



Center Closing for Flooring Installation

Treasure of the Hills will be closed from Thursday, May 14 through Saturday, May 16. The City of Cedar Park is having new vinyl flooring installed in the TV room, kitchen and bathrooms in our building. It is necessary to close the building while the installation is being carried out due to dust and construction activities.

Activities on these dates will either not meet or will be held in the Cedar Park Rec Center Community Rooms or Craft Room, 1435 Main St. We are grateful to the Rec Center staff for accommodating us during this closure.

Here is what you need to know about the events on those days:

Thursday, May 14:

- **9:00 a.m. Walking Group**—Will continue to meet in the parking lot at TOTH
- **10:00/11:00 a.m. Mahjong** - TBD*
- **10:30 a.m. Skip-Bo** - TBD*
- **10:30 a.m. Conversational Spanish** - Will meet in Craft Room at Rec Center
- **12:00 p.m. Quilting Bee** - Will NOT meet
- **12:00 p.m. Mexican Train** - Will NOT meet

Friday, May 15:

- **9:00 a.m. Sit & Fit** - Will meet in the Brazos Room at the Rec Center
- **10:30 a.m. Bingo** - Will NOT meet
- **1:00 p.m. Duplicate Bridge** - TBD*

Saturday, May 16

- **9:00 a.m. Walking Group**—Will continue to meet in the parking lot at TOTH
- **10:00 a.m. GenLink Technology Session**—Will meet in the Craft Room at the Rec Center

Thank you for your patience and understanding while the renovation is in progress. The flooring has begun to pose a safety hazard in some areas, so the City is replacing it for our safety.

* We had not heard from the group by publication time.

Mother's Day Luncheon and Fashion Show

The Mother's Day Luncheon and Fashion Show is coming very soon, only five short days from this publication date. The luncheon will be held on Wednesday, May 6 at 12:00 noon, and everyone is invited to join the celebration.

Table hostesses will create beautiful settings for all to enjoy. If you would like to participate as a hostess, please sign up as soon as possible. Hostesses are responsible for decorating and setting their table, as well as welcoming and hosting up to six guests (depending on attendance).

The menu will feature a delightful variety of both savory and sweet finger foods, served in four courses: (1) a main savory selection, (2) breads and spreads, (3) vegetables and cheeses, and (4) desserts. If you would like to contribute to the menu, you may sign up for that as well. Two or three types of tea will also be served.

This year's program will once again feature a fashion show. The women of TOTH have been challenged to design stylish new outfits on a budget, resulting in a series of creative looks that are sure to inspire.

If you haven't yet registered to attend, please do so soon—space is filling quickly. Come and enjoy this special tea party honoring the women of TOTH.

Wednesday, May 6—12:00 p.m.

Gentlemen: We don't want you to feel left out! We are looking for a few men who are steady on their feet to serve tea to the ladies. Attire is simple—black slacks and a white shirt—and you'll need to arrive at 11:45 a.m. for brief instructions. Your help will be greatly appreciated—and is sure to earn you plenty of brownie points!

Golden Gazette

Volume XXXVI No. 5

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Celebrating the Mothers of Our Senior Center

This Mother's Day, we turn our attention to the remarkable women within our Senior Center community—the mothers and grandmothers whose lives have been filled with love, dedication, and care for others.

Each of you carries a lifetime of stories—of raising families, supporting loved ones, and giving of yourselves in ways both seen and unseen. You have been teachers, caregivers, role models, and friends. Through your strength and compassion, you have helped shape not only your own families, but the community we share today.

Your influence reaches far beyond your own homes. The kindness you show, the wisdom you offer, and the friendships you build here at the Center continue to enrich the lives of everyone around you. You remind us that motherhood is not only about raising children—it is about nurturing, encouraging, and lifting others at every stage of life.

We recognize that Mother's Day can trigger many emotions. Some celebrate surrounded by family, while others carry cherished memories close to their hearts. Please know that each of you is valued, appreciated, and an important part of this community.

This month, and every day, we thank you—for your years of love, your sacrifices, your resilience, and the legacy you continue to build. Our Senior Center is a warmer, stronger, and more caring place because of you.

Happy Mother's Day to all the mothers and grandmothers in our membership. We celebrate you with gratitude and heartfelt appreciation.



TREASURER'S REPORT

By Denny Clauson, Board Treasurer

- March income: \$4,011
- March expenses: \$6,654
- Investment fund decreased \$15,906
- Memorial fund decreased \$2,494


Note: overall stock market decreased 8-9% in March, while our investments decreased only about 5%.



Vice Versa

Insights from the VP

By Sue Holmes, Board Vice President



Hey folks—summer is almost here, and it's the perfect time for a day trip (or two)!

We're considering several fun destinations, including Gruene, New Braunfels, Georgetown Square, the River Walk, the Lady Bird Johnson Wildflower Center in Fredericksburg, and the drive-thru zoo at Canyon Lake. Each trip would last approximately 4 to 6 hours, depending on distance.

I can look into bus pricing, but we should also consider carpooling. Charter buses typically run about \$150 per hour, which comes out to roughly \$25–\$30 per person with a group of 25. Alternatively, carpooling could be a more affordable option—riders would contribute about \$2 to help drivers cover gas. Of course, this would depend on having volunteers willing to drive their vehicles.

Please let me know your preferences! You can send your ideas to sue.holmes1950@gmail.com.

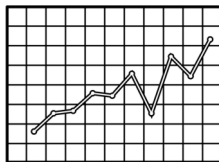
And don't forget—our Christmas lights trip to Fort Hood is coming up in December. We said last year we'd make it happen this year! We're also planning another Wine Tour in September with Parks and Recreation.

Lots of fun and laughter ahead for the rest of the year—hope you'll join us!

First Quarter Attendance Data

By Frank Mignoli

As of March 31, 2026, current membership stands at 300, down from 374 at the end of last year. This decrease is typical, as some members miss the February 15 annual dues deadline, relocate, or pass away. Notably, this year's decline is smaller than last year's.



