

The Golden Gazette Treasure of the Hills Senior Center

June 2025

Volume XXXV

Number 6

<u>Come Celebrate the Dads</u> Father's Day Lunch

We will be celebrating the fathers of Treasure of the Hills on Wednesday, June 11 at 12:00 noon with a Taco Plate lunch and some fun activities.

We want to show the men how much we appreciate them. This is open to all the men (and women) of TOTH. Please register in advance to allow sufficient time for us to prepare food.

As with the Mother's Day Luncheon, there will be activities with prizes during the lunch, and we are working on a special presentation just for the guys.

You can register to attend in the front office at the Center. The event is free for TOTH members; guests are \$5.

> Happy Father's Day on June 15! Wednesday, June 11—12:00 noon

Inaugural Meeting of the Writer's Group

Last month, we introduced the idea of a Writer's Group at Treasure of the Hills, and there has been a lot of interest.

So this month, we are announcing the inaugural meeting of the Writer's Group!

The Writer's Group is excited to announce its inaugural meeting at <u>11:00 a.m. on June 11th.</u> Join us as we embark on this journey together!

We will brainstorm a name for our group and discuss our future plans.

Additionally, we are thrilled to have a published author among us who will assist in unlocking our writing potential. Many of us have stories that we wish to preserve for our families, and this is the perfect opportunity to start that process.

Wednesday, June 11—11:00 a.m.

TOTH and GenLink featured in City's e-Newsletter

In the May 23rd issue of the City of Cedar Park's e-newsletter, the *Cedar Park Pulse*, Treasure of the Hills and the students from the GenLink organization were featured in a video and article. You can view the video by clicking this link: <u>https://youtu.be/dpzJcFLmlj8</u>

Dan Sousa, Assistant Director of the City's Communication & Engagement Department attended the May 17th tech session with GenLink and video-taped the interviews used in the video. We are so grateful to Dan and Fran Irwin, the Director of Communications & Engagement, for helping us share more about our Center and the Expo.

To sign up to receive the e-newsletter, visit www.cedrparktexas.gov and click on the "I Want To" tab at the top of the homepage. Then, navigate to the "Follow the City (Social Media)" column and select "eNewsletter." Follow the prompts to complete your registration.

GenLink to Spotlight Artificial Intelligence at June Session

At the June 14th session, the GenLink students will offer a presentation on Artificial Intelligence and ways that it can help you in your everyday life. These sessions are open to everyone. We only ask that you sign up in advance so we have plenty of students to help out. They will also be there to help with any tech issues you may have.

Saturday, June 14—10:00 to 11:30 a.m.

Golden Gazette

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Deadline for articles is the 17th of the previous month. Email submissions to

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We are incredibly grateful for the unwavering support the City of Cedar Park extends to Treasure of the Hills in numerous ways.

The most obvious means of support is the building where we are housed. The City not only owns the building and provides it to us free of charge, but they take care of all the maintenance and, as of last budget cycle, also pay our utilities.

The City's Parks & Recreation Department works closely with us on certain events. They have co-hosted three Puzzler Party events. They furnished bus travel for two day trips, the Painted Churches trip last September and the Wine Tour in April. We are working on another two or three trips in the Fall. There will be more information coming soon on these trips.

The Parks & Rec Department is also providing the entire Rec Center for the Senior Expo in October free of charge. This is allowing us to expand what we offer at our major fundraiser and we will have ample parking for attendees.

However, that is not the only help the City is providing with the Senior Expo. The Communications & Engagement Department are providing assistance to our event by producing the program for us and helping with publicity and marketing. We were recently featured in the City's e-Newsletter, the Pulse, in an article and video about the TOTH and the GenLink students who come on a monthly basis to help with technology questions. (You can view the video at https://youtu.be/dpzJcFLmlj8)

We are extremely grateful to the City of Cedar Park, especially Fran Irwin, Dan Sousa, Josh Rodrigue, Mike DeVito and Angela Niemic for their support. Plus, thanks the Councilmen (and women) who support us, Ann Duffy, Kevin Harris, Heather Jefts, Mel Kirkland and, of course Mayor Jim Penniman-Morin.

