



The Golden Gazette

Treasure of the Hills Senior Center

December 2025

Volume XXXV

Number 12

For Those Experiencing Human Loss

Surviving the Holidays

The holidays can be the hardest time of year for those who have suffered through the devastating loss of a loved one.

If you've lost your loved one, please consider joining us for this free seminar at Treasure of the Hills on Monday, December 1st at 10:30 a.m. This seminar is hosted by the GriefShare team from New Hope First Baptist Church.

This free two-hour seminar will feature a video put together by experts and those who have gone through a devastating loss experience. You'll learn helpful tips and you'll hear testimonies of others who have walked through this hard time of year. You'll be given a wonderful booklet to take with you to help you plan your season. There will be a discussion time where you can talk about your own loss experience and most importantly, you'll meet others who understand.

The program is Bible-based, but not denominationally specific; all faiths are welcome. We hope you will consider joining us for this helpful seminar.

Please register for this session in the front office.

Monday, December 1—10:30 a.m.—Free

Coming in January

13-week GriefShare Class

Losing someone you love can leave you feeling isolated in your pain. GriefShare offers a compassionate space where your grief is understood and your healing can begin.



Christmas Luncheon Registration Open

The 2025 Christmas Luncheon will be held on Wednesday, December 17 beginning at 12:00 noon in the Great Room at the Center. It is important that you register in advance for the Luncheon. Space only permits seating for 80 people and the Thanksgiving Luncheon filled up quickly. We will keep a "Wait List" once the registration is full.

If you have registered, but find yourself unable to attend, please call the Front Office, (512) 331-6000, as soon as possible so we can notify those on the waiting list.

The meal will once again be provided by Chef Felix. The menu consists of Roasted Ham, Scalloped Potatoes, Sauteed Green Beans and Rolls. Dessert will also again be provided by Ketan Ajmera from The Springs Healthcare & Rehabilitation.

Entertainment

The entertainment will be provided by Roderick Sanford, singer extraordinaire. Best known for his portrayal of Marley in the Zach Theatre production of "A Christmas Carol," Roderick's rich baritone voice and witty repartee is guaranteed to keep you entertained.



Table Decorations

We are also looking for volunteers to decorate a table or two for the Christmas luncheon. If you are interested, please sign up at the front office! If you would like to help setting up tables and chairs for the Christmas lunch, or clean up afterwards, please get in touch with Lisa in the office.

Wednesday, December 17—12:00 p.m.

Golden Gazette

Volume XXXV No. 12

A monthly publication of Treasure of the Hills Senior Center, 408 Ridge-wood Dr., Cedar Park, TX 78613, 512-331-6000, www.toth-seniors.com. Open Monday thru Friday, 9:00 a.m. to 3:00 p.m. Annual Membership-\$35

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Deadline for articles is the 20th of the previous month.
Email submissions to gazette.toth@gmail.com

Table of Contents

A Christmas Carol	6
A Simple Ask	3
Bingo Callers Needed	4
Book Clubs & Party	7
Christmas Luncheon	1
Chuckles & Grins.....	13
Constable's Corner	8
Conversational Spanish	8
Cruisin'	9
December Anniversaries	14
December Birthdays.....	14
December Calendar	17
From the Director.....	3
GenLink.....	11
Grateful for Your Generosity	3
Healthy Hints	5
Holiday Fire Safety.....	5
Holiday Schedule	7
Hugs & Sunshine.....	6
In Memory	8
Installation of the Board.....	4
Leadership Personnel	16
Line Dancing	8
Lunch & Learn.....	6
Music Bingo	9
New Member Recognition	14
Parks & Rec Events	12
Photo Gallery: Thanksgiving	15
President's Message	2
Refugee Families	9
Senior Scribblers.....	10
Snack & Learn	6
Surviving the Holidays	1
TOTH & Social Media.....	13
Treasurer's Report.....	2
Upcoming Events.....	11
Veterans Wall of Honor	10
Vice Versa: VP Report.....	3
Volunteer Opportunity.....	8



President's Message

By Ellen Fannin

It seems like every year, we rush Christmas a little more. Retail stores launch holiday sales earlier and earlier, homes light up long before December arrives, and Christmas songs fill the air even before we've carved the turkey.

Don't get me wrong—I love the holidays, even the hustle and bustle of shopping. I've been known to go out at the busiest times on purpose, just to soak in the energy of the season. Still, I sometimes worry that by stretching the holidays so far, we risk losing some of their specialness.

But I also have a theory about why, even before we've celebrated Thanksgiving, so many homes are already dressed in twinkling lights and festive décor. With all the uncertainty and chaos we face day after day—and the relentless stream of political rhetoric that fills the airwaves—people are craving something gentler. I think we long for the kindness, generosity, and compassion that the holidays invite us to feel. No matter what we believe or where we stand, the unrest of the world nudges us to reach for something that reminds us we are still capable of goodness toward one another.

And maybe that's the heart of it.

If putting up lights in early November brings someone a sense of hope, if hearing "Silent Night" on the radio helps soften the edges of a hard week, then perhaps the timing doesn't matter as much as the intention. The holidays remind us to slow down, to appreciate each other, and to lean into joy wherever we can find it.

So whether your tree went up before Thanksgiving or long after or not at all, my wish for you is that this season—whenever it begins for you—brings a little peace, a little comfort, and a little more light into your days. Merry Christmas!

