



The Golden Gazette

September 2023

Treasure of the Hills Senior Center
Volume XXXIII Number 9

TOTH TALK

by Ellen Fannin, Lisa Leirvaag, and Ann Mignoli

From the President

The Senior Expo was, by all accounts, a huge success! We had 34 vendors, one of which was the Treasure of the Hills table. Our volunteers talked to lots of folks and we expect to see a sizeable uptick in membership as a result of it. Because the Expo is our major fundraiser, we initiated two additional streams of revenue this year which helped us to quadruple our income from previous years.

We had four businesses come on as sponsors; we hope that everyone will support them when possible. Our Gold Sponsor was Senior Health Professional and Andrea Coles was instrumental in helping us with social media posts. She is presenting a program on September 13th.

The Heights at 8721, a new 55+ apartment complex, was a Silver Sponsor and we are talking with them about sponsoring an activity or event at the Center.

Mobility City and Seniorific News were both Bronze Sponsors. There is a sweet story (see page 2) that Ginger Kral of Mobility City shared with us.

We also included ads in the Expo program which generated additional income, and we are grateful to all the vendors who took advantage of this opportunity.

I personally want to acknowledge and thank all those who helped with the Expo, as well as all those who attended. Thank you for your help and support!

Be sure to take the time to read all the articles on upcoming events. We have a lot going on this fall and we want to make sure you don't miss out!



Administrative Notes

Beginning Monday through Wednesday, September 11-13, TOTH will be getting new windows. Some noise is to be expected. Activities close to the windows can request to be moved. We will do our best to accommodate you.

September is a "Clean Out the Refrigerator" month. Any items that are opened, out-of-date, or unmarked will be removed from the fridge on September 29th. If you have placed anything in the refrigerator recently, please remove it prior to this date.

The Pinochle group is looking for more players and substitute players. They would like to have a morning and afternoon group. Interested? Leave name and phone number with Lisa Leirvaag.

Board Secretary Report

The following items were discussed at the August Board Meeting:

Seeking candidates for VP office. You should have received an email outlining details on August 16th. The same information is on the bulletin board.

Finalizing plans for Game Day and Bake Sale Fund Raising Events scheduled for September 16, 2023 (see page 4).

Another successful Senior Expo (see Ellen's item on this page).

Two large free-standing mirrors will be purchased through the Memorial Donation Fund for T'ai-chi participants to utilize.

TOTH will be accepting credit cards soon! See article on page 3, and watch for further information.

A person who never made a mistake never tried anything new.

— Albert Einstein

WHO SAYS THERE IS NO FREE LUNCH?

Treasure of the Hills Senior Center will be the recipient of four meals prepared by Chef Felix and staff of the Salt Kitchen. Salt Kitchen is a culinary program that is part of the non-profit organization, Jail to Jobs. This organization is an employment-based mentoring program that helps youthful offenders re-enter society following incarceration and empowers them to find purpose, potential and achievement.

Jail to Jobs received a grant from the City of Cedar Park which specified the monies were to be used to feed seniors.

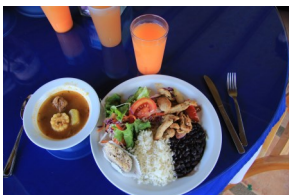
We want to encourage you to bring your friends who are potential TOTH members to the chef-prepared lunches, all served at 12:00 noon. It is imperative that you register for these lunches in advance so that we can provide an accurate head count to Chef Felix. Lunch is provided at no charge.

Wednesday, September 13 – Andrea Coles of Senior Health Professionals (Gold Sponsor at the Expo) will present “Make It Stop! Are Medicare Calls Out of Hand?” The Salt Kitchen will provide lunch for this event. Register by September 6th.

Wednesday, October 25 – Pedernales Electric will present a program (topic to be announced in the October Gazette). Lunch is provided at no charge by Salt Kitchen. Register by October 18th.

Wednesday, November 15 – Chef Felix and Salt Kitchen will serve TOTH members an epicurean Thanksgiving feast. No charge. Register by November 8th. Watch for more details in October and November Gazettes.

Wednesday, December 13 – Come celebrate the holidays with a festive and delicious holiday meal provided by Salt Kitchen, Chef Felix and staff. Register by December 5th. Additional details will be provided in upcoming Gazettes.