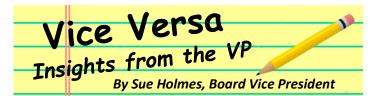
TREASURER'S REPORT By Denny Clauson, Board Treasurer

April Income : \$3,400 April Expenses: \$8,305 Investment Fund: Decreased \$1,198 Memorial Fund: Increased \$78



Even though stock market fell about 10% in April, our investments decreased less than 1% due to conservative nature of our investments.

Some unusual expenses in March and April have required the transfer of funds from investment fund to checking account to cover upcoming expenses for the summer months.



Hello, Members!

Thanks to all of you who have volunteered to help with Lunch and Learns.

June is a very busy month.

- On **June 4th**, we have a Lunch & Learn for a Velocity Chemical Trials Presentation and they will furnish lunch.
- On June 11th, we are having a Father's Day Lunch. The menu is a Taco Plate served by the ladies.
- On June 18th, the Lunch & Learn will be the Cedar Park Fire Department presenting Fire and Emergency Safety Tips.

Get ready for a **July 4th Picnic** (indoors and on **July 2**)!! We are having a dessert contest! Sign-up is required for lunch. Plus, we need 3 volunteers for dessert judging. See details on page 4.



June Topics:

Lunch & Learns are held on Wednesdays and there are often more than one in a month. For instance, there are two "Lunch & Learns" during June. A light lunch is served and enjoyed during the presentation. Register in advance to attend.

June 4th—Velocity Clinical Research

From the leading pharma companies, to the most pioneering biotech startups, Velocity supports those who are exploring new frontiers in human health.

Their presentation will include information about the clinical trials they are engaged in, especially those that might impact seniors.

June 18th—Cedar Park Fire Department

As we age, we don't move or react as fast as we once did. In that vein, the Cedar Park Fire Department is presenting a Lunch & Learn on "Fire and Emergency Safety Tips" geared specifically to seniors.

The lunch will be provided by TOTH members and all are encouraged to attend. As always, members are free; guests are \$5.



I am wrapping up my vacation!









See y'all on June 9th!

Board Nominations

We have been unable to identify a volunteer to head the Nominating Team. So, we did the next best thing. We put out a call for people interested in serving on the Board.

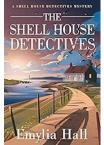
The structure of the Board is eight members: a president, vice-president, treasurer, secretary, and four board directors. Officers are elected annually for a one-year term. Directors are elected for two-year terms. The director terms are on a rotation basis with two directors positions available each year.

If you would like to become a part of the leadership of TOTH and serve on the board, contact Lisa Leirvaag, Board Secretary, in the front office, or email or text Ellen Fannin, Board President, at fanninellen@gmail.com or 512-689-3438.



The book clubs are always open to anyone who would like to join in the discussion.

Friday, June 13 —9:30 a.m. The Cozy Club Book Club meets on the 2nd Friday of the month. The June book is *The Shell House Detectives, by Emylia Hall*. The book is available on Audible and Kindle. The Cozy Book Club is open to all and drop-ins are welcome!





Friday, June 27 —9:30 a.m. The "Books in the Cedar Hills" Book Club meets on the 4th Friday of each month. The June book is Just One Damned Thing After Another, by Jodi Taylor. This book is available in hardcover, paperback, Audible and Kindle. The BCH Book Club is open to all and drop-ins are

welcome! The book club discussions are led by TOTH members. The groups are always open to new book suggestions.



The Recycled Teenagers are counting down the days until their great adventure, the Alaskan Cruise on the Discovery Princess. They will be departing from Seattle on Sunday, August 24th, though most travelers are arriving on the 23rd and will be staying at nearby hotels for the night.