Average monthly attendance for the quarter was 873, with an average weekly attendance of 198. Fridays continue to be the most popular day, drawing an average of approximately 65 participants.

Behind the Desk

by Jeanne Allison, Office Manager



One of my primary goals as Office Manager is to provide a safe atmosphere where you can feel comfortable and enjoy our various activities.

As many of you know, the Great Room hosts several events throughout the week, and setting up the room has become a challenge. While Lisa spoiled us all with her hard work, I am physically unable to perform the same level of manual set-up that she did. Furthermore, because we are a senior center, it is difficult to expect our members to constantly set up and take down tables and chairs for every activity.

Until we are able to hire a maintenance person, we are implementing "Plan B." Starting immediately, eight tables with four chairs each will be set up and remain in place from Monday through Friday. You are welcome to rearrange these tables however you prefer in order to fit your specific activity. I only ask that you please return them to the original configuration of eight tables with four chairs before you leave.

Thank you for your understanding and cooperation as we work through this transition.

Also, we have scheduled the flooring installation with the City. It will be wonderful to have new flooring. The only negative aspect is that the Center will need to be closed for three days, May 14-16, while the work is being completed.

We will post reminders in our Weekly Updates to ensure you have plenty of time for planning.

Thank you for your patience and understanding as we make these improvements to our Center.



May 7th Wine Tour

If you have signed up for the May 7th Wine Tour to the Fox 12 Brewery, and you paid the \$35 fee by April 30, it's time to start planning.

We will gather at TOTH on Thursday, May 7th at 10:30 a.m. and leave at 11:00 a.m. Our plan is to arrive at the vineyard by noon where we will have a wine tasting and charcuterie boards at the Swig Cheese Haus. The winery will host a wine pairing presentation for us to enjoy. It is important that you bring some extra cash or credit card for any purchases you wish to make. Plus, be sure to wear comfortable shoes. There may be some additional walking you will want to do.

Depending on traffic, we will return to TOTH between 3:00 and 3:30 p.m.

Thursday, May 7—Meet at 10:30 a.m.

Ice Cream Social for TOTH Members

Mark your calendars for a sweet afternoon of fun and fellowship! Members of TOTH are warmly invited to attend a special Ice Cream Social hosted by the vibrant active adult community of Everleigh Lakeline.

Join us on Thursday, May 28 at 2:00 p.m. for an enjoyable gathering filled with delicious treats, friendly conversation, and a chance to connect with fellow members. Whether you're in the mood for a classic scoop or just looking to spend time with friends, this event promises something for everyone.

Come cool off, relax, and celebrate the season with us—we look forward to seeing you there!

Thursday, May 28—2:00 p.m.

May Lunch & Learn

Seniors Helping Seniors

Seniors Helping Seniors has a unique approach to in-home care. Join us at a Lunch & Learn on Wednesday, May 13 at 12:00 noon as a representative of Seniors Helping Seniors presents an informative program about their mission to help seniors maintain an independent lifestyle.

They will serve a light lunch and have a Q&A session. Register in advance to reserve a spot.

Wednesday, May 13—12:00 noon

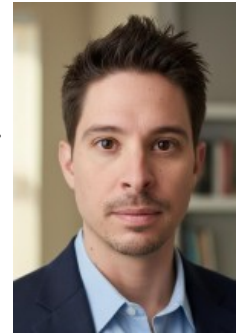


May Lunch & Learn

Calvin Higby, a cybersecurity professional with over 15 years of experience, will present a program on “Staying

Safe Online” at the May 20th Lunch & Learn. Join Calvin for a friendly session on how to spot scams, protect your personal information, and feel more confident using technology. Bring your questions!

Please register promptly to ensure an accurate headcount for lunch. You don't want to miss this valuable information!



Wednesday, May 20 – 12:00 noon

Protecting Yourself from Scams

Scammers are getting smarter every year, but a few simple habits can keep you one step ahead. Here are some tips to keep in mind:

1. If it feels urgent, slow down.

Scammers want you to act fast. A real company or government agency will never demand immediate payment or threaten you over the phone. Hang up, take a breath, and call the organization directly using a number you trust.

2. Don't trust caller ID.

Scammers can make any name/number appear on your phone. Even if it says "IRS," "Medicare," or your bank's name, that doesn't mean it's really them. Always hang up and call back using the number on your statement or card.

3. Gift cards are never a real payment method.

No legitimate business, government agency, or utility company will ever ask you to pay a bill or fine with gift cards. If someone asks for gift card numbers over the phone, it is a scam, every single time.

4. Check before you click.

Got a text or email with a link? Don't tap it right away. Look for misspellings, strange email addresses, or messages that don't quite sound like the person or company they claim to be. When in doubt, go directly to the website yourself instead of clicking the link.

Tai Chi Classes Return May 21

We're pleased to announce that weekly Tai Chi classes will resume on May 21st! Whether you're new to Tai Chi or a returning participant, this is a wonderful opportunity to improve balance, flexibility, and overall well-being in a calm and supportive setting.

Classes will be offered weekly and will be guided with professionally produced instructional videos, making it easy to follow along at your own pace. Tai Chi's slow, gentle movements are especially beneficial for reducing stress, increasing mobility, and promoting relaxation—perfect for participants of all fitness levels.

Everyone is welcome to join, regardless of experience level. Come give it a try and enjoy the many benefits this time-honored practice has to offer.

We look forward to seeing you there!

**Weekly on Thursdays, beginning May 21
10:00 a.m.—TV Room**



Spanish Class Schedule

Conversational Spanish instructor, Leslie Blanton, will be traveling the last two weeks of May, and the Center is closing on May 14th. Here is the May schedule:

May 7th—at TOTH

May 14th—at Cedar Park Rec Center Craft Room

May 21st—No class

May 28th—No class



Anita Eaton and Taffy Gauger order lunch as Ellen Fannin is waiting on them as they practice their Spanish skills in preparation for their lunch out to celebrate Cinco de Mayo.

May GenLink Session to Move to Rec Center

Due to the Center closing for the flooring installation in the middle of the month, GenLink will be hosting their technology session at the Cedar Park Rec Center, 1435 Main St., on Saturday, May 16, beginning at 10:00 a.m.