DONATIONS

We are truly grateful for the generous hearts of all of our members. However, we have run out of space for puzzles and DVDs.

Please contact Lisa in the office before you donate anything to the Center to make sure it is something TOTH needs and/or has space to store.

TOTH SENIOR EXPO CHANGING LIVES

The following story was shared by Ginger Kral, Owner/Director of Marketing for Mobility City, one of our vendors and a Bronze Sponsor at the 2023 Senior Expo. It is such a testament to the good our Senior Expo does!

We love blessing others here at Mobility City of Central Texas! At the 2023 Senior Expo, hosted by Treasure of The Hills Senior Center and the City of Cedar Park, we had a door prize of a Drive Nitro Rollator. The winning ticket person didn't need or want the rollator, so I asked if I could gift it to someone at the event who really needed it. They loved the idea!

When this Korean War Veteran came up with his small beat-up rollator, I had him try it out. HE LOVED IT! When I told him that we were gifting it to him and the reason why, we all got a little emotional.

It was such a BLESSING!



Ginger Kral with the happy Veteran!

TOTH ELECTIONS FOR 2024 by Gail Brennen

— Nominating Chair, email:pbrennen@aol.com

Election Time is coming next month! We are calling on our members to continue making our Senior Center the envy of Cedar Park and surrounding areas by volunteering as our officers and board members, who will begin their terms in January. Please let me know if you're interested in serving our wonderful Center.

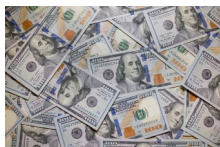
TREASURER'S REPORT

by Denny Clauson

July Income: \$6,119. Main sources of income – church rental, Senior Expo.

July Expenses: \$4,354. No unusual expenses in July.

Unrealized gain/(loss) – The Investment account increased \$3,862; the Memorial account increased \$1,231.



CREDIT CARDS AT TOTH

We are in the process of setting up to be able to accept credit cards for meals, activities and membership dues at Treasure of the Hills. Front desk personnel will be trained to take credit card purchases. If you want to use your credit card to make a purchase, you will need to come to the front office for the transaction. You can also pay for lunches and breakfast at the desk in the dining room the day of the meal. Just be sure that you have registered in advance.

SIT & FIT

by Pat Fiero

Well, September is here and we are ready to resume Sit & Fit. If you have never attended a session and would like to work on your strength and balance, this is a good time to start.

The workouts are very low key and most anyone can participate. You can go at your own speed.

For those who have been active in the program, I hope that you will return and bring a friend with you!

It has been suggested that we get a "live" instructor. It might mean that we would have to pay if we couldn't find a volunteer. If you have any suggestions, let me hear from you. My phone number is 512-970-4160. Please feel free to leave a text message or voice mail.

I look forward to seeing you soon!



2023 TOTH CHILI COOK OFF FUNDRAISER

by Denny Clauson

Chili cookers and eaters, sign up now!

The October 7th date coincides with the Texas vs Oklahoma game. There is a signup sheet in the reception area, \$5 for eaters, cookers get in free.

Drinks, cornbread, chili toppings, and dessert are provided.

The prizes for first and second place will be custom aprons made by a local artisan.



CRUISE

by Mary Riordon

This fund-raiser cruise (TOTH can earn rebates based on bookings) is scheduled April 20-28, 2024. The Carnival Dream leaves from Galveston, TX and goes to Key West, FL and several locations in the Bahamas (Freeport, Half Moon Cay, and Nassau), then returns to Galveston. 10 cruisers have already booked with our personal vacation planner at Carnival Cruise Lines. For cabins and prices contact Barry Atlas at 800-819-3902 ext 82327, or email BATlas@Carnival.com; or call Mary Riordon at 512-260-8876 (landline).



JEWELRY MAKING

by Mary Riordon

“Connie's Crew”

The 1st and 3rd Wednesday attendees will continue to create beaded items. Betsy, Connie's assistant, will be available to help if Connie is unable to attend. Their creations are gorgeous!

“Donated Jewels” will begin meeting on the 2nd and 4th Wednesday at 10 am in the TOTH library to use our donated gems. We will not have a specific instructor but many of our designers have great talents to share. Many tools and supplies are waiting for you!!

TOTH 2023 ATTENDANCE FACTS AND FIGURES

by Frank Mignoli

For the month of July the average weekly attendance was 173. The total attendance for the month was 719. Membership continues to increase. Membership increased in July by 16 to 271.

MAY: 241

JUN: 255

JUL: 271

CRAFT SALE

by Mary Riordon

Another upcoming event! There will be a Craft Sale on October 21st from 10 am to 2 pm. Vendors, please sign up in the reception area. Mary will contact you.



GAME DAY AND BAKE SALE FUNDRAISER

by Frank Mignoli

Come and have fun and help support TOTH at the Game Day and Bake Sale, Saturday, September 16th, 2023 from 10 AM to 2:30 PM. Non-members are welcome. Duplicate Bridge, Canasta and Mexican Train (Dominoes) are the games. There will be a Silent Auction with gift cards for groceries, restaurants, and other items.

A light lunch will be provided during a break at noon, consisting of a variety of lunch meats to make your ideal sandwich, with bread, cheeses and condiments, chips, lemonade and tea.

Prizes for both the morning and afternoon games will be awarded for the Canasta and Dominoes games, while money prizes will be awarded at the Bridge games.

A full-fledged Bake Sale will be held in the reception area, so you do not need to pay to play any of the games to purchase baked goods. Of course, that also means you don't get lunch! (Donations of cookies, candy, pies, cakes, etc., are requested, please see signup sheet in the reception area.)

The cost will be \$12 per person for Bridge, \$10 per person for Canasta and Dominoes, to be paid in advance in order to determine how much food to purchase. Please sign up as soon as possible so we can determine the best setup arrangements.



CALENDAR NOTES

- Tuesday Rubber Bridge has a new starting time of 10 am.
- Thursday Pinochle has a new starting time of 11:30 am.
- Movie Day is cancelled for September.
- There are now two groups of jewelry makers: 'Connie's Crew' on the 1st and 3rd Wednesdays, and 'Donated Jewels' on the 2nd and 4th Wednesdays.
- Fall Prevention presentation by AGE of Central Texas is on September 6th at 10:30 am.
- TOTH Dinner Club (was Romeo and Juliet) dinner is at 6 pm (new time) on September 7th at Rumaan's, Lakeline Mall — use out-

side door between Macy's and Dillard's; Mediterranean.

- The September 12th session of Duplicate Bridge is cancelled.
- On September 13th at noon is a presentation by Andrea Coles of Senior Health Professionals: 'Make it Stop — Are Medicare calls out of hand?'; FREE LUNCH!
- Game Day / Bake Sale is on September 16th at 10 am.
- Meet & Eat is on September 19th at 1 pm at Mandola's, 12100 Parmer Lane #200; Italian.



SEPTEMBER 2023



VOLUNTEER

OF THE MONTH

by Ellen Fannin

The September Volunteer of the Month is Joe Gleaton, “Mr. Bingo” to many here at Treasure of the Hills.

TOTH Membership

Joe and Ann, his wife of 63 years, have been members of TOTH for approximately three years. They heard about TOTH from their daughter’s co-worker who had found it for her parents. Joe and Ann had moved to the Austin area in 2018 from Odessa. They had been a part of a senior center in Odessa and really enjoyed it so they wanted to find a senior center in this area to get involved with as well.

Volunteer Activities

Sometimes, it’s not how many things you volunteer to do, it’s a matter of how consistent you are at the activity where you volunteer. That is the case with Joe. He was an experienced bingo caller at the senior center in Odessa, so it was a natural thing for him to volunteer to become a bingo caller at TOTH. He has been calling out those numbers for close to two years, and thoroughly enjoys it. When asked why he volunteers, he says, he likes the game, enjoys getting to know and talking with the players, but the most gratifying part of it is seeing the faces of the winners when they call out “Bingo!”

Getting to Know Joe

Joe is a West Texas boy, evident in his true Texas drawl. He was born in Wink, TX, where he was the neighbor of singer Roy Orbison for a short time. However, when he was very young, the family moved to Odessa where his father worked in the oil fields. Although the family moved away from Odessa a couple of times, and Joe spent 3 years in the Army, he always returned to his hometown until he and Ann moved to Austin to be closer to family.

As a youngster, Joe says his family didn’t have much but they would love to drive over to Pecos to get cantaloupes. He also recalls a couple of vacations when the family drove to Ruidoso, NM and Triple Creek, CO.

Joe retired in 1992 from a 34-year career as a chemical lab technician. He is an avid reader and enjoys reading just about anything. He loves doing crossword puzzles and watching Jeopardy. He says it keeps his mind alert. He laughingly says his other hobby is staying happy and healthy.

He and Ann have one daughter, two grandsons, and seven great-grandchildren; three live here in the Austin area and the other four are in Odessa. He loves spending time with the great-grandkids; he says it keeps him young.

Being a country boy at heart, his ideal vacation would be to visit Colorado, Montana and Wyoming, as long as there were no wildfires to contend with and the weather was cooler.

Joe is quick to laugh and enjoys “jokes about us experienced retirees.” He and Ann both have really enjoyed their lives here and getting to know the people at Treasure of the Hills.

We have enjoyed getting to know you, too, Joe! Congratulations on being our September Volunteer of the Month!

Favorite Things

Favorite Sport: Golf; used to be playing, but now it’s mostly watching on TV. He and Ann also watch the Cowboys football games. He laughs when he says Ann enjoys bad-mouthing them.

Favorite Movie: “Bury My Heart at Wounded Knee,” a documentary about the plight of Native Americans

Favorite Color: Steel Blue

Favorite Food: Barbeque anything

Morning or Night Person: Mostly morning

Chocolate or Vanilla: Peaches and cream





SEPTEMBER BIRTHDAYS

Al Pate	05
Bonnie Meyer	06
Connie Varon	09
Phyllis Walker	09
Connie Hawkins	12
Phyllis Epps	13
Charlene Palmer	13
Gerri West	19
Al Lowenstein	21
Lucy Cacciavellani	22
Maggie Ingraham	23
Sherry Peterson	23
Sheila Perkins	26
Helen McGarrah	29



SEPTEMBER ANNIVERSARIES

Ann and Bryan Powell	03
Ben and Penny Trimble	06
C.W. and Jan Clark	13
Doris and Rich Stone	19
Karen and Larry Zabcik	22
Lyle and Kathy Williamson	25



NEW MEMBERS

Kate Albrecht
 Mary and Ron Baehl
 Annette Davis
 Ann Powell
 Dave and Gayle Schedler
 Lorri Walborn

FROM THE EDITOR

by Barbara Duprey

I wasn't sure I'd be able to fit everything in this time — this joint is really jumping!

You've probably noticed that a primary focus is various activities designed to raise funds for TOTH operations — and have fun while doing it! The biggest event was our annual Senior Expo, which was a resounding success this year. Thanks so much to Ellen, Lisa, and everybody else who worked so hard to prepare for it and to make things run smoothly on the day.

Special thanks also to Frank Mignoli and Denny Clauson for organizing our upcoming events — the Game Day / Bake Sale, Chili Cook Off, and Texas Hold 'Em Poker Event.

Since we're a volunteer organization, everybody's participation is key. We're trying really hard to make it possible to keep dues at their current rate. Especially with prices for just about everything way up, we are doing our best to hold the line.

Please send feedback on the Gazette to bduprey@austin.rr.com.

HELP WANTED!

We really need teams to help with our communications, especially the website contents. (This is just reviewing what's there, not actually updating it.) Keeping it current is an ongoing activity. Please consider helping if you can. Thanks!

A hug for you, my friend



Rhoda Lloyd
Ken and Mary Riordon



Gail Middleton
Pat Thomas

BOARD OF DIRECTORS

President: Ellen Fannin
Vice President: (open)
Treasurer: Denny Clauson
Secretary: Ann Mignoli
Directors:

Frank Mignoli
Pat Thomas
Floresa Williams
Philip MacDonald

MANAGING DIRECTOR

Lisa Leirvaag
toth.director.tx@gmail.com

GOLDEN GAZETTE

Editor: Barbara Duprey
bduprey@austin.rr.com

COMMITTEES

Finance: Denny Clauson
Nominating: Gail Brennan
Hospitality: MarEllen Basalyga
Special Events & Resource Dev.: Ellen Fannin
Publicity & Public Awareness: Phyllis Walker

OPERATIONS

Building Maintenance:
City of Cedar Park
(contact Lisa Leirvaag)
Kitchen Mgr: Lisa Leirvaag
Supplies: Lisa Leirvaag
Membership:
Lisa Leirvaag
Jeanne Allison
Barbara Duprey
Receptionists: Mary Riordon
Bookkeeping: Lori Rainey
Memorials: Jan Clark
Sunshine: Jan Clark
Memorial Garden:
Lisa Leirvaag
Historian: Ruby Banks,
Gail Brennan
Library: Ruby Banks



ACTIVITIES

Breakfast *: Pat Fiero,
Frank Mignoli
Salad/Soup *: Frank Mignoli
Meet & Eat *:
MarEllen Basalyga
TOTH Dinner Club *:
MarEllen Basalyga
Golf: Frank Mignoli
Sit & Fit: Pat Fiero
T'ai-chi: Dr. Tom Barrett
Crafts/Jewelry Making *:
Mary Riordon
Quilting Bee: Cindy Glenn
Movie Day:
MarEllen Basalyga

GAMES

Bingo
Monday: Barbara Duprey
Friday: Joe Gleaton
Bunco *: Ruby Banks
Canasta *: Bobbie McKissick
Cribbage: Stan DeRocher
Hearts *: Chris Campbell
Mahjong: Georgia White
Mexican Train:
MarEllen Basalyga
Pinochle: Jeanne Allison
Poker: Jerry Rubin
42: Nancy Kingston

BRIDGE

Duplicate Bridge *
Tuesday: Frank Mignoli
1st & 3rd Tuesday:
Sheila Perkins
Friday: Ken Birdwell
3rd Friday: Joyce Francis,
Sheila Perkins
Saturday: Carolyn Patrick
Rubber Bridge *
Tuesday: Ed Williams

* Signup Required



Contact information for these members is available —
call 512-331-6000.

September 2023

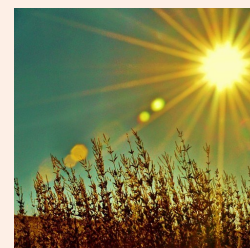
SUN	MON	TUE	WED	THU	FRI	SAT
* Signup Required # Signup Required & Pay in Advance	DAILY: 9 ⁰⁰ Sit&Fit 11 ⁰⁰ '42' 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	DAILY: 10 ⁰⁰ RbrBrdg* 10 ⁰⁰ Canasta* 1 ⁰⁰ DupBrdg* [not on 12th] 1 ³⁰ Poker	DAILY: 9 ⁰⁰ Sit&Fit 9 ⁰⁰ and/or 10 ⁰⁰ Hearts*	DAILY: 10 ⁰⁰ T'ai-chi 11 ⁰⁰ Mahjong 11 ³⁰ Pinochle 12 ⁰⁰ Quilting 1 ⁰⁰ MexTrain	DAILY: 9 ⁰⁰ Sit&Fit 10 ³⁰ Bingo 1 ⁰⁰ DupBrdg*	
					1 DAILY	2
3	4 CLOSED FOR LABOR DAY	5 DAILY + 9 ³⁰ DupBrdg*	6 DAILY + 10³⁰ Fall Prevention 10 ⁰⁰ ExCmte 10 ⁰⁰ Jewelry Making* 1 ³⁰ Bunco	7 DAILY 6⁰⁰ TOTH Dinner Club*	8 DAILY	9 1 ⁰⁰ DupBrdg*
10	11 DAILY + 10 ⁰⁰ BOD	12 DAILY	13 DAILY+ 12⁰⁰ 'Make It Stop!' Pres* 10 ⁰⁰ Jewelry Making*	14 DAILY	15 DAILY + 9 ⁴⁵ DupBrdg* 10 ⁰⁰ Finance Cmte	16 10⁰⁰ Game Day / Bake Sale
17	18 DAILY	19 DAILY + 9 ³⁰ DupBrdg* 1⁰⁰ Meet&Eat*	20 DAILY + 10 ⁰⁰ Jewelry Making*	21 DAILY	22 DAILY	23 9⁰⁰ Breakfast Day*
24	25 DAILY	26 DAILY	27 DAILY+ 10 ⁰⁰ Jewelry Making*	28 DAILY	29 DAILY	30



Please Remember:
Sign in and out
Sign up for classes and meals

Missing something? Check the Lost and Found!

Gazette Deadline —
17th of each month



Treasure of the Hills Senior Center

408 Ridgewood Drive, Cedar Park, TX 78613

Phone 512-331-6000

Open Monday-Friday 9am-3pm

www.toth-seniors.com