Merry Christmas



TREASURER'S REPORT

By Denny Clauson, Board Treasurer

- October income : \$2,889
- October expenses: \$7,537
(includes items that will be reimbursed)
 - Investment Fund increased : \$3,216
 - Memorial Fund increased : \$1,166
 - Total investments: \$312,153



Vice Versa

Insights from the VP

By Sue Holmes, Board Vice President



Hey folks, our next bus trip is in December. We are going to the Zach Scott Theater in South Austin to see "A Christmas Carol." See the outline for the evening on page 6.

I hope you enjoyed your Thanksgiving! Now that December is here, there's a lot happening. Keep a copy of the Gazette handy, as there's much to look forward to in the new year.

Hoping you have a Merry Christmas and a Happy New Year!!

Merry & **HAPPY NEW YEAR**
Christmas

We're Grateful for Your Generosity!

Thank you to all our TOTH members who donated to Reveal Thanksgiving Food Drive. Reveal has collected over 20,000 lbs. of food from numerous organizations throughout our community.

There are 930 families that have signed up for a Reveal Thanksgiving meal this year. That is 130 more than they anticipated. The need is great and your generosity and support is much appreciated!

Wishing you and your families a Happy Thanksgiving, Gail and Darrel



A Simple Ask at Christmas

As we approach the holidays and the time of the year when giving is on our minds, we ask that you add Treasure of the Hills to your year-end giving. Gifts to TOTH, as a non-profit organization, can help you avoid unwanted taxes.

The real advantage is that we will not send multiple texts or emails asking for donations. You will simply have our appreciation for your generosity to help us defray the cost of holiday luncheons and other activities.



From the Director

By Lisa Leirvaag

- If you volunteered at the Senior Expo in October and still have not returned the green polo shirt, please do so as soon as possible.
- The new black mesh chairs have arrived. If you wish to purchase one or more of the old red folding chairs, please contact Lisa at the office, 512-331-6000.
- We started to run out of parking spaces at the Thanksgiving luncheon. There is additional parking available in the Buttercup Pool parking lot since the pool is now closed. You can also park along Ridgewood Drive.
- Have you noticed the "Honor Wall" above the bulletin board in the hallway? The City maintenance crew mounted the pictures, flag and plaque for us and did a fantastic job. They also installed new EXIT signs. Now you cannot miss the exits in the dark.
- If you intend to join the Conversational Spanish course, please ensure you register and submit your payment to Lisa right before the class on Thursday.
- The Center will be closed from December 24 through December 28 and on January 1.



Merry Christmas
and
Happy New Year



Bingo Callers Needed

by Barbara Duprey

TOTH hosts Bingo twice a week—Mondays from 1:00 to 2:30 p.m. and Fridays from 10:30 a.m. to noon. Our regular callers (Barbara Duprey on Mondays and Barbara St. Marie on Fridays) occasionally need substitutes, and that's where you might come in!

If you'd be willing to help out from time to time, please let Lisa Leirvaag know. Calling Bingo is fun, easy, and—good news—your name does *not* have to be Barbara. Our Bingo players are a warm, supportive bunch, and you'll have help with all the behind-the-scenes tasks like payouts and keeping the game running smoothly.

No need to be a Bingo regular yourself—volunteering simply ensures that everyone who wants to play can do so without having to step in as caller.

We especially need a substitute for **Monday, December 8**, as one caller will be recovering from hip replacement surgery and the other will be off on a cruise.

Thanks so much for considering lending a hand!

Installation of the Board

Mary Riordon, one of our board's previous presidents, will install the 2026 Board at the Christmas Luncheon on December 17th.

The incoming board for 2026 is:

President—Ellen Fannin

Vice President—Sue Holmes

Treasurer—Denny Clauson

Secretary—Lisa Leirvaag

Director—Jim Anderson (*continues his term*)

Director—Pat Fiero (*continues her term*)

Director (*2-year term*) —Emma Sue Johnson

Director (*2-year term*) —Jeanne Allison

The board is here to serve the needs of the Center and its members. Please contact any of the board members with concerns, suggestions and ideas you may have to make our Center even better. You can contact any of the board members through the front office or the toth.director.tx@gmail.com email address.



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Current Treatment Trials for Adults and Children:

- Cardiovascular Disease
- Fatty Liver Disease
- **High Blood pressure**
- Elevated Cortisol (Cushing's Syndrome)
- Obesity and Weight Management
- Flu Vaccine
- - History of Stroke or Heart Attack
- Type 2 Diabetes
- High Cholesterol
- Asthma
- COVID-19 Vaccination

No insurance or financial payments are ever collected from participants.



Velocity is now offering complimentary ultrasounds as well, free of charge, to be screened for Fatty Liver Disease for **FREE**.

Just call for an appointment!

Healthy Hints

The holidays can really challenge our healthy habits. The stress we can experience, along with the calorie-filled treats can destroy our waistline. But with a little bit of forethought and conscious actions, we can still enjoy the holidays while maintaining our health. Here are a few tips that might help keep your holiday spirit intact.

Traveling

If you are traveling to visit friends and family this holiday, here are some tips to make it a more pleasant trip.