Once onboard the ship, they will be sailing for seven days and nights, stopping at several ports, cruising to view glaciers.

Our rep at Princess, Dan Swislow, can be reached at <u>dswislow@princesscruises.com</u>. For pricing, available cabins, transfers to the ship, and more info, email Dan.

Our local person with cruise info is Mary Riordon, 512-260-8876 (*a landline, so no texting*). Happy Cruising!

Next Meeting: Wednesday, July 30—10:30 a.m.



by Betsi Newbury

The Jewelry Ladies have had a relatively quiet month, which included a couple of skipped weeks while Ann and Blanca traveled out of state to cheer for their granddaughters as they graduated from college. Congratulations to each family for making it through the school years!

My kids have four legs and fur, so I have only experienced schooling thanks to my nieces and nephews.

On the beading front, we still have one butterfly earring to make before starting our next pattern: a bracelet. Prepare to be impressed!

Coming in July... Independence Day Celebration!

We will be celebrating July 4th a couple of days early. On Wednesday, July 2nd, TOTH is hosting an Independence Day (indoor) Picnic. There will be hamburgers and hot dogs with all the trimmings! And, for dessert...we are hosting a Red, White and Blue Dessert Contest, with prizes for the top three winners! All desserts need to be red, white and/or blue; one, two or all three colors.

Additionally, we're rewarding those who dress to impress in patriotic attire, with prizes for the best-dressed male and female participants! So, pull out your red, white & blue outfits and come dazzle us!

The sign-up sheet for this event will be going up in mid-June.

We are grateful for **DONATIONS**

There are donation boxes in the front office and in the Great Room where you can drop any donation, large or small. They are appreciated!





Safety First!

As we dive into grilling season, let's discuss a vital safety topic: gas leaks.

Whether you're firing up your grill for a backyard BBQ or just enjoying a cozy evening outside, it's crucial to be aware of the dangers that gas leaks can pose.

Remember these safety tips:

1. Check for leaks: Before using your grill, inspect the hose and connections for any signs of damage or wear. A simple soap and water solution can help identify leaks - if you see bubbles, you have a problem!

2. Keep the area well-ventilated: Always grill outdoors in an open space. It helps prevent gas accumulation and reduces the risk of fire or explosion.

3. Know the signs of a gas leak: If you smell gas (a rotten egg odor), hear a hissing noise, or notice dead plants around your grill, take immediate action-shut off the gas, leave the area, and call for help.

4. Store propane tanks safely: Keep your propane tanks upright, in a cool, dry place, and

away from direct sunlight. Let's keep our grilling fun and safe! Share this post to spread awareness and ensure everyone enjoys delicious meals without the dangers of gas leaks!



What's Happening ...



by Josh Rodrigue, Recreation Manager Parks & Recreation Department

Swimming This Summer

Summer is here and when it gets hot, a great way to refresh is swimming. The Cedar Park pools opened on May 24th. Below are the hours and fee schedule for the three pools run by the Parks & Recreation Department of the City of Cedar Park.

Buttercup Creek Pool

411 Twin Oaks Trail (right next door to TOTH) Fees: \$3 Day Pass for under 60; \$2 for 60+ Hours: Closed on Mondays; Tuesday thru Saturday - 1:00 to 8:00 p.m.; Sunday - 1:00 to 6:00 p.m.

Milburn Pool

1901 Sun Chase Blvd. Fees: \$3 Day Pass for under 60; \$2 for 60+ Hours: Monday thru Saturday – 1:00 to 8:00 p.m.; Sunday – 1:00 to 6:00 p.m.

Veterans Memorial Pool

2525 W. New Hope Dr. Fees: \$5 Day Pass for under 60, \$2 for 60+ Hours: Monday – 12:00 to 7:00 p.m.; Closed on Tuesdays; Wednesday thru Saturday - 12:00 to 7:00 p.m.; Sunday – 12:00 to 6:00 p.m.

2025 aunch of 2025 Senior Expo SENIOR EXPO

Registration packets for the 2025 Senior Expo were emailed on May 12th to previous vendors. The packet included a cover letter with information about the Expo, the registration form, details regarding the three levels of sponsorship and sizing for program advertising.

We have received several applications already and anticipate reaching our goal of 60 vendors by the August 1st deadline.

The 2025 Senior Expo will be held on Saturday, October 4th from 9:00 a.m. to 1:00 p.m. at the Cedar Park Recreation Center in the gymnasium. Parking will not be an issue this year, as the Rec Center has not scheduled any other events the day of the Expo. We also have full access to the Center, including the Community Rooms, allowing us to have vendor presentations throughout the event.



June Session: Monday, June 16 3:00 to 5:00 p.m. Great Room

Bring your favorite snack to share; TOTH will provide drinks \$2 per card/No card limit (2 max is recommended) Cash Prizes Music Genre for June: Cars, Planes and Trains Come join the fun!

Tai Chi Sessions Continue



Tai Chi Instructor, Dr. Tom Barrett, is taking a one-year hiatus from our Tai Chi sessions. Tom will be in California for the year, but plans to resume teaching when he returns.

We will miss Tom, but are grateful that he plans to come back as instructor.

In the meantime, thanks to the suggestions and efforts of several of Dr. Tom's followers, the participants will be using recordings of Tom's classes to continue their practice.

Tai Chi sessions will continue to be provided weekly on Thursday mornings at 10:00 a.m. in the TV Room. The sessions are free.

Healthy Hints

Eat This If You Are Sick!

- ◆ Fever Coconut Water
- ♦ Cough Pineapple
- ♦ Sore Muscles Tart Cherries
- ♦ Cold & Flu Bone Broth
- Weak Immune System Mushrooms

- Inflammation Turmeric
- Congestion Peppermint Tea
- Upset Stomach Papaya
- ♦ Nausea Ginger
- Weak Eyesight Carrots
- ♦ Dizziness → Watermelon
- ♦ Anemia Spinach
- ♦ Heartburn Oatmeal

Movement Classes Help with Balance

Art Beat Dance & Movement classes meet on the 2nd and 4th Tuesdays of the month at 10:00 to 11:00 a.m. Each session is led by a trained instructor who teaches dance steps while you get some exercises and have some fun!

What few people realize is how much this dance and movement class can help you with balance and strength. The movements also help you with brain function as you are learning dance steps. And, you can do the exercises either standing or sitting, depending on your personal capabilities.

The sessions provided by the Art Beat Foundation and are \$5 per session. Come join the fun!

June Dates: Tuesday, June 10 & June 24



The Board has completed the revisions to the Policies & Procedures documents. They have been reviewing and revising the document to make sure that all the policies are in compliance with the current By-Laws. They will have one final review of the changes before publishing them.

It is clear that we need to replace our current folding chairs as many are in poor condition and unstable. Additionally, numerous chairs have seats that slope forward, making them uncomfortable to use. The board is currently exploring options for purchasing new chairs and is in discussion with suppliers to identify the most suitable styles and prices.

TOTH member Dennis Domanski has found a good home for the player piano that was in the TV Room. Thank you, Dennis!

- ◆ Sinus Infection Garlic
- ♦ Fatty Liver Beets
- ◆ Joint Pain Walnuts
- ♦ Dry Skin Avocado
- ♦ Low Energy Dates
- ◆ Sleep Problems Kiwi
- ♦ Acne Almonds
- ♦ High Cholesterol Oats
- ◆ Bad Breath Apples From Growthvibes.net



June Shared Meals

Members and friends are invited to join us for any of these events. Please remember that reservations are required! You can register in the front office of the Center or call 512-331-6000.

TOTH Dinner Club

Thursday, June 5 at 6:00 p.m. **Surf & Turf,** 601 E. Whitestone, Cedar Park Contact: MarEllen Basalyga, 512-905-1102

Meet & Eat Lunch Group

Tuesday, June 17 at 1:00 p.m. **Red Robin Gourmet Burgers & Brews**; 5011 183A Toll Rd., Cedar Park Contact: MarEllen Basalyga, 512-905-1102

Monthly Breakfast

Saturday, June 28, 9:00 a.m. TOTH Senior Center Great Room (Free for members; \$5 for guests. Sign up in advance; deadline is June 24. Seating is limited to



You are invited to share jokes, sayings and other humorous items. Email them to the Gazette at gazette.toth@gmail.com.

Contributed by Sterling Hartman Doctor: Your body has run out of magnesium. Me: Omg

Q: What is the difference between a cat and a comma?

A: The cat has claws at the end of her paws, whereas a comma is a pause at the end of a clause.

Two cannibals are eating a clown. One turns to the other: "Does this taste funny to you?"

June Presentations, Meetings & Events

Lunch & Learn: Clinical Research Trials Wednesday, June 4—12:00 noon (see article on page 3)

Art Beat Dance & Movement Class

2nd & 4th Tuesdays, June 10 & 24—10:00 a.m. Sign up in the front office; \$5 per session.

Writer's Group

Wednesday, June 11—11:00 a.m. (see article on page 1)

Father's Day Lunch

Wednesday, June 11—12:00 noon (see article on page 1)

Cozy Club Book Club

Friday, June 13—9:30 a.m. (see article on page 4)

GenLink Technology Session

Saturday, June 14—10:00 a.m. (see article on page 1)

Music Bingo

Monday, June 16—3:00 p.m. Bring snacks to share and come enjoy the fun! (see more detail on page 6)

Lunch & Learn: Fire & Emergency Safety

Wednesday, June 18—10:30 a.m. (see article on page 3)

BCH Book Club (Books in the Cedar Hills)

Friday, June 27—9:30 a.m. (article on page 4)





Rich Pastore	2
Helmut Rosin	6
Viv Brett-Littlechild	7
Dennis Schmidt	7
Lois Birdwell	11

Fred Kalt	20
Carolyn Patrick	22
Sterling Hartman	23
Bill Brown	25
Dee Rensch	30



NEW MEMBER RECOGNITION

April/May 2025

We want to take this opportunity to welcome our new members. We are so grateful that you have joined us. Treasure of the Hills (or TOTH, as we know it) is a special place where you can develop some wonderful friendships and participate in fun and entertaining events. Please know how much we appreciate each of you!



June Anniversaries

Ann & Frank Mignoli	1
Jeanne & Calvin Allison	3
Lisa & Dan Girouard	3
Kathy & Bob Bonardi	7
Karen & Philip MacDonald	10
Marlene & Wayne Hahn	13
Mary & Ron Baehl	17
Barbara & Phil Duprey	18
Wen & Tom Barrett	23
Jean & Leo Riggi	23
Liz & Larry Hagler	24

Hugs & Sunshine

Ruby Banks

If you or another member of TOTH is experiencing an illness or loss and need a little more sunshine in their lives, please contact the front office, 512-331-6000, to let us know.

We've all gone through, and may still be going through, a rough patch physically or emotionally. This is when we need to surround ourselves with others who often want to help in any way they can. Every member is important to us and we want to know that your are doing well.



The following individuals donated a memorial for Al Lowenstein who passed in February. Frances Carol Hastings The **Brag Box** is a new column in the Golden Gazette where you can brag on yourself, your children, your grandchildren or anything that makes you happy and proud. The tendency will be to just brag on grandchildren (as is the case this month), but we also want to hear about activities and events you have been involved with.

To submit something to be included in the newsletter, you can email your information along with a photo (if you have one) to **gazette.toth@gmail.com**. You can also text the information and photo to **512-689-3448**.

To be in the following month's issue, the information will need to be received no later than the 20th of the month. Below are some "brags" for June!

From Sue Holmes:

I am so proud of my great-nephew, KJ (Kovar Frazier, Jr.)! He started Teen Court with the Cedar Park Municipal Court last summer, at age 14, to earn hours for National Junior Honor Society. Now, he is a dedicated volunteer defense attorney and was awarded the Rising Star Award for his performance and skills obtained in just one year. He started as a juror and moved all the way up to defense attorney Teen Court. There is an article in the May 23rd issue of the Cedar Park Pulse e-newsletter about the Teen Court.





From Sandy Williams:

This is a picture of my wonderful great grandchildren! Ayla Grace is two years old and she is holding her newborn baby brother, Luka Hart. He is now 9+ weeks old; his birthday was March 27. Ayla calls him "Baby Uka." Our family is blessed! We are fortunate to live near each other.

From Ellen Fannin:

I am blessed with three wonderful grandchildren. David, the oldest, is 14 and just graduated 8th grade. He was active in the Theatre Department at Henry Middle School, acting in several plays this past year. He will be attending Cedar Park High School next school year.

Henry, age 12, takes after his mother and is the singer. He sang at the downtown club, Antone's, on May 18 with his band, The Soundwaves, from Rahda Music School.

Tara, my sweet and funny 6-year-old granddaughter, graduated kindergarten at Westside Elementary and is officially a first grader! She's growing up so fast. I am so proud of all three of them!

Photo Gallery: Mother's Day Tea Luncheon

TOTH celebrated the women on May 14th at a Mother's Day Tea Luncheon. The women stepped up to set seven beautiful tables, provide delicious food and present a self-orchestrated fashion show.

Prizes were given to the oldest mother (June Peterson at 92), the youngest mother (Mary Dustin at 68), and mother with the most children (Joan Neely with 5 children).

We also awarded a prize for the most correct answers on the trivia questions (MarEllen Basalyga), and to the woman who guessed the closest, without going over, the amount spent on the fashion show outfits (Pat Thomas).









Special thanks to the table hostesses, the women who furnished the delicious food and to Jim Anderson, Darrel Docking and Frank Mignoli for serving the women at the Mother's Day Tea Luncheon.





Photo Gallery: Mother's Day Fashion Show













Top Row: The models for the Mother's Day Fashion Show. L to R: Emma Sue Johnson, Lisa Leirvaag, Ann Mignoli, Gail Brennen, Mary Riordon, Nancy Weller, Phyllis Walker. The challenge was to put together a complete outfit for \$100. A couple of models went to their closet and found their fashions, others went to local stores and others shopped online. Phyllis

Walker won the award for the most stylish, although all the women looked great. Nancy Weller went casual with her beachwear. Mary Riordon was stunning in her pink and lavender. Gail Brennen bought her entire outfit, shoes, purse and all at Ross. Ann Mignoli found the shoes on sales and bought the green (her favorite) to match. Lisa Leirvaag's outfit in black & white was perfect and she topped it off with a fascinator. Emma Sue Johnson, despite going over the \$100, was gorgeous in her Chico's outfit.







BOARD OF DIRECTORS

<u>President</u> Ellen Fannin <u>Vice President</u> Sue Holmes <u>Treasurer</u> Denny Clauson <u>Secretary</u> Lisa Leirvaag

<u>Directors</u> Jim Anderson Pat Fiero Emma Sue Johnson Sandy Williams

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MANAGING DIRECTOR

Lisa Leirvaag Email: toth.director.tx@gmail.com 512-331-6000

STANDING COMMITTEES

<u>Finance</u> Denny Clauson <u>Nominating</u> Open <u>Special Events & Resource Dev.</u> Sue Holmes <u>Communications & Publicity</u> Open

OPERATIONS

Bldg Maintenance: Cedar Park (City) (Lisa Leirvaag is TOTH contact) Bookkeeping: Lori Rainey Kitchen & Supplies: Lisa Leirvaag Membership: Lisa Leirvaag Jeanne Allison Barbara Duprey Reception: Mary Riordon Memorials: Jan Clark Sunshine: Jan Clark Mem'l Garden: Jim Anderson Historian: **Ruby Banks** Gail Brennen Ruby Banks Library: Bulletin Board: Connie Ellis Newsletter: Ellen Fannin Website: Barb & Denny Clauson

REGULAR ACTIVITIES AND EVENTS

Breakfast (monthly)	. Pat Fiero & Frank Mignoli	Sign up Required
Lunch & Learn	. Sue Holmes	Sign up Required
Meet & Eat Lunch (monthly – locally)	. MarEllen Basalyga	Sign Up Required
TOTH Dinner Club (monthly – locally)	. MarEllen Basalyga	Sign up Required
Jewelry Making (weekly when in session)	. Betsi Newbury	Sign up Required
Golf (weekly)	. Frank Mignoli	• • •
Sit & Fit (3 x week)		
T'ai-Chi (weekly)	. Open	
Quilting Bee (weekly)	. Cindy Glenn	
Crochet Class (weekly)	. Sue Chesnut	
Art Beat Dance & Movement (2nd & 4th Tuesdays)	Outside Instructor	Sign up Required
Technology Classes (3rd Saturday)	. GenLink Students	Sign up Required
Book Clubs (2nd & 4th Fridays)		

GAMES

Bingo (Weekly on Monday)	Barbara Duprey	
Bingo (Weekly on Friday)	Barbara St. Marie	
Bunco (1st & 3rd Wednesday)	Ruby Banks	Sign up Required
Bunco (2nd & 4th Wednesday)	Barbara St. Marie	Sign up Required
Canasta (Weekly)		Sign up Required
Cribbage (Weeklý)	Stan DeRocher	Sign up Required
Hearts (Weekly)	Chris Campbell	•
Mahjong (Weekly on Thursday)		Sign up Required
Mexican Train (Weekly)		
Music Bingo (3rd Monday)		
Pinochle (Weekly on Tue. & Thurs.)	Becky Goad	• • •
Poker (Weekly).		

BRIDGE

Duplicate Bridge		
Tuesday (weekly)	Frank Mignoli	Sign up Required
1st & 3rd Tuesday	Sheila Perkins	Sign up Required
Friday (weekly)	Ken Birdwell	Sign up Required
	Joyce Francis/Sheila Perkins	
	Carolyn Patrick	
Rubber Bridge	,	5 1 1
	Eileen Brown	Sign up Required

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Sunday	Monday		Tuesday	Wednesday	Thursday	F	Friday	Saturday	٧
1	900 Sit & Fit 100 Cribbage 100 Bingo	7	9 ³⁰ Ladies Brdg * 9 ³⁰ Rubber Bridge* 3 10 ⁰⁰ Canasta * 11 ⁰⁰ Pinochle 11⁰⁰ Exec Comm Mtg 12 ³⁰ Poker 10 ⁰⁰ Dup Bridge	9°º Sit & Fit 9°°/10°º Hearts* 10°° Jewelry Class * 12°º Lunch & Learn- Clinical Trials* 1°º Bunco* 3°º Crochet Class*	10 ⁰⁰ T'ai Chi 11 ⁰⁰ Mahjong 11 ¹⁵ Pinochle 12 ⁰⁰ Quilting Bee 12 ⁰⁰ Mex Train* 6 ⁰⁰ TOTH Dinner Club*	900 Sit & Fit 10 ³⁰ Bingo 1 ⁰⁰ Dup Bridge*	it 6 o ridge*		7
8	9 ⁰⁰ Sit & Fit 10 ⁰⁰ Board Mtg 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	6	9 ³⁰ Ladies Brdg* 10 9 ³⁰ Rubber Bridge * 10 ⁰⁰ Art Beat Class * 10 ⁰⁰ Canasta * 11 ⁰⁰ Pinochle 12 ³⁰ Poker	900 Sit & Fit 900/1000 Hearts * 11 900/1000 Jewelry Class * 1100 Writer's Group 1200 Father's Lunch * 100 Bunco * 300 Crochet Class *	10 ⁰⁰ T'ai Chi 11 ⁰⁰ Mahjong 11 ¹⁵ Pinochle 12 ⁰⁰ Quilting Bee 12 ⁰⁰ Mex Train*	9 ⁰⁰ Sit & Fit 9 ³⁰ Cozy Book Club 10 ³⁰ Bingo 1 ⁰⁰ Bingo 1 ⁰⁰ Dup Bridge*	it 13 800k 13 °	1 ⁰⁰ Dup Bridge* 14 10 ⁰⁰ GenLink 14 Technology Session with Artificial Intelli- gence Presentation *	14 sion elli- on *
15 15 15 15 15 15 15 15 15 15 15 15 15 1	90° Sit & Fit 1 10° Cribbage 10° Bingo 30° Music Bingo*	16	9 ³⁰ Rbr Brdg* 10 ⁰⁰ Canasta* 11 ⁰⁰ Pinochle 12 ³⁰ Poker 1 ⁰⁰ Dup Bridge* 1 ⁰⁰ Meet & Eat*	900 Sit & Fit 900/10 ⁰⁰ Hearts* 18 10 ⁰⁰ Jewelry Class * 12 ⁰⁰ Lunch & Learn- Fire & Emerg Safety* 1 ⁰⁰ Bunco * 3 ⁰⁰ Crochet Class *	Center Closed 19 for the Holiday	 9³⁰ Ladies Brdg* 9⁰⁰ Sit & Fit 10³⁰ Bingo 1⁰⁰ Dup Bridge* 	s Brdg* 20 it o ridge*		21
22	9 ⁰⁰ Sit & Fit 2 1 ⁰⁰ Cribbage 1 ⁰⁰ Bingo	53	9 ³⁰ Ladies Brdg* 24 9 ³⁰ Rbr Brdg* 24 10 ⁰⁰ Art Beat Class* 10 ⁰⁰ Canasta* 11 ⁰⁰ Pinochle 12 ³⁰ Poker 1 ⁰⁰ Dup Bridge*	900 Sit & Fit 900/1000 Hearts* 25 1000 Jewelry Class * 100 Bunco* 300 Crochet Class*	10 ⁰⁰ T'ai Chi 11 ⁰⁰ Mahjong 11 ¹⁵ Pinochle 12 ⁰⁰ Quilting Bee 12 ⁰⁰ Mex Train*	 900 Sit & Fit 920 BCH Book Club 1030 Bingo 100 Dup Bridge* 	it 27 book 27 o ridge*	9ºº Monthly Breakfast*	28
29	9ºº Sit & Fit 3 1ºº Cribbage 1ºº Bingo	30	June 5 TOTH Dinne June 17 Meet & Eat *The red asterisk ir Reminder: Sign In	June 5 TOTH Dinner Club: <u>Surf 'n Turf</u> * — 601 E. Whitestone Blvd.—6:00 p.m. June 17 Meet & Eat: <u>Red Robin Gourmet Burgers & Brews</u> *— 5011 183A Toll R [*] The red asterisk indicates that Sign-Up is required Reminder: Sign In & Out each visit to the Center and tidy up after activities.	. — 601 E. Whitest et Burgers & Brew) is required he Center and tid	one Blvd <u>s</u> * 5011 1 y up after a	-6:00 p.m. 183A Toll R	Blvd.—6:00 p.m. 5011 183A Toll Rd.—1:00 p.m. after activities.	1
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