The students will help you one-on-one with any issues you may be experiencing with your smart phone, tablet or laptop.

Please sign up so that we know how many students will be needed. The session will be in one of the Community Rooms at the back of the building.

Saturday, May 16—10:00 a.m.—Rec Center

Technology Tips

Voice-to-Text is a Life Saver!

Did you know you can use voice-to-text on your smartphone to send messages without typing?

I don't know about you, but I get really frustrated and impatient trying to text sometimes. Between autocorrect and fat fingers, I've come up with some interesting messages.

Voice-to-text is so easy to do.

- 1) Open your Texting app
- 2) Type in the person you are texting
- 3) Move the cursor to the message window
- 4) Find and hit the microphone button
- 5) Begin speaking your message.

You do want to proof your message before you hit "send." Plus, it is important to speak clearly and enunciate your words. You can speak punctuation in if you want, such as saying "period" or "question mark" at the end of a sentence.

It is really simple and makes communications so much faster.

If you are still unsure, attend the next GenLink session on May 16th and ask one of the students to show you how it works.



You know it's May in Texas when... the flowers are blooming, the sun is shining, and you're already looking for the nearest shade!



2026 SENIOR EXPO

Celebrating 20 years of serving the Senior Community

Presented by Treasure of the Hills Senior Center,
in cooperation with the City of Cedar Park

Saturday, October 3 ♦ 9:00 a.m. to 1:00 p.m.
Cedar Park Rec Center, 1435 Main St., Cedar Park



Celebrating 20 Years of Service Through the Annual Senior Expo

This year marks a very special milestone as we celebrate the 20th Annual Senior Expo—two decades of connecting our community’s seniors with valuable resources, services, and opportunities for enrichment.

What began as a small gathering has grown into a highly anticipated annual event, bringing together local organizations, healthcare providers, businesses, and community groups—all dedicated to enhancing the quality of life for older adults. Over the past 20 years, the Senior Expo has become more than just an event—it’s a trusted resource and a place where meaningful connections are made.

This year’s Expo promises to be bigger and better than ever. Attendees can look forward to a wide variety of exhibitors, helpful information,

interactive experiences, and opportunities to engage directly with experts in areas that matter most—from health and wellness to technology, transportation, and lifestyle services.

In honor of our 20th anniversary, we will also be celebrating the many individuals, volunteers, and organizations who have contributed to the Expo’s success over the years. Be sure to join us for special anniversary moments throughout the event, including recognition activities and a few fun surprises along the way.

Whether you’ve attended in the past or are joining us for the first time, we invite you to be part of this special celebration. Come see how far we’ve come—and help us look ahead to the next 20 years of serving our senior community.

We look forward to celebrating with you!

Volunteer Teams at the 2026 Senior Expo

If you were unable to attend the Expo Volunteer Lunch on April 29th, you can still sign up to help with the Senior Expo. There are copies of the booklet with the explanation of duties for each team. The teams are divided into 3 categories:

Advance Teams

These teams perform their work in the weeks leading up to the Expo.

- 20th Anniversary Team
- Publicity/Marketing Team
- Goodie Bag Team
- Phone Team

Pre-Event Team

These teams are in charge of activities that happen a day or two prior to the event.

- Decoration Team
- Set-Up/Breakdown Team

- Vendor Reception Team
- Signage Team

Event Teams

During the actual event, these teams make sure that everything is running smoothly and are available throughout the event.

- Sponsor Presentation Team
- Vendor/Volunteer Breakroom Team
- Door Prize Team
- Welcome Table Team
- Greeters
- Floaters
- Evaluation Team
- TOTH Table

We have opportunities for everyone! Be sure to sign up today and make plans to come help make this the best Expo ever!

Signing Up for LiNK Cedar Park is Quick & Easy

LiNK Cedar Park supports the City Council's strategic priorities for mobility and connectivity and reflects recommendations outlined in the City's Mobility Master Plan. Community input gathered during the 2020 Transit Study and the Mobility Master Plan highlighted interest in flexible, on-demand transportation options that can better connect people to destinations within Cedar Park and the broader region through the CapMetro station at Lakeline.

LiNK Cedar Park represents a modern approach to public transportation. The pilot program is a partnership between the City of Cedar Park and TRIPPP Consulting, working in collaboration with Uber for rideshare service and zTrip for Wheelchair Accessible Vehicles (WAV). Together, these partners will help provide flexible transportation options that serve a wide range of mobility needs across the community.

Through the program, eligible rideshare users will receive one Uber voucher with 10 rideshare trips per month. Riders pay the first \$5 per trip,

and the City-sponsored program covers up to \$10 of the trip cost, with riders responsible for any remaining amount beyond the first \$15. Riders who require Wheelchair Accessible Vehicles through zTrip will also pay the first \$5 per trip, and these rides are not currently capped on the number of monthly trips.

Whether you need a ride to run errands, make shopping trips, or a lift to a program or event within the City, LiNK Cedar Park will help keep our community connected.

Visit www.cedarparktexas.gov/LiNK to find out more.



We were treated to a wonderfully informative Lunch & Learn in April about LiNK Cedar Park. Many of the attendees joined the program that day. In fact, one member used the system to get a ride home after the Lunch & Learn.

The City is very interested in hearing from those who utilize this program. Send your testimonials to communications@cedarparktexas.gov.

TAP. CALL. RIDE.
IT'S THAT SIMPLE

TAP

Request a ride through the Uber app.

CALL

24/7 phone support. No smartphone required.

RIDE

Go anywhere in Cedar Park, affordably.