- Take frequent bathroom breaks. You definitely don't want the gift of a urinary tract infection for the holidays. There is even a free app called Flush, which provides a database of 190,000-plus bathrooms, including those with disabled access, and directions on how to get there.
- If you are driving, ensure you are well-rested. Pack healthy snacks such as nuts, dehydrated fruits, veggies, low-sugar energy bars and trail mix for the journey. Dress comfortably.

Shopping

- Use your shopping like a workout. Wear your workout clothes and definitely your tennis shoes for comfort. Don't look for a parking place so close. Find one further out to get some extra steps. Visit the anchor stores at either end of the mall and walk up the escalator.
- Avoid the Food Court. There is very little in the way of healthy food at a food court. If you might get hungry, stash some healthy snacks in your purse or pocket.
- When you're buying gifts for everyone else, treat yourself to something that catches your eye. It doesn't have to be expensive, but it might give you a boost to keep on shopping.

Party Time

There are always lots of gatherings during the holiday season which means lots of goodies to tempt you. Here are some tips to help you navigate through the party.

(continued on page 6)

Holiday Fire Safety Messages

from the Cedar Park Fire Dept.

By Adam Story

Administrative Assistant
Chief and Fire Marshal



The holidays are a time for gathering and celebrating. Unfortunately, they can also be a time of increased fire danger risk. Follow these simple safety tips below, to keep you and your family safe during the upcoming holidays.

- Use extra precaution when frying turkeys and other items. Never use a deep fryer inside your home or garage. Always use them outdoors and at least 10ft away from any walls or overhangs.
- Keep flammable decorations away from candles or other open flames.
- Don't overload electrical circuits with too many lights. Always follow manufactures guidelines when stringing lights together.
- Use surge protectors for interior decorations and lights. Never daisy chain surge protectors together.
- If you use a live Christmas tree, always keep the tree well-watered.
- Have a plan for accidental cooking fires by having a fire extinguisher or rated fire blanket nearby.

Avoid using electric space heaters, but if you must, keep them at least three feet away from flammable surfaces, and ensure it has a safety shut off if tipped over.

The logo for SOS Computers, featuring the letters "SOS" in a stylized font with a computer monitor icon inside the "O".

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Health Hints *(continued from page __)*

- Eat beforehand. Don't try to eat your meal at the party (unless it is a dinner party). Most party foods are filled with sugars and fats. Also, be sure to drink lots of water before you set out for the party. It's been shown that this can curb your appetite.
- Drink wisely. Limit your alcohol content and avoid sugary mixed drinks. Your best bet is champagne, light beer or a single serving of wine.
- The buffet table can be a danger zone. You want to enjoy yourself and some holiday treats are just too good to avoid. Choose wisely and balance your selections with healthier choices.
- Distance yourself from the snacks and buffet table. It's too easy to mindlessly munch while talking with friends.

Whatever you do for the holidays, be kind to yourself and enjoy those special moments.

Happy Holidays!

“A Christmas Carol” at the Zach

For those who are registered for the Zach Theatre production of *A Christmas Carol* on Thursday, December 4, 2025, here are the details:

- Meet in the Community Rooms at the Cedar Park Rec Center, 1435 Main St., at 4:30 p.m. for a barbeque dinner.
- Begin boarding the bus to the theatre between 5:30 and 6:00 p.m.
- Arrive at the downtown location of Zach Theatre.
- Depending on time, we may have time to enjoy a drink and listen to live music. Please bring cash for any purchases at the theatre.
- Performance begins at 7:30 p.m.
- Runtime of the play is 2 hours and 20 minutes with a 20-minute intermission.
- Following the performance, approximately 10:30 p.m., we will board the bus to return to the Rec Center.

Note: *The actor playing the ghost of Jacob Marley, Roderick Sanford, is our entertainment for the Christmas Luncheon on December 17th.*

December Lunch & Learn

Homewatch Care Givers

Representatives from Homewatch Care Givers and Altus Hospice will present an informative program titled “Continuity of Care Between Home Care and Hospice” at the December 3rd Lunch & Learn.



The presentation will include an easy overview of Hospice 101 and how both services work together to support families through major health changes. They will talk about what each service does and how this teamwork brings comfort, guidance, and steady support when families need it most.

A delicious soup lunch will be provided by TOTH. Be sure to register in advance so that the food can be planned.

Wednesday, December 3—12:00 noon

December Snack & Learn

Visiting Angels

Visiting Angels accepts and works with numerous Long Term Care insurance companies. Plus, they provide free benefit analysis. Just call for an appointment, 512-250-2103.



Most seniors prefer to stay in their own homes, but may need assistance at times. Dee Blaylock will share the ways in which Visiting Angels can help you maintain your independence,

We will have light snacks available. Be sure to register in advance.

Wednesday, December 10—10:00 a.m.



Hugs & Sunshine



Barbara Duprey

If you or another member of TOTH is experiencing an illness or loss and need a little more sunshine in their lives, please contact the front office, 512-331-6000, to let us know.

We've all gone through, and may still be going through, a rough patch physically or emotionally. Every member is important to us and we want to know that you are doing well.

BOOK CLUBS

By Chris Campbell

The book clubs are always open to anyone who would like to join in the discussion.

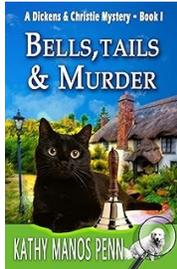


Friday, December 5 —9:30 a.m.

In December, the Rated PG Book Club will meet on the 1st Friday of the month

due to the holiday schedule. We will return to our regular 2nd Friday schedule in January.

The December book is *Bells, Spells and Murders*, by Carol J. Perry. The book is available on Audible and Kindle. The Rated PG Book Club is open to all and drop-ins are welcome!



Friday, December 19 —1:00 p.m.

The "Books in the Cedar Hills" Book Club gathers on the 3rd Friday in December

due to the holiday schedule. We will resume the 4th Friday schedule in January.

The December book is *Isola*, by Allegra Goodman. This book is available in hardcover, paperback, Audible and Kindle. The BCH Book Club is open to all and drop-ins are welcome!

The book club discussions are led by TOTH members. The groups are always open to new book suggestions.

The December meeting will be held at The Secret Lantern Books and Games location, 151 S. Bell Blvd., at 1:00 p.m. for a combination book discussion and Christmas party! The room has been reserved, the Secret Santa ballots have all been received. Still unsure of the food, but sure it will be good.

If you would like to attend, contact Chris Campbell as soon as possible either by text at 512-751-3481 or email cecema@earthlink.net

January Books

The list of potential books for January has been sent and Chris is awaiting everyone's input.

Holiday Schedule for December

Due to the holiday schedule, the Senior Scribblers and the two book Clubs, Rated PG Book Club and Books in the Cedar Hills, are changing their meeting dates in December. Rather than the 2nd and 4th weeks of the month, they are switching to the 1st and 3rd weeks of the month so as not to interfere with the Christmas holidays.

Here are their scheduled dates for December: Senior Scribblers

Wednesday, December 3 at 9:30 a.m.

Wednesday, December 17 at 9:30 a.m.

Rated PG Book Club

Friday, December 5 at 9:30 a.m.

Books in the Cedar Hills Book Club

Friday December 19 at 9:30 a.m.

In addition, for the Christmas holidays, Treasure of the Hills will be closed on:

- **Wednesday, December 24**
- **Thursday, December 25**
- **Friday, December 26**

We wish all our members and friends a joyful holiday season filled with warmth, gratitude, and celebration!



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Constable's Corner ★

by Constable Jeff Anderson



This holiday season, let's come together to ensure everyone has a safe and joyful Christmas!



Tips for a Safe Celebration:

1. Stay Connected Virtually: If you can't visit in person, set up a video call to share in the festivities!
2. Check In Frequently: Reach out to senior family members, family members, or neighbors to see how they're doing and help if needed.
3. Safety First: Remind our loved ones to take care when cooking to avoid accidents and keep emergency contact numbers handy. Let's spread love and care this season while keeping everyone safe. Wishing you all a warm and happy holiday!



Volunteer Opportunity

Looking to share your skills, talents, and experience in the new year?

River City Hope Street, a Christian nonprofit ministry on Bell Blvd near the YMCA in Cedar Park, is seeking volunteers for the Spring 2026 term to serve 2-4 hours a



week as an **ESL Instructor**, helping adults build English skills and confidence (curriculum and materials provided).

They are also in need of an **Administrative Assistant**, to support their team with light office tasks, email, and event prep.

They invite you to join them in sharing hope, faith, and opportunity with our neighbors!

Contact **Marianne Golden** at **512-296-4264** to learn more.

Thank you to this month's advertisers:

The Cochrun Group • Seniorific News
Jeb Seibel • Toyota of Cedar Park

Line Dancing Lessons

Pauline Nolen Williams and her son, Marty, will continue teaching free line dancing lessons in December. However, due to the holidays and travel plans (*Pauline is going on the Recycled Teenagers Cruise*), the lessons will only be on Friday, December 5th and 19th at 9:00 a.m. All are invited to come join the fun! You can sign up to attend in the front office.

Pauline is a new, temporary member at TOTH from Washington state, and is visiting family in the area until January. Marty Nolen, Pauline's son, has joined as a regular member.

Fridays, December 5 & 19—9:00 a.m.—Free

Conversational Spanish

¡Hola! ¿Cómo está usted?

If you hear members greeting each other in this manner, you can bet they are taking the Conversational Spanish class that is offered at TOTH on Thursday mornings at 10:30 a.m.

The Spanish class has received glowing reviews. The instructor, Leslie Blanton, creates a fun and entertaining learning situation that everyone enjoys. She is teaching practical Spanish that can be used in everyday conversation and provides handouts to take home.

TOTH members are invited to join the class at any time. It meets on Thursdays from 10:30 to 11:30 a.m., with the exception of holiday weeks. Each session is \$5. Sign up to attend.

Leslie also recommends using Duolingo.com, the world's most popular language-learning app, to supplement your lessons and keep your skills sharp between classes. The suggestion was made to use your computer rather than your phone since the presentation is better on a larger screen.

Fridays, December 4-11-18—10:30 a.m.

IN LOVING
Memory

Sharon McLain donated a memorial in
memory of her mother,
Nella Easley.



**December Session:
Monday, December 15
3:00 to 5:00 p.m.
Great Room**

Bring your favorite snack to share;
TOTH will provide drinks

Wear your favorite Ugly Christmas Sweater
\$2 per card/No card limit
(2 max is recommended)

Cash Prizes

**Music Genre for December:
Christmas Songs (of course)**

Here's a tip if you've never played before:
Download the Shazam app on your phone in
advance to help you identify the songs.



**Wanna sing along?
Join us at the Sing-Along Table!**



At the November session of Music Bingo, the music genre was 60s and 70s music, the music we all grew up with. As you can tell from these photos, the participants really got into the spirit of the music and had great fun singing and dancing along. DJ Dani Rivers does a great job with music selections. If you love music but you've never been to Music Bingo, do yourself a favor and try it out.



**Cruisin' with
Recycled Teenagers**

by Mary Riordon



Hello Fellow Cruisers,

There are 40 cruisers going on the MSC Seascape cruise out of Galveston leaving on Sunday, December 7th and returning on December 14th!! This is, by far, the largest group of cruisers yet!

The bus will be leaving the TOTH parking lot at 6:30 a.m. on the dot, so it is recommended that you arrive no later than 6:15 a.m.

As of this time, there are no travel plans for TOTH on the horizon. But, never fear, I feel certain that something will come up. If you have a suggestion, let Mary Riordon know at TOTH on Mondays or Wednesdays, 512-331-6000. *(Cruises are Mary's favorite.)*

**Donations Needed for
Refugee Families**

Many of you know that Elaine Allan has been quietly and faithfully supporting several legal, documented political refugee families in our community. Although she doesn't like to "send too many requests," the needs continue — especially as the weather turns cooler.

For those who would like to help this month, the following items would make a meaningful difference:

- **Women's coats & jackets** (new or gently used)
- **Children's coats & jackets** (new or gently used)
- **Cooking oil**
- **Diapers – sizes 3 and 4**
- **Children's vitamins**
- **Toilet paper**
- **Cash for inexpensive children's shoes**

These essentials go directly to families working hard to build a safe, stable life here. If you're able to contribute or have questions, please contact Elaine Allan by calling or texting 512-750-7730

Thank you for thinking of these families — and for supporting Elaine in her dedicated outreach.



By Kevin Hallett

The Senior Scribblers trudged through two meetings in November, and all members had an equitable opportunity to read their stories. We selected an intriguing story of a parrot that made the author squirm. But then Ann Bordelon read her poem, which sent us on a new vector. We unanimously agreed this work was our best offering this month.

December's story theme is 'sports', and we each picked a word to include. I'm not telling what those words are, but all five are in the first paragraph if you want to hazard a guess.

We will be meeting on Wednesdays, December 3rd and 19th. Come join us to share your story.



Grateful



By Ann Bordelon

A house, pleasing to the eye,
Blue and white, warm and dry
In the grey of winter's cry,
Holds me like a mother's sigh.

Cerulean carpets fill my gaze,
Memories wash me like gentle waves;
I lose myself to yesterdays
And wander in a wistful haze.

A sunny walk in crisp-cool air,
A neighborhood, so trim and fair,
A gentle wind disturbs my hair,
And I am free from every care.

My children come and see me here.
They take me places, fill my ear
And tell me that they want me near,
And I have neither want nor fear.

Although I miss all that I had--
My spouse, my love, my daughter's dad,
The friends who once made me so glad--
I still cannot continue sad

When I have such a lovely view:
New friends, new places, new ideas, too.
How could I be the least bit blue,
When I have so much left to do.

I've learned to give myself a break
When my body fails and cannot take
Another step. I've learned to shake
My head and laugh at my mistake.

And when I need to rest my head,
I've learned to slip into my bed
And dream of all that lies ahead
On paths I still have left to tread.

I know not what tomorrow brings,
But, so far, my life has brought me things
I dared not wish in fondest dreams.
I'm thankful when remembering.

There's one thing I'd still like to do;
I want to share my luck with you,
And hope your life from this day through
Is filled with joy and comfort, too.



Veterans Wall of Honor

Thank you to the team, led by Sue Holmes, who brought our Veterans Wall of Honor to life. Your dedication, creativity, and care are evident in every detail—from the thoughtful design to the respectful presentation of each individual. You have given our community a meaningful place to remember, reflect, and express our gratitude. Your work ensures that the service of our veterans will be honored for years to come, and we are deeply appreciative.

UPCOMING EVENTS

December Shared Meals

Members and friends are invited to join us for any of these events. Please remember that reservations are required! You can register in the front office of the Center or call 512-331-6000.

TOTH Dinner Club

Thursday, December 4 at 5:30 p.m. *(Note Time)*

Moonshine Comfort

10525 W. Parmer Ln.

(Limit 25)

Contact: MarEllen Basalyga, 512-905-1102

Meet & Eat Lunch Group

Tuesday, December 16 at 1:00 p.m.

The Grove

1310 E. Whitestone, #530

(Limit 25)

Contact: MarEllen Basalyga, 512-905-1102

Monthly Breakfast

There is no Monthly Breakfast in December.

GenLink to Resume in January

The GenLink students are taking a holiday break so there will not be a meeting in December. The technology sessions will begin again in January and will meet on the third Saturday of the month.

GenLink is a non-profit organization of local high school students who come to TOTH once a month to help you learn how to set up, use and manage your smart phone, tablet, laptop...any electronic device you have questions about. Bring your devices and questions.

The tentative date for our next session will be:

Saturday, January 17—10:00 a.m.

**No Sit & Fit on Wednesday, December 17th
due to set up for the Christmas Luncheon.**

December Presentations, Meetings & Events

“Surviving the Holidays” Workshop

Monday, December 1—10:30 a.m.

(see article on page 1)

Senior Scribblers Writer’s Group

Wednesdays, December 3 & 17—9:30 a.m.

Note the date changes due to the holidays.

(see article on page 10)

Lunch & Learn: Continuity of Care Between Home Care and Hospice

Wednesday, December 3—12:00 p.m.

(see article on page 6)

Conversational Spanish Classes

Thursdays, December 4-11-18—10:30 a.m.

(see article on page 8)

“A Christmas Carol” Dinner & Theater

Thursday, December 4—4:30 p.m.

(see article on page 6)

Line Dancing

Fridays, December 5 & 19—9:00 a.m.

(see article on page 8)

Rated PG Book Club

Friday, December 5—9:30 a.m.

(see article on page 7)

Snack & Learn: Visiting Angels

Wednesday, December 10—10:00 a.m.

(see article on page 6)

Music Bingo

Monday, December 15—3:00 p.m.

Be sure to wear your ugly Christmas sweater!

(see more detail on page 9)

Christmas Luncheon

Wednesday, December 17—12:00 noon

(see article on page 1)

BCH Book Club (Books in the Cedar Hills)

Friday, December 19—1:00 p.m.

Note the date & time change due to the holidays.

(see article on page 7)

Christmas Break—Center Closed

Wednesday thru Friday, December 24—26



Holiday Events



Kick off the holiday season on Wednesday, December 3rd at Heritage Oak Park as we light Cedar Park’s largest Live Oak Tree with more than 30,000 sparkling lights. Enjoy festive holiday music and create lasting memories with photos of Santa beneath the glowing Oak Tree.



Festivities begin at 6:30 p.m. at Heritage Oak Park, 875 Quest Parkway. There are holiday performances by local groups and holiday movies to round out the evening.



Then on Friday, December 12 at Lakeline Park, 1510 Alexis Drive, come create new memories on the jolliest night in Cedar Park. This joyful celebration features twinkling lights, family-friendly activities, and timeless holiday cheer.

The event runs from 6:30 to 9:00 p.m. and includes a holiday market where you can sip and stroll while listening to music by the Big Night Vintage Blues and Jazz Band.

Tail of Lights

For your furry friends and you, come enjoy festive holiday lights and music at Lakeline Park on Saturday, December 13 from 6:30 to 8:30 p.m.

Dress your furry friend in their best holiday outfit and take your picture with “Santa Paws.” Stroll the Tail of Lights, a lit path perfect for a leisurely walk. While you mingle and jingle, you can enjoy the yappy hour treats and pet-friendly vendors.



This high-energy, dance-heavy variety show brings together the incredible talents of CPHS students and the community for two unforgettable nights of festive fun.

Performances will be held December 3 and 4, 2025, at 7:00 PM at the South Performing Arts Center (South PAC) on the campus of Cedar Park High School.

Tickets are available online or at the door. To purchase online, visit: <https://sites.google.com/leanderisd.org/southpac/home>

Bluebonnet Philharmonic

**Sunday, December 7
3:00 p.m.**

**Cedar Park High School
Performing Arts Center
2150 Cypress Creek
Free to the Public**



Celebrate the magic of the holiday season with an unforgettable evening of music, joy, and community! The Bluebonnet Philharmonic Orchestra and the Round Rock Community Choir come together for a heartwarming Christmas concert filled with cherished carols, symphonic favorites, and new seasonal surprises.

Chuckles & Grins

Contributed by Sterling Hartman

😄 Instead of the “John,” I call my bathroom the GYM! That way it sounds better when I say I go to the GYM the first thing every morning, and sometimes at night.

Ode to Aging

When I was in my younger days,
I weighed a few pounds less.
I needn't hold my tummy in
to wear a belted dress.

But now that I am older,
I've set my body free;
There's comfort of elastic
where once my waist would be.

Inventor of those high-heeled shoes
my feet have not forgiven.
I have to wear a nine now,
but I used to wear a seven.

And how about those pantyhose—
they are sized by weight, you see.
So how come when I put them on,
the crotch is at my knees?

I need to wear these glasses
as the prints were getting smaller;
and it wasn't very long ago
I know that I was taller.

Though my hair has turned to silver
and my skin no longer fits,
On the inside, I'm the same old me,
just the outside's changed a bit.

TOTH Featured in Social Media Post

Cassandra Bujanda of Advanced Pain Care is a social media whiz and always makes sure that she documents their participation in events. Cassandra and Advanced Pain Care furnished the pies for the Thanksgiving Luncheon. Then she posted these great photos with information about the event. APC and Cassandra are wonderful supporters of our Center and we are grateful to them for their support!



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Thank you, Cassandra!

December Birthdays

Barbara Duprey 1	Karon Thiem 7	Blanca Barrera 19
Lorann DeFrees 2	Sandra Cook 9	Mary Sanders 19
Yvette Stowers 2	Pat Daniels 9	Stella Brittnacher 20
Jeb Seibel 3	Coty Guerra 9	Kevin Hallett 21
Laurie Lentz 4	Judy Bouffard 10	Patti Klein 21
Felix Malone 4	Barbara Baldwin 11	Debi Rosin 26
Jenny Rogers 4	Jean Cook 11	Madeleine Boskovitz 27
Frank Soler 4	Pat Zwernemann 11	Mary Richmond 28
Genie DeKneef 5	Arlene Edwards 13	Brenda Walker 28
Mahvash Morad 5	Helen Holland 14	Richard Baumgartner 30
Anita Falkofske Eaton 6	Becky Goad 17	Shirley City 31

December Anniversaries



Stella & Jim Brittnacher 13
Gloria & Julio Carrio Novoa 17
Sandra & Darryl Cook 22
Jess & Brad Lienhart 23
Michele & Michael Teter 23
Elaine Allan & Chris Campbell 27
Laurie & Larry Glomski 27

NEW MEMBER RECOGNITION October/November 2025



We are so grateful to our new members at Treasure of the Hills (or TOTH, as we know it). And we had a bumper crop of new members in October and November. TOTH is a special place where you can develop some wonderful friendships and participate in fun and entertaining events. Please know how much we appreciate each of you!

October

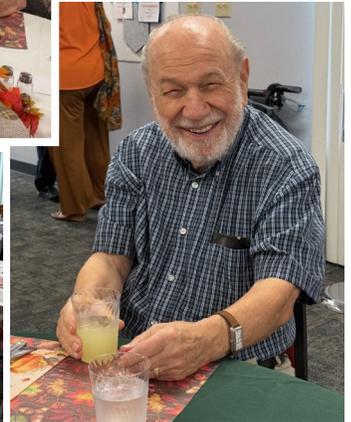
Joti Patel
Linda Carlson
Genie DeKneef
Gopvanna Lanfear
Laurie Lentz
Kathy Autin
Rudy Martinez
Yvette Stowers
Darryl Cook
Sandra Cook
Pauline Williams
Marty Nolen

welcome!

November

Liza Kalamaha-Wynn
Jana Stull
Cynthia Williams
Arlene Carrie Eddwards
Morris Sewell
Sue Sewell
Alicia Liermann
Robert Lierman
Susan Miller
Clara Mucciacciaro
Lorann DeFrees
Jim DeFrees

Photo Gallery: *Thanksgiving Luncheon*



We had a full house for the Thanksgiving Luncheon. The table decorations were wonderful and festive. Chef Felix brought his students to help serve and they did a great job. The food was delicious, and although some don't like their green beans al dente, many others did. The pies that were provided by Advance Pain Care were yummy and Paul Klempere entertained us with some wonderful music that many sang along to. A special thanks to our photographers Kathy Bonardi, Shirley City and Linda Rettinger for documenting the delightful holiday meal for us.

BOARD OF DIRECTORS

President

Ellen Fannin

Vice President

Sue Holmes

Treasurer

Denny Clauson

Secretary

Lisa Leirvaag

Directors

Jim Anderson

Pat Fiero

Emma Sue Johnson

Sandy Williams

MANAGING DIRECTOR

Lisa Leirvaag

Email:

toth.director.tx@gmail.com

512-331-6000

STANDING COMMITTEES

Finance

Denny Clauson

Nominating

Open

Special Events & Resource Dev.

Sue Holmes

Communications & Publicity

Open

OPERATIONS

Bldg Maintenance: Cedar Park (City)

(Lisa Leirvaag is TOTH contact)

Bookkeeping: Lori Rainey

Kitchen & Supplies: Lisa Leirvaag

Membership: Lisa Leirvaag

Jeanne Allison

Barbara Duprey

Reception: Mary Riordon

Memorials: Colleen Sanchez

Sunshine: Colleen Sanchez

Mem'l Garden: Jim Anderson

Historian: Ruby Banks

Gail Brennen

Library: Ruby Banks

Bulletin Board: Nancy Weller

Newsletter: Ellen Fannin

Website: Open

REGULAR ACTIVITIES AND EVENTS

Breakfast (monthly)	Pat Fiero & Frank Mignoli	Sign up Required
Lunch & Learn/Snack & Learn	Sue Holmes	Sign up Required
Meet & Eat Lunch (monthly – locally)	MarEllen Basalyga	Sign Up Required
TOTH Dinner Club (monthly – locally)	MarEllen Basalyga	Sign up Required
Jewelry Making (currently on hiatus)	Open	
Golf (weekly)	Frank Mignoli	
Sit & Fit (2x week)	Pat Fiero	
T'ai-Chi (weekly)	Open	
Quilting Bee (weekly)	Cindy Glenn	
Crochet Class (weekly)	Sue Chesnut	
Technology Classes (3rd Saturday)	GenLink Students	Sign up Required
Book Clubs (2nd & 4th Fridays)	Chris Campbell	
Senior Scribblers (2nd & 4th Wednesdays)	Kevin Hallett	

GAMES

Bingo (Weekly on Monday)	Barbara Duprey	
Bingo (Weekly on Friday)	Barbara St. Marie	
Bunco (Weekly on Wednesday)	Ruby Banks/Barbara St. Marie	Sign up Required
Canasta (Weekly)		Sign up Required
Cribbage (Weekly)	Stan DeRocher	Sign up Required
Hearts (Weekly)	Chris Campbell	
Mahjong (Weekly on Thursday)	Georgia White	Sign up Required
Mexican Train (Weekly)	MarEllen Basalyga	Sign up Required
Music Bingo (3rd Monday)	Ellen Fannin	Sign up Required
Pinochle (Weekly on Tues., Thur. & Fri.) ...	Sue Holmes	Sign up w/Leader
Pinochle (Weekly on Monday)	Becky Goad	
Poker (Weekly on Tues.)	CW Clark	

BRIDGE

Duplicate Bridge

Tuesday (weekly)
 Frank Mignoli | Sign up Required |

Friday (weekly)
 Ken Birdwell | Sign up Required |

2nd Saturday
 Carolyn Patrick | Sign up w/Leader |

Rubber Bridge

Tuesday (weekly)
 Open | Sign up Required |

December 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
9⁰⁰ Sit & Fit
10³⁰ "Surviving the Holidays"*
10³⁰ BBCP Pinochle
1⁰⁰ Cribbage
1⁰⁰ Bingo



8
9⁰⁰ Sit & Fit
10⁰⁰ Board Mtg
10³⁰ BBCP Pinochle
1⁰⁰ Cribbage
1⁰⁰ Bingo



15
9⁰⁰ Sit & Fit
10³⁰ BBCP Pinochle
1⁰⁰ Cribbage
1⁰⁰ Bingo
3⁰⁰ Music Bingo*



22
9⁰⁰ Sit & Fit
10³⁰ BBCP Pinochle
1⁰⁰ Cribbage
1⁰⁰ Bingo



29
9⁰⁰ Sit & Fit
10³⁰ BBCP Pinochle
1⁰⁰ Cribbage
1⁰⁰ Bingo

2
9³⁰ Rbr Brdg*
10⁰⁰ Canasta*
12³⁰ Poker
1⁰⁰ Dup Bridge*
1⁰⁰ Pinochle

9
9³⁰ Rbr Brdg*
10⁰⁰ Canasta*
12³⁰ Poker
1⁰⁰ Dup Bridge*
1⁰⁰ Pinochle

16
9³⁰ Rbr Brdg*
10⁰⁰ Canasta*
12³⁰ Poker
1⁰⁰ Meet & Eat*
1⁰⁰ Dup Bridge*
1⁰⁰ Pinochle

23
9³⁰ Rbr Brdg*
10⁰⁰ Canasta*
12³⁰ Poker
1⁰⁰ Dup Bridge*
1⁰⁰ Pinochle

3
9⁰⁰ Sit & Fit
9/10⁰⁰ Cardiology
9³⁰ Senior Scribblers*
11⁰⁰ Exec Comm Mtg
12⁰⁰ Lunch & Learn
1⁰⁰ Bunco*
3⁰⁰ Crochet Class*

10
9⁰⁰ Sit & Fit
9/10⁰⁰ Cardiology
10⁰⁰ Snack & Learn: Visiting Angels*
1⁰⁰ Bunco*
3⁰⁰ Crochet Class*

17
9⁰⁰/10⁰⁰ Cardiology
9³⁰ Senior Scribblers*
12⁰⁰ Christmas Luncheon*
1⁰⁰ Bunco*
3⁰⁰ Crochet Class*

24
Merry Christmas!
Center Closed December 24-25-26

4
10⁰⁰ T'ai Chi
10/11⁰⁰ Mahjong
10³⁰ Conv Spanish*
11⁰⁰ Pinochle
12⁰⁰ Quilting Bee
12³⁰ Mexican Train*
4³⁰ "Christmas Carol"
5³⁰ TOTH Dinner Club*

11
10⁰⁰ T'ai Chi
10/11⁰⁰ Mahjong
10³⁰ Conv Spanish*
11⁰⁰ Pinochle
12⁰⁰ Quilting Bee
12³⁰ Mex Train*

18
10⁰⁰ T'ai Chi
10/11⁰⁰ Mahjong
10³⁰ Conv Spanish*
11⁰⁰ Pinochle
12⁰⁰ Quilting Bee
12³⁰ Mex Train*

5
9⁰⁰ Line Dancing
9³⁰ Rated PG Book Club
10³⁰ Bingo
10³⁰ Pinochle
1⁰⁰ Dup Bridge*

12
10³⁰ Bingo
10³⁰ Pinochle
1⁰⁰ Dup Bridge*

19
9⁰⁰ Line Dancing
10³⁰ Bingo
10³⁰ Pinochle
1⁰⁰ Dup Bridge*
1⁰⁰ BCH Book Club at Secret Lantern Books & Things

25
26

31
9⁰⁰ Sit & Fit
9⁰⁰/10⁰⁰ Cardiology
1⁰⁰ Bunco*
3⁰⁰ Crochet Class*

December 4 TOTH Dinner Club:
Moonshine Comfort* — 10525 W. Parmer—5:30 p.m.
December 16 Meet & Eat:
The Grove* — 1310 E. Whitestone, #530—1:00 p.m.
*The red asterisk indicates that Sign-Up is required

Treasure of the Hills Senior Center

408 Ridgewood Dr. • Cedar Park, TX 78613 • Phone 512-331-6000 • Open Monday-Friday, 9 am-3 pm • www.toth-seniors.com • Email: gazette.toth@gmail.com