolyn Patrick
Rubber Bridge *
 Tuesday: Ed Williams,
 Beverly Ball

* Signup Required



Contact information for these members is available —
call 512-331-6000.

MAY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required # Signup Required & Pay in Advance	DAILY: 9 ⁰⁰ Sit & Fit 11 ⁰⁰ '42' 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	DAILY: 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta* 1 ⁰⁰ DupBrdg* 1 ³⁰ Poker	DAILY: 9 ⁰⁰ Sit & Fit 9 ⁰⁰ and/or 10 ⁰⁰ Hearts*	DAILY: 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 12 ⁰⁰ Quilting 1 ⁰⁰ MexTrain 1 ³⁰ Pinochle	DAILY: 9 ⁰⁰ Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	
	1 DAILY	2 DAILY + 9 ³⁰ DupBrdg*	3 DAILY + 10 ⁰⁰ ExCmte 10 ⁰⁰ Jewelry Making* 1 ³⁰ Bunco	4 DAILY + 5 ³⁰ Romeo & Juliet*	5 DAILY	6 1 ⁰⁰ Movie Day
7	8 DAILY + 10 ⁰⁰ BOD	9 DAILY + 12 ⁰⁰ Salad Day*	10 DAILY	11 DAILY	12 DAILY	13 1 ⁰⁰ DupBrdg*
14	15 DAILY	16 DAILY + 9 ³⁰ DupBrdg* 1 ⁰⁰ Meet&Eat*	17 DAILY + 10 ⁰⁰ Jewelry Making* 12 ⁰⁰ Culture Day*	18 DAILY	19 DAILY + 9 ⁴⁵ DupBrdg* 11 ⁰⁰ Finance	20
21	22 DAILY	23 DAILY	24 DAILY + 12 ⁰⁰ Estates / LTC*	25 DAILY	26 DAILY	27 9 ⁰⁰ Breakfast Day*
28	29 DAILY	30 DAILY	31 DAILY			



Please Remember:
Sign in and out
Sign up for classes and meals

Missing something? Check the Lost and Found!

Gazette Deadline —
17th of each month



Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com