SCAN TO

LEARN MORE

Enroll in minutes 1. Visit www.cedarparktexas.gov/Link
2. Complete registration

Or call **(512) 515-9108.**

LiNK TAP. CALL. RIDE.
CEDAR PARK

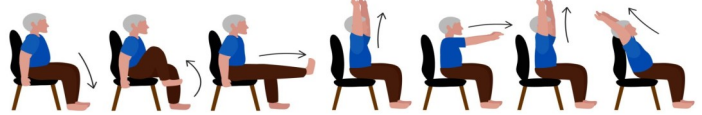
CEDAR PARK TEXAS

Powered by Uber & zTrip · Administered by Tripp Consulting
A City Council strategic mobility initiative



CREATE
LEARN
CONNECT

Sit & Fit



By Diana Hiebler

May 90-Minute Craft: Sourdough Baking



A warm, toasty slice of sourdough bread fresh out of the oven slathered in butter...Mmmm! Can't you smell that delicious aroma?

That's what you can have when you attend the May session of 90-Minute Crafts.

Meagan Recinos, baker extraordinaire, will share her

knowledge of sourdough baking and we'll even get to try out some samples. Every participant will walk away with their own sourdough starter.

The class is limited to 18 people and the cost is \$10 per person. It will be held in the Great Room on Wednesday, May 27 from 10:30 a.m. to 12:00 noon. Be sure to register to attend as soon as possible.

Pressed Flower Cards

Pressed Flower Card classes continue in the library on the third Wednesday of the month at 10:30 a.m. Taffy Gauger provides all the materials you'll need and is available to help with instructions. The supplies cost is \$5 per person.

Be sure to sign up in advance. Payment can be made at the time of the class.

Wednesday, May 20—10:30 a.m.—\$5

Interested in teaching?

Do you have a skill or craft you'd love to share? We would love to showcase your talent in an upcoming class.

Classes are held on the fourth Wednesday of each month from 10:30 a.m. to 12:00 noon in the Library. AV equipment is available and a small materials fee (typically \$5-\$10) helps cover the cost of your supplies.

Contact the front office at 512-331-6000 or email Ellen Fannin at fanninellen@gmail.com.

Sit & Fit meets Mondays, Wednesdays, and Fridays at 9:00 a.m. for 35 to 50 minutes of exercise. On Mondays and Wednesdays, participants follow guided videos featuring personal trainers who target all areas of the body through seated or modified standing movements (such as standing up and down from a chair or holding onto a chair for balance during exercises).

Some routines incorporate light weights—TOTH provides 1 lb., 2 lb., and 3 lb. options—while other routines do not. Everyone is encouraged to participate at their own pace.

Fridays bring a fun change of pace with seated Zumba. Participants exercise to familiar, upbeat music that people our age enjoy from artists like Elvis, the Beach Boys, Little Richard, and K.C. and the Sunshine Band.

No sign-up is required—just show up ready to move. As we've said before, seniors need to stay active, and Sit & Fit is a great way to do just that!

Cruisin' with Recycled Teenagers

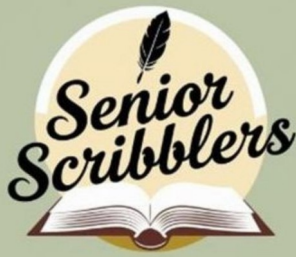
by Mary Riordon



Have you registered yet for the Carnival Dream cruise out of Galveston? The dates are August 22-30, 2026 with stops at Key West, Celebration Key, Half Moon Cay and Nassau, Bahamas.

The cost ranges from \$845 to \$1260, depending on the size and location of the stateroom. All pricing is based on double occupancy. The deposit of \$250 per person will reserve your cabin. Final payment is due on May 24.

Our cruise representative is Karen Gordon with Tailored Travel. For details, and questions or to pay your deposit, you can contact Karen Gordon, our cruise representative at 952-232-2926 or by email at karen@tailoredtravelmn.com. Mary Riordon will serve as the local coordinator.



By Kevin Hallett

The Senior Scribblers met twice in April and submitted stories under two topics: 1) an emergency and 2) a grandparent.

We have six stories so far for the Longest Day book, so let's keep them coming. Meanwhile, we have a story for May's Golden Gazette from our 'siblings working together' submissions, when two preteens break a fishtank and try to mop up the mess before anyone notices.

In May, we will meet on the 13th and 27th at 9:30 am in the Puzzle Room. The topic for the 13th is describing a time when something caused a strong emotion. It could be anger, jealousy, love, hatred, etc. Why is it easier to think of bad emotions than good??

Stop on by and let's talk about writing.

THE FISH TANK EPISODE

by Kevin Hallett

I searched for the fishing net while Linda left to retrieve Mom's mixing bowl in the kitchen. She filled it from the remaining water in the tank before we caught the goldfish to put in the basin. By now, the fluid level had dropped halfway, so catching the four flopping fish wasn't too challenging.

Once they were safe, we went to work using towels to mop up the foul-smelling liquid that soaked the rug as it spread across the living room floor. My sister was twelve, making her the boss of our desperate quest to clean up before our parents returned. Our step-dad would often beat us with his belt for little reason, so what would he do when he noticed this mess?

Home alone at ten with Linda, we had been wrestling in the family room. We were probably fighting too hard, but neither of us would concede an inch to our opponent. Anyway, we both crashed onto the tall-backed armchair, knocking it into the sixty-gallon fish tank, cracking the bottom corner. A steady spout of murky water arced out onto the floor.

Fight over, we had to save the fish and clean up. Somehow, an unspoken rule drove our cooperation. If we reached our beds after cleaning everything, we could deny any knowledge of what happened in the morning.

Soak the towel, rush to the toilet to squeeze it out, before hurrying back to repeat the cycle. I didn't know how late it became, and I was too busy to worry about Dad's reaction.

Then Mom stepped into the room, halting our efforts. "Off to bed now," she said calmly. "We'll



talk in the morning."

We hurried off. Somehow, we had gotten away with it anyway. For years, I wondered about my mother's reaction, which seemed at odds with the level of our crime.

Many decades later, when I reminded my mother about the fish tank episode, I learned the truth. She spotted the living room light on when they returned from the pub. They had peeked through the window. Although angry at first, when she saw how hard we worked together without fighting, she forgave us. After convincing Dad to do nothing, she came in to send us to bed before our step-dad changed his mind about punishing us.

When I recently reminded Linda of our escapade, she responded that two children under fourteen should NEVER have been left home alone. Yes, she recalls that evening, sixty-two years ago, very well too. But I'll always think of us working together for one evening, something we regularly do when we are together now.

Kevin is the author of the book series Defender of Vosj. Copies can be found in the TOTH Library

BOOK CLUBS

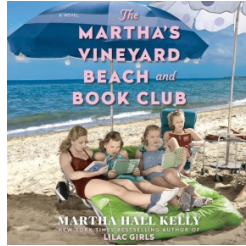
By Chris Campbell

The book clubs are always open to anyone who would like to join in the discussion.

Friday, May 8 —9:30 a.m.



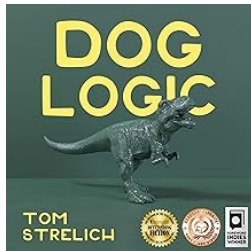
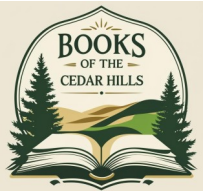
The Rated PG Book Club meets on the 2nd Friday of the month at 9:30 a.m.



The May book is *Martha's Vineyard Beach and Book Club*, by Martha Hall Kelly. The book is available in paperback, on Audiobooks and Kindle. The Rated PG Book Club is open to all and drop-ins are welcome!

Friday, May 22 —9:30 a.m.

The "Books in the Cedar Hills" Book Club gathers on the 4th Friday of the month at 9:30 a.m.



The May book is *Dog Logic*, by Tom Strellich. This book is available in Kindle. The BCH Book Club is open to all and drop-ins are welcome!

The book club discussions are led by TOTH members. The groups are always open to new book suggestions.

June Books

To help you get ahead on your reading, here are the books for the June discussions:

Rated PG Book Club—The June 12th book is *An Abundance of Katherines*, by John Green.

BCH Book Club—The June 26th book is *The Retired Assassin's Guide to Country Gardening*, by Naomi Kuttner.

Did You Know...?

May is National Older Americans Month—a time to recognize the contributions, wisdom, and vitality of older adults in our communities. Let's celebrate that we've gotten as far as we have and can still laugh. After all, laughter boosts the immune system.



COME JOIN THE FUN!

**May 2026 Session:
Monday, May 18
3:00 to 5:00 p.m.
Great Room**

Bring your favorite snack to share;
\$2 per card/No card limit
(2 max is recommended)

Cash Prizes

Music Genre for May:

Names (songs with names in the title)

Here's a tip if you've never played before:

Download the Shazam app on your phone in advance to help you identify the songs.



*Wanna sing along?
Join us at the Sing-Along Table!*



Contributed by Sterling Hartman

Senior Texting Codes

LMDO: Laughing my Dentures Out: 😄

BFF: Best Friend Fainted 😄

ATD: At the Doctor's: 😄

BTW: Bring the Wheelchair 😄

BYOT: Bring Your Own Teeth: 😄

CBM: Covered by Medicare 😄

CUASC: See You at Senior Center 😄

FWBB: Friend with Beta Blockers: 😄

FWIW: Forgot Where I Was 😄

FYI: Found my Insulin: 😄

FAFFM: Found a Fully Functioning Man 😄

😊 A young girl's class assignment was to interview an "old Person" about his life so she asked her grandfather, what was the biggest historical event that happened during your life? He said I'd have to say the moonwalk. She looked disappointed. "That dance was so important you?"



Time certainly flies when you're having fun! I can't believe I've already been with Cedar Park for three months. It has truly been a pleasure meeting many of you, and Treasure of the Hills Senior Center has quickly become one of my favorite places to visit—thanks to the wonderful members and the generosity I've experienced from this community.

I'd like to take a moment to thank everyone who has participated in the senior programming survey. Your feedback is incredibly valuable, and I have been working hard to review your input and gather insights to help expand and improve our programs. If you haven't had a chance to complete the survey yet, no worries—it is still available and posted near the front desk at Treasure of the Hills.

As we move into spring and summer, you can expect to see more programs and community events being offered. Coming up in May, we have two live music events at Lakeline Park: **May 1 – LOVER: Taylor Swift Tribute** and **May 15 – Wilco Symphony**. We'll also be hosting a Senior kayaking day **on May 5 at Brushy Creek Lake Park**. Additionally, join us for Music and Movement on **May 30 at Elizabeth Milburn Park**. Gardening 101 classes will be offered on **May 2 and June 13**.

I am also currently developing several new programs that have been submitted for approval, so be sure to keep an eye out for exciting opportunities coming soon!

We continue to offer a variety of weekly and monthly programs at the Cedar Park Recreation Center, including Mobility & Stretching, group personal training, Fit HIIT & Strength, Body Flow Yoga, Chair Yoga, Upbeat Barre, Line Dancing, Knox Tai Chi, gardening classes, and access to our community gardens.

If you're interested in participating in these programs or becoming a member of the Recreation Center in addition to your Treasure of the Hills membership, I would be happy to assist.

Senior memberships (60+) are available at \$90 annually for residents and \$180 for non-residents, with monthly options of \$15 for residents and \$30 for non-residents. Drop-in rates are \$5 for residents and \$10 for non-residents. Amenities include a fitness center, community rooms and more.

Contact Information:

Grant Meeks, CTRS
Recreation Coordinator – Adaptive & Senior Programming
Email: grant.meeks@cedarparktexas.gov
Phone: 512-417-1911

Pool Season Update

Pool season is almost here! Cedar Park community pools will open on Memorial Day (May 25) and will begin full weekly operations starting May 30.

I look forward to continuing to connect with all of you and seeing you at upcoming programs and events!

MicroLife
ORGANIC BIOLOGICAL FERTILIZERS

GARDENING 101

Gardening 101 is a hands on education series that teaches you how to work with soil, water, and native plants to build a Texas oasis at home.

MULTIPLE SESSIONS THIS SPRING

JOIN THE FUN - FOR FREE!

SCAN THE QR CODE TO REGISTER OR VISIT
CEDARPARKTEXAS.GOV/PLAY

CEDAR PARK
PARKS & RECREATION



Constable's Corner

by Constable Jeff Anderson

☀️ Stay Connected Safely!

As we embrace the digital age, it's essential to stay vigilant online. Here are some tips for our community to enjoy a safer social media experience:

- ☀️ 1. Privacy Settings: Regularly check and update your privacy settings to control who sees your posts.
- ☀️ 2. Be Wary of Friend Requests: Only accept requests from people you know personally to avoid scams.
- ☀️ 3. Think Before Sharing: Before sharing personal information, ask yourself if it's safe to do so.
- ☀️ 4. Report Suspicious Content: If you come across anything that feels off, don't hesitate to report it.

Let's keep our online community safe and supportive!



LIVE @ LAKELINE

MADAM RADAR
THE CAPITOL
LOVER - TAYLOR SWIFT TRIBUTE
WILCO SYMPHONY

APRIL 3 & 17, MAY 1 & 15

SPONSORED BY Cedar Park TEXAS

6:30 P.M. // 1510 ALEXIS DR.
cedarparktexas.gov/Live

Supporting Fresh Starts

TOTH member Elaine Allan assists refugee families from Afghanistan and Africa as they settle in the Austin area. Many arrive with very few belongings and deeply appreciate the generosity of our members. Thank you to all who have already contributed.

Donations (new or gently used) may be dropped off at TOTH, or Elaine can arrange pickup. Monetary donations and gift cards are also welcome. For questions or to donate, contact Elaine Allan at 512-750-7730 or bornto-help1961@gmail.com.

Current Needs (as of 4/27/26):

- Baby items** (strollers, car seats, crib, diaper bags, diapers sizes 1–5, care products);
- Basic household and food items** (flour, sugar, cooking oil, rice, potatoes, paper towels, toilet paper, sponges);
- Clothing** (children's, men's, & women's socks);
- Children's items** (toy cars, dolls without small parts, basic Lego sets, size 5 soccer balls);
- Household/other** (umbrellas, small folding table, pens, computers with data removed, internet service support).

MUSIC & MOVEMENT IN THE PARK

GUIDED MUSIC EXERCISES, SINGING, DANCING, AND ART ACTIVITY. INSTRUMENTS PROVIDED!

ALL AGES FREE EVENT! 10AM-11AM

SATURDAY APRIL 25TH
@Veteran's Memorial Park

SATURDAY MAY 30TH
@Milburn Park

SCAN QR TO REGISTER OR LEARN MORE @ Cedarparktexas.gov/youthprograms

CEDAR PARK

UPCOMING EVENTS

May Presentations, Meetings & Events

Mother's Day Luncheon & Fashion Show

Wednesday, May 6—12:00 noon

(see article on page 1)

Conversational Spanish Classes

Thursdays, May 7, 14—10:30 a.m.

(see article on page 5)

Dripping Springs Wine Trip

Thursday, May 7—Gather at 10:30 a.m.

(see article on page 4)

Rated PG Book Club

Friday, May 8—9:30 a.m.

(see article on page 10)

Senior Scribblers Writer's Group

Wednesdays, May 13 & 27—9:30 a.m.

(see article & story on page 9)

Lunch & Learn: "Srs Helping Srs"

Monday, May 13—12:00 p.m.

(see article on page 4)

Center Closed for Flooring Installation

May 14-15-16

(see article on page 1)

GenLink Technology Session

Saturday, May 16—10:00 a.m.—Rec Center

(see article on page 5)

Music Bingo

Monday, May 18—3:00 p.m.

(see more detail on page 10)

Pressed Flower Cards

Wednesday, May 20—10:30 a.m.

(see article on page 8)

Lunch & Learn: "Staying Safe Online"

Wednesday, May 20—12:00 p.m.

(see article on page 4)

Tai Chi (Video)

Thursday, May 21 & 28—10:00 a.m.

(see article on page 5)

BCH Book Club (Books in the Cedar Hills)

Friday, May 22—9:30 a.m.

(see article on page 10)

90-Minute Crafts: "Sourdough"

Wednesday, May 27—10:30 am to 12:00 pm

(see article on page 7)

Ice Cream Social

Thursday, May 28—2:00 p.m.

(see article on page 4)

**Always check the Weekly Update
for changes in events.**

May Shared Meals

Members and friends are invited to join us for any of these events. Please remember that reservations are required! You can register in the front office of the Center or call 512-331-6000.

TOTH Dinner Club

Thursday, May 7 at 6:00 p.m. *(note the new time)*

Willie's Grill & Ice House

1412 Bright Lane, Leander

(Limit 15)

Contact: MarEllen Basalyga, 512-905-1102

Meet & Eat Lunch Group

Tuesday, May 19 at 1:00 p.m.

Southside Market & Barbeque

1420 Shimmering Lane, Leander

(Limit 15)

Contact: MarEllen Basalyga, 512-905-1102

Monthly Breakfast

Saturday, May 23, 9:00 a.m.

TOTH Senior Center Great Room

(Free for members; \$5 for guests. Sign up in advance; deadline is May 20. Seating is limited to 40 people.)

May Birthdays

Danielle De la Torre 2	George DeMarines 9	Barbara Boland 19
Lori Hickey 2	Sue Sewell 10	Rashmi Shah 19
Amy Dement 4	Barb Clauson 11	Tom Rohrer 21
Sara Worley 4	Elaine Allan 12	Lisa Liu 24
Jaime De la Torre 6	Irene Berkel 12	Michele Elliott 26
Walter Niedzielak 7	Stan Derocher 13	Mary Hartsell 26
Randy Richards 7	Ann Marie Logrippio 18	Ruby Banks 29
Sue Chesut 9		Dotti Lippincott 30

May Anniversaries



Carolyn & Roger Patrick 19
Cyndi & Paul Katsus 21
Tracie & Gene Storie 22
Danielle & Jaime De la Torre 25
Colleen & Joshua Sanchez 25

NEW MEMBER RECOGNITION

March/April 2026

Welcome to Treasure of the Hills. TOTH is a special place where you can develop some wonderful friendships and participate in fun and entertaining events. Please know how much we appreciate each of you!

March 2026

Pat Ruthstrom
Cindy Carroll
Amy Dement
Barbara Boland
Beverly Gallegos



April 2026

Vicky Benozillo
Angie Mendoza
Ray Mendoza
Brenda Roemer
Carolyn Hall
Kathy Lawless
Susan Enos

welcome!



Hugs & Sunshine



Lois Birdwell

Calvin & Jeanne Allison

Giovanna Lanfear & Family

If you or another member of TOTH is experiencing an illness or loss and need a little more sunshine in your life, please contact the front office, 512-331-6000, to let us know.

We've all gone through, and may still be going through, a rough patch physically or emotionally. Every member is important to us and we want to know that you are doing well.

Repairs ~ Renovations ~ Maintenance

FIX-IT RALPH
HOME & COMMERCIAL SERVICES



RALPH VELOZ, HANDYMAN
ralph@fixitralph.com

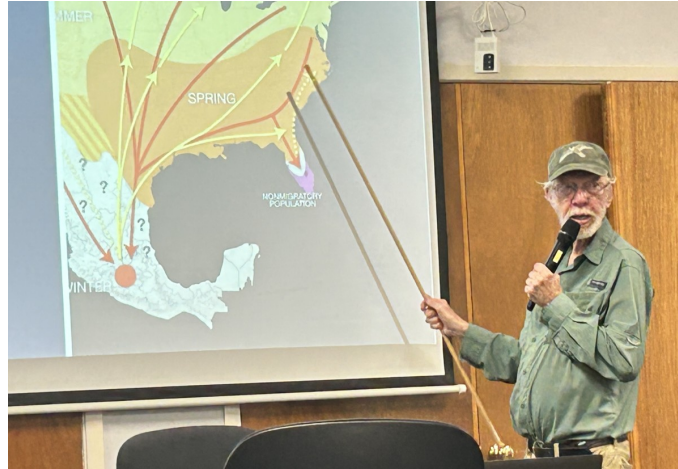
512.518.0777
www.fixitralph.com

SENIOR HOME SAFETY & ADA SOLUTIONS



The Center will be closed May 14-16 for flooring installation and on May 25 in honor of Memorial Day. Mark your calendars.

Photo Gallery: Lunch & Learn on Monarchs and Native Plants



and Native Plants

Steve Poole, volunteer ambassador with the Xerces Society, spoke to the group about Monarch butterflies and the importance of native plants to the survival of the Monarchs.

Steve brought plants to give away and the winners are shown below.

Far Right: Attendees enjoyed a delicious lunch of lasagna and salad provided by Sue Holmes and crew.



Angie



Florence



Vicky



Letha



Ellen



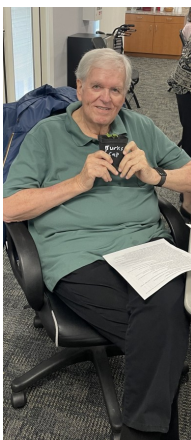
Yvonne



Mary Beth



Shirley



Don



Beda



Diana



Rosa



Bill



Kathy & Giovanna

Photo Gallery: Stained Glass

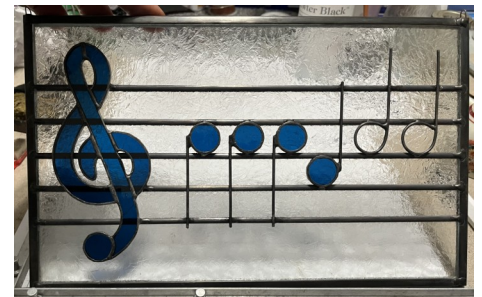


At the April 90-Minute Craft class, Rodger Ericson demonstrated the techniques used in making beautiful pieces of stained glass art. Rodger has 25+ years of experience working with stained glass and his level of expertise is obvious.

For the hands-on portion of the class, participants were asked to pick out a small piece of glass. They then experienced how to grind and prepare glass for soldering. Rodger then soldered the pieces. Students display their creations below.



**Samples of
Rodger's
Handiwork**



BOARD OF DIRECTORS

President
Ellen Fannin
Vice President
Sue Holmes
Treasurer
Denny Clauson
Secretary
Lisa Leirvaag
Directors
Jeanne Allison
Jim Anderson
Pat Fiero
Emma Sue Johnson

OFFICE MANAGER

Jeanne Allison
Email:
toth.director.tx@gmail.com
512-331-6000

STANDING COMMITTEES

Finance
Denny Clauson
Nominating—TBD
Special Events & Resource Dev.
Sue Holmes
Communications & Publicity
Open

OPERATIONS

Bldg Maintenance: Cedar Park
(Jeanne Allison is TOTH contact)
Bookkeeping: Lori Rainey
Kitchen & Supplies: Lisa Leirvaag
Membership: Barbara Duprey
Reception: Mary Riordon
Memorials: Colleen Sanchez
Sunshine: Colleen Sanchez
Mem'l Garden: Jim Anderson
Historians: Ruby Banks
Gail Brennen
Library: Ruby Banks
Bulletin Board: Open
Newsletter: Ellen Fannin
Website: Outside Vendor

REGULAR ACTIVITIES AND EVENTS

Breakfast (monthly)	Pat Fiero & Frank Mignoli	Sign up Required
Lunch & Learn/Snack & Learn.....	Sue Holmes.....	Sign up Required
Meet & Eat Lunch (monthly – locally)	MarEllen Basalyga.....	Sign Up Required
TOTH Dinner Club (monthly – locally)	MarEllen Basalyga.....	Sign up Required
Golf (weekly)	Frank Mignoli	
Sit & Fit (3x week)	Diana Hiebeler	
Quilting Bee (weekly)	Cindy Glenn	
Crochet Class (weekly).....	Sue Chesnut	
Technology Classes (3rd Saturday)	GenLink Students.....	Sign up Required
Book Clubs (2nd & 4th Fridays).....	Chris Campbell	
Senior Scribblers (2nd & 4th Wednesdays)	Kevin Hallett	
Conversational Spanish (Thursdays).....	Leslie Blanton	
90-Minute Crafts (various Wednesdays).....	Ellen Fannin	Sign up Required
Walking Group (Tuesday, Thursday, Saturday).....	Diana Hiebler	

GAMES

Bingo (Weekly on Monday)	Barbara Duprey	
Bingo (Weekly on Friday)	Barbara St. Marie	
Bunco (Weekly on Wednesday)	Ruby Banks/Barbara St. Marie	Sign up Required
Canasta (Weekly on Tuesday)		Sign up Required
Cribbage (Weekly on Monday)	Stan DeRocher	
Hearts (Weekly on Wednesday)	Chris Campbell	
Mahjong (Weekly on Thursday).....	Georgia White	
Mexican Train (Weekly on Thursday)	MarEllen Basalyga.....	Sign up Required
Music Bingo (3rd Monday).....	Ellen Fannin	Sign up Required
Pinochle (Weekly on Tuesday)	Sue Holmes.....	Sign up w/Leader
Poker (Weekly on Tues.)	CW Clark	
Skip-Bo (Weekly on Thursday)	Leo Riggi & Linda Staas	

BRIDGE

Duplicate Bridge

Tuesday (weekly)	Frank Mignoli	
Friday (weekly).....	Ken Birdwell.....	Sign up Required
2nd Saturday.....	Carolyn Patrick.....	Sign up w/Leader

Rubber Bridge

Tuesday (weekly)	Open	Sign up Required
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May 2026

Sunday

Monday

Tuesday

Wednesday

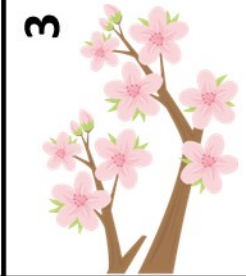





Thursday

Friday

Saturday

May 7 TOTH Dinner Club: Willie's Grill & Ice House*
 1412 Bright Lane, Leander—6:00 p.m.—Limit: 15
May 19 Meet & Eat: Southside Market & Barbeque*
 1420 Shimmering Lane, Leander—1:00 p.m.—Limit: 15
May 23 Monthly Breakfast: Treasure of the Hills*—9:00 a.m.—Limit: 40

*The red asterisk indicates that Sign-Up is required

<p>3</p> 	<p>4</p> <p>9⁰⁰ Sit & Fit 1⁰⁰ Cribbage 1⁰⁰ Bingo</p>	<p>5</p> <p>9⁰⁰ Walking Grp 9³⁰ Rbr Brdg* 10⁰⁰ Canasta* 12³⁰ Poker 1⁰⁰ Dup Bridge 1⁰⁰ Pinochle</p>	<p>6</p> <p>9⁰⁰ Sit & Fit 9/10⁰⁰ Hearts 12⁰⁰ Mother's Day Luncheon* 1⁰⁰ Bunco* 3⁰⁰ Crochet Class</p>	<p>7</p> <p>9⁰⁰ Walking Grp 10/11⁰⁰ Mahjong 10⁰⁰ Tai Chi (video) 10³⁰ Skip-Bo 10³⁰ Conv Spanish 11^{00-3:30} Wine Trip* 12⁰⁰ Quilting Bee 12⁰⁰ Mexican Train* 6⁰⁰ TOTH Dinner Club*</p>	<p>8</p> <p>9⁰⁰ Sit & Fit 9³⁰ Rated PG Book Club 10³⁰ Bingo 11⁰⁰ Exec Comm 1⁰⁰ Dup Bridge*</p>	<p>9</p> <p>9⁰⁰ Walking Grp 1⁰⁰ Dup Bridge</p>
<p>10</p> 	<p>11</p> <p>9⁰⁰ Sit & Fit 10⁰⁰ Board Meeting 1⁰⁰ Cribbage 1⁰⁰ Bingo</p>	<p>12</p> <p>9⁰⁰ Walking Grp 9³⁰ Rbr Brdg* 10⁰⁰ Canasta* 12³⁰ Poker 1⁰⁰ Dup Bridge 1⁰⁰ Pinochle</p>	<p>13</p> <p>9⁰⁰ Sit & Fit 9⁰⁰/10⁰⁰ Hearts 9³⁰ Senior Scribblers* 12⁰⁰ Lunch & Learn* 1⁰⁰ Bunco* 3⁰⁰ Crochet Class</p>	<p>14</p> <p style="text-align: center;">Center CLOSED for flooring installation Some activities will move to the Cedar Park Rec Center. Check the list on Page 1.</p>	<p>15</p>	<p>16</p>
<p>17</p> 	<p>18</p> <p>9⁰⁰ Sit & Fit 1⁰⁰ Cribbage 1⁰⁰ Bingo 3⁰⁰ Music Bingo</p>	<p>19</p> <p>9⁰⁰ Walking Grp 9³⁰ Rbr Brdg* 10⁰⁰ Canasta* 12³⁰ Poker 1⁰⁰ Meet & Eat* 1⁰⁰ Dup Bridge 1⁰⁰ Pinochle</p>	<p>20</p> <p>9⁰⁰ Sit & Fit 9/10⁰⁰ Hearts 10³⁰ Press Flower Cards* 12⁰⁰ Lunch & Learn* 1⁰⁰ Bunco* 3⁰⁰ Crochet Class</p>	<p>21</p> <p>9⁰⁰ Walking Grp 10/11⁰⁰ Mahjong 10⁰⁰ Tai Chi (video) 10³⁰ Skip-Bo 12⁰⁰ Quilting Bee 12⁰⁰ Mexican Train*</p>	<p>22</p> <p>9⁰⁰ Sit & Fit 9³⁰ BCH Book Club 10³⁰ Bingo 1⁰⁰ Dup Bridge*</p>	<p>23</p> <p>9⁰⁰ Walking Grp 9⁰⁰ Monthly Breakfast*</p>
<p>24</p> 	<p>25</p> <p>Center Closed for Holiday</p> 	<p>26</p> <p>9⁰⁰ Walking Grp 9³⁰ Rbr Brdg* 10⁰⁰ Canasta* 12³⁰ Poker 1⁰⁰ Dup Bridge 1⁰⁰ Pