



The Golden Gazette

July 2023

Treasure of the Hills Senior Center
Volume XXXIII Number 7

PRESIDENT'S MESSAGE

by Ellen Fannin

As I step into the role of President, I will be eternally grateful to Carolyn White for mentoring and guiding me through this transition. She was a true leader for our Center as we regained our footing following the pandemic and the flood. I feel that I have inherited a thriving organization because of the work she did. She has left her mark on our lives and will be sorely missed. She is moving (or probably has already moved by the time you read this) to Montgomery, TX with her daughters, but we were able to send her off in style at the Tea & Luncheon on June 7th. We gifted her with a necklace and gold gavel charm honoring her service to the Center. Mayor Jim Penniman-Morin spoke and presented Carolyn with the first-ever-to-be-given City of Cedar Park commemorative coin. Councilwoman Ann Duffy also spoke, thanking Carolyn for her work and the Center for providing a wonderful place for seniors to gather.

I am indebted to the women who helped with the Tea for Carolyn; MarEllen Basalyga, Gail Brennen, Pat Fiero, Maggie Ingram, Lisa Leirvaag, Ann Mignoli, Mary Riordon, Pat Thomas, Phyllis Walker and Sandy Williams. They were responsible for the beautiful table settings, the delicious food, serving and cleanup. Having this kind of support makes my job so much easier! Thank you, ladies!

Senior Expo

The Senior Expo will be held on Saturday, August 12th. Things are moving along with the plans and we are in the process of finalizing at least three sponsorships, which will bring in additional revenue.

Of course, we want this to be the best Expo ever, so I want to encourage everyone to make plans to attend and bring a friend. There is always great

information to be had and valuable connections to be made.

To keep you in the loop, the position of Vice President remains vacant at this time. Because I will continue to coordinate the Senior Expo, which is normally the job of the Vice President, the Board felt that for the remaining months of this year, we could most likely function without a VP.

Culture Day

The Culture Day Luncheon, featuring a program and the food of Italy, was excellent. Frank Mignoli provided an overview of Italy and fed the group on delicious lasagna, antipasto salad, bread, and tiramisu for dessert. He and his wife, Ann, were responsible for the excellent lunch. Thank you, Frank and Ann!

The July Culture Day, on Wednesday, July 19, will feature our neighbor to the north, Canada, with a presentation by Darrell Docking. Be sure to sign up for the lunch in the Front Office. *(continued on Page 2)*



SENIOR EXPO

Save the Date! Treasure of the Hills Senior Center will sponsor its 2023 Senior Expo in conjunction with the City of Cedar Park on Saturday, August 12th, 2023, at Cedar Park Recreation Center, 1435 Main Street. Door prizes will be given away throughout the event.

August 12th, 9 am to 1 pm
FREE ADMISSION
FREE PARKING

PRESIDENT'S MESSAGE

(continued from Page 1)

Welcome New Members

Every week, we are gaining new members who are excited about getting involved. I was privileged to sit with four new members at the Culture Day lunch, Sue, Dale, Irma and Betty, and it was gratifying to hear their enthusiasm for all the activities we provide.

It is very helpful, especially with so many new members, for everyone to wear their nametags when they are at the Center. If you have forgotten yours (which we all do at one time or another), find one of the paper name labels to wear. You only need to put your first name on it, but it will help everyone get to know you.

I am being a little self-serving in asking you to do this, because there are so many members I do not know and would love to get to know. So, you would be doing me a real favor by wearing your nametag, even if we've been introduced. I don't know about you, but my retention of names is not as sharp as it once was!

Stay Cool

As the temperature soars, please remember to take care of yourself. Stay hydrated and keep out of the heat as much as possible. We want everyone to stay healthy! You are an important part of TOTH!



SIT & FIT

by Pat Fiero

Sit & Fit is going on vacation for July and August. Participation has been down and it just seems like a good time to take a break and regenerate!! Thanks to the faithful few who have supported me these last couple of months. Hopefully there will be renewed interest in September and we can start up again. Have a happy and safe summer!



FROM THE DIRECTOR

by Lisa Leirvaag

What a lovely Tea Party for Carolyn White! Thank you, hostesses, for bringing your fine china and setting beautiful tables. It was almost another Culture Day with cucumber sandwiches, scones, and clotted cream among other British specialties. To round off a perfect arrangement, Mayor Jim Penniman-Morin and Councilperson Ann Duffy came as surprise guests. Unfortunately, the Mayor could not stay for lunch, but he presented Carolyn with a special coin commemorating the 50th anniversary of Cedar Park's incorporation.

Ann and Frank Mignoli worked hard so we could enjoy an exceptional Culture Day. Italy was the topic. The food was delicious and the presentation very interesting.

I am already looking forward to the next Culture Day on Wednesday, July 19th, when Darrel Docking will introduce us to Canada.

Upcoming events this fall include a series of talks by Bonnie How from AGE of Central Texas. September is Fall Prevention month, and she will address the challenge of fall prevention. In October, Bonnie will be talking about Caregiving, and in November about Understanding Dementia and Healthy Brain Aging.

The Texas heat is upon us. Stay cool!



TOTH ELECTIONS FOR 2024

by Gail Brennen

— Nominating Chair, email:pbrennen@aol.com

Election Time is coming! We are calling on our members to continue making our Senior Center the envy of Cedar Park and surrounding areas by volunteering as our officers and board members, who are elected each October and begin their terms in January. To get an early start, please let me know if you're interested in serving our wonderful Center.

TOTH BOARD NOTES

by Ann Mignoli

The Board approved the 2023 Budget.

The Board discussed fundraising ideas to offset the budget deficits.

The purchase of the furniture for the patio was tabled until late summer or early fall.

The vacancy on the Board is being addressed.

The Board approved President Carolyn White's resignation and welcomed Ellen Fannin as President.



TREASURER'S REPORT

by Denny Clauson

May income \$3,266

May Expenses \$4,240

Unusual expenses: ice maker repair \$308

Investment account value down \$3,236

Memorial account value down \$630

TOTH financial info:

Our building is owned by City of Cedar Park. We lease it for zero dollars per year. The City pays for building maintenance and water/sewer charges. The City paid for recent roof and siding replacement. TOTH pays for insurance, utilities, and janitorial services. These building related costs are about 25% of TOTH's annual budget.



JEWELRY MAKING CLASSES

by Mary Riordon

The class projects for July have not yet been selected. Please call the TOTH desk to get information and/or sign up for the classes on July 5 or July 19.



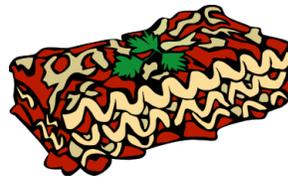
CULTURE DAY

by Frank Mignoli

On June 14th, 33 people were educated and dined as they received a little taste of Italy on both counts. First, I gave a slide presentation providing facts and pictures about Italy. The diners learned the meaning of the three colors (Red, White and Green) of the Italian Flag. They also learned something about the history of lasagna and that it actually originated in Greece. It came from the Greek word "Lagamon", the first pasta. The word originated from how it was made, layers of pasta and sauce. It was adopted in Italy sometime between 1544 and 1692, probably in Naples.

The attendees were served lasagna, antipasto salad with bread and butter followed by tiramisu for dessert, prepared by Ann Mignoli. The meal was nicely served by Maggie Ingraham and Ann Mignoli, while Lisa was busy in the kitchen cleaning up after our messes and putting the kitchen in tip-top shape. Several people asked for the lasagna recipe, so I'll make copies available at the end of June. Just ask at the reception desk.

In July, Culture Day will highlight Canada. Darrel Docking, a native Canadian, will serve as the Host. I'm sure you will learn something about our neighbors to the north. So don't forget to sign up and pay early, so Darrel will know how many to plan for.



CRUISE

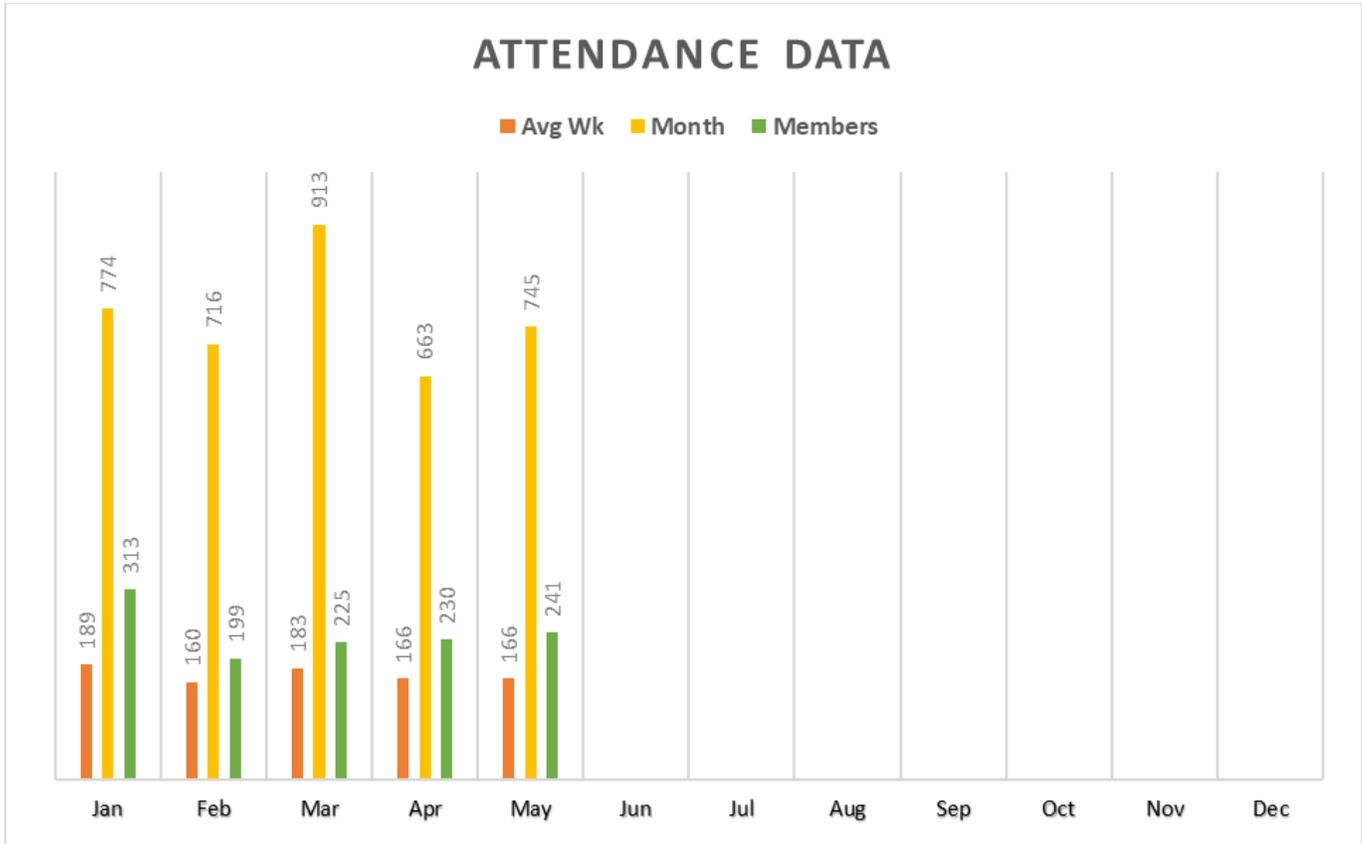
by Mary Riordon

The "Recycled Teens" are on the move again! A cruise has been selected with the Carnival Dream for eight nights, April 20-28, 2024. The cruise leaves from Galveston going to Key West, FL, and several stops in the Bahamas: Half Moon Cay, Freeport, and Nassau. Barry Atlas is our personal vacation planner with Carnival. To reach Barry for deposit and cabin prices, call 800-819-3902 ext 82327 or email BATlas@Carnival.com and mention Recycled Teens, groupT1D1H1. I am our TOTH contact at 512-260-8876 (landline so NO texts). Looking forward to a great time !!!

TOTH 2023 ATTENDANCE FACTS AND FIGURES

by Frank Mignoli

May membership rose to 241, an increase of 11 from April. However, the weekly average remained the same at 166 for the 5 week month. The attendance for the month was 745. Remember, if you see someone you don't know, introduce yourself and welcome them to TOTH.



CALENDAR NOTES

- Movie Day is at 1 pm on July 1st; the movie is the comedy 'Jerry and Marge Go Large.'
- The Romeo and Juliet dinner is at 5:30 pm on July 6th at Pappadeaux, 11617 Research Blvd.
- There will be a 'Breakfast Meet and Greet' at 9 am on July 12th given by Village Medical, with breakfast tacos supplied, discussing their services.
- Meet & Eat is at 1 pm on July 18th at P. F. Chang's, 10114 Jollyville Rd.
- Culture Day is at 12 noon on July 19th, about Canada.
- Sit & Fit and the Finance Committee meetings are off for the summer.
- Check our website for some planned special fundraising events!



NOTE FROM CAROLYN

Thank You



To all of you who came to the Tea/Luncheon that was given to me and all the good thoughts that were said.

Thank you! Especially Mayor Jim Penniman-Morin and Mayor Pro-Tem Anne Duffy. What a surprise that was. I so appreciate all of you and want to say I'll miss you all. Treasure of the Hills is a very special place and if I ever get back up this way, I'll be sure to stop in.

JULY 2023
VOLUNTEER
OF THE MONTH

by *Ellen Fannin*

The July Volunteer of the Month is Denny Clauson, Treasurer of our Board of Trustees and avid bridge player.

TOTH Membership

Five years ago, Denny was looking for a place closer to his home to play bridge. Bridge is one of his true pleasures in life. A friend recommended Treasure of the Hills. When Denny checked us out, he joined right away.

Volunteer Activities

Denny currently serves on the Board as Treasurer, but previously was Vice President. In addition to his Board work, he has been a liaison to the City on issues and needs that we have had with the facility. He was one of the people responsible for organizing our first movie events and got the large screen TV set up so that we could enjoy movies and sporting events together. He helps with the Friday bridge group and is the mastermind behind some of our upcoming social events for the fall. Denny volunteers because he recognizes the benefits of helping to keep seniors active and himself mentally sharp.

Getting to Know Denny

Denny was born in Iowa, but at the ripe old age of 2 weeks, he and his family moved to St. Paul, Minnesota. This is where he grew up; he later moved to Eau Claire, Wisconsin, where he and his wife, Barbara, lived until moving to the Austin area.

Before retiring, Denny worked as an electrical designer, specializing in schools and hospitals. One of the achievements he is most proud of is designing over 60 new K-12 schools during his career.

He loves doing landscape gardening and the yard at his home is a certified wildlife habitat. Denny lights up as he talks about the flowers and wildlife around his home.

Another love, in addition to playing bridge, are his three cats, Lulu, Beetlejuice and Zzyzx. The cats keep him laughing with their antics. He also feeds about four feral cats from around the neighborhood.

He loves to watch movies, and science fiction and fantasy are his favorite genres, movies like “Lord of the Rings,” and all the Star Wars and Star Trek movies.

A couple of interesting facts about Denny. He has been married to Barbara for 48 years. And he has never missed watching the Super Bowl games since they began in 1967.

Favorites

Favorite Sport: Football

Favorite Team: Minnesota Vikings (although he first said, “Anyone but Dallas”).

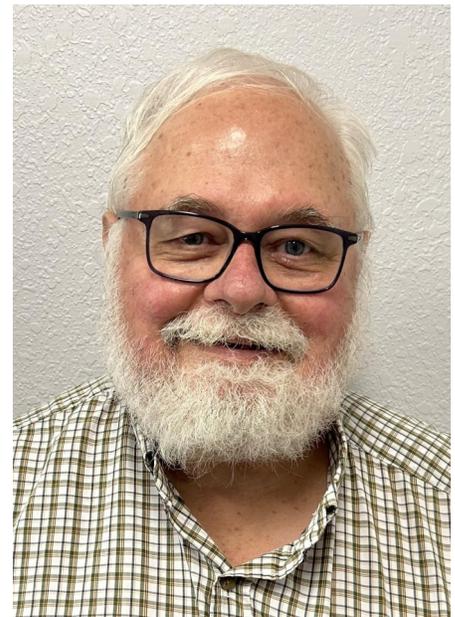
Favorite Movie: “Dr. Strangelove”

Favorite Color: Blue

Favorite Food: Lasagna

Morning or Night Person: Morning

Chocolate or Vanilla: Strawberry





JULY BIRTHDAYS

Gail Brennen	01
Pat Harlan	01
Lisa Chmelar	02
Isabel Freer	04
Sue Holmes	04
Betty Walker	10
David Sechrest	13
Irma Weeks	16
Richard Stein	17
Christa Montoya	18
Yvonne Hale	20
Betty Carroll	22
Mary Riordon	22
Mike Perkins	23
Sheri Wallace	23
Gerri Caputo	25
Jeanne Allison	26
Mark Chadwick	26
C.W. Clark	27
Mike Davison	27
De Leviah	28
Sharon McLain	29
Yolanda Blanco	31
Rich Stone	31

OOPS! Apologies to Eloise Ragsdale for missing her birthday. It was June 12th.



JULY ANNIVERSARIES

Doc and Lori Rainey	08
Maggie and Bob Ingraham	17
Dottie and Jim Cowan	21
Barb and Frank Elrod	22
Herb and Pat Zwernemann	24



NEW MEMBERS

Betty Carroll
 Betty Dubelbeis
 Denise Fitzgerald
 Dale Gates
 Doc and Lori Rainey
 Becky and Gus Robbins-Penniman
 Irma Weeks



RETURNING MEMBERS

Nancy Hayter
 Connie Robertson
 Donna Tolleson

FROM THE EDITOR

by Barbara Duprey

We sure do love to eat, don't we?! This causes a bunch of tricky scheduling problems, between Center events (Salad/Soup Day, Culture Day, Breakfast Day) and off-site events (Romeo and Juliet dinners, Meet & Eat). The Center events involve the same core people (Frank Mignoli is generally doing a lot of planning and cooking, for instance, and then there's Lisa and the setup/cleanup crew). So they should go in different weeks, and the off-site ones require quite a bit of lead time to set up and can't easily move. So if there are occasional conflicts like Salad Day and Meet & Eat being on the same day -- please just grin and bear it!

Please send feedback on the Gazette to bduprey@austin.rr.com.

A hug for you, my friend



Rhoda Lloyd
 Ken and Mary Riordon
 Barb Elrod
 Gail Middleton

BOARD OF DIRECTORS

President: Ellen Fannin
Vice President: (open)
Treasurer: Denny Clauson
Secretary: Ann Mignoli
Directors:

Frank Mignoli
Pat Thomas
Floresa Williams
Philip MacDonald

MANAGING DIRECTOR

Lisa Leirvaag
toth.director.tx@gmail.com

GOLDEN GAZETTE

Editor: Barbara Duprey
bduprey@austin.rr.com

COMMITTEES

Finance: Denny Clauson
Nominating: Gail Brennan
Hospitality: MarEllen Basalyga
Special Events & Resource Dev.: Ellen Fannin
Publicity & Public Awareness: Phyllis Walker

OPERATIONS

Building Maintenance:
City of Cedar Park
(contact Lisa Leirvaag)
Kitchen Mgr: Lisa Leirvaag
Supplies: Lisa Leirvaag
Membership:
Lisa Leirvaag
Jeanne Allison
Barbara Duprey
Receptionists: Mary Riordon
Bookkeeping: Lori Rainey
Memorials: Jan Clark
Sunshine: Jan Clark
Memorial Garden:
Lisa Leirvaag
Historian: Ruby Banks,
Gail Brennan
Library: Ruby Banks



ACTIVITIES

Breakfast *: Pat Fiero,
Frank Mignoli
Salad/Soup *: Frank Mignoli
Meet & Eat *: Lisa Chmelar,
MarEllen Basalyga
Romeo and Juliet:
MarEllen Basalyga
Golf: Frank Mignoli
Sit & Fit: Pat Fiero
T'ai-chi: Dr. Tom Barrett
Crafts/Jewelry Making *:
Mary Riordon
Quilting Bee: Cindy Glenn
Movie Day:
MarEllen Basalyga

GAMES

Bingo
Monday: Barbara Duprey
Friday: Joe Gleaton
Bunco *: Carolyn White
Canasta *: Bobbie McKissick
Cribbage: Stan DeRocher
Hearts *: Chris Campbell
Mahjong: Georgia White
Mexican Train:
MarEllen Basalyga
Pinochle: Jeanne Allison
Poker: Jerry Rubin
42: Nancy Kingston

BRIDGE

Duplicate Bridge *
Tuesday: Frank Mignoli
1st & 3rd Tuesday:
Sheila Perkins
Friday: Ken Birdwell
3rd Friday: Joyce Francis,
Sheila Perkins
Saturday: Carolyn Patrick
Rubber Bridge *
Tuesday: Ed Williams

* Signup Required



Contact information for these members is available —
call 512-331-6000.

July 2023

SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required # Signup Required & Pay in Advance	DAILY: 11 ⁰⁰ '42' 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	DAILY: 9 ³⁰ RbrBrdg* 10 ⁰⁰ Canasta* 1 ⁰⁰ DupBrdg* 1 ³⁰ Poker	DAILY: 9 ⁰⁰ and/or 10 ⁰⁰ Hearts*	DAILY: 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 12 ⁰⁰ Quilting 1 ⁰⁰ MexTrain 1 ³⁰ Pinochle	DAILY: 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	
						1 1 ⁰⁰ Movie Day
2	3 DAILY	4 CENTER CLOSED FOR 4TH OF JULY	5 DAILY + 10 ⁰⁰ ExCmte 10 ⁰⁰ Jewelry Making* 1 ³⁰ Bunco	6 DAILY + 5 ³⁰ Romeo & Juliet*	7 DAILY	8 1 ⁰⁰ DupBrdg*
9	10 DAILY + 10 ⁰⁰ BOD	11 DAILY + 12 ⁰⁰ Salad Day*	12 DAILY + 9 ⁰⁰ Breakfast Meet and Greet*	13 DAILY	14 DAILY	15
16	17	18 DAILY + 9 ³⁰ DupBrdg* 1 ⁰⁰ Meet&Eat*	19 DAILY + 12 ⁰⁰ Culture Day* 10 ⁰⁰ Jewelry Making*	20 DAILY	21 DAILY + 9 ⁴⁵ DupBrdg*	22 9 ⁰⁰ Breakfast Day*
23 / 30	24 DAILY	25 DAILY	26 DAILY	27 DAILY	28 DAILY	29



Please Remember:
Sign in and out
Sign up for classes and meals

Missing something? Check the Lost and Found!

Gazette Deadline —
17th of each month



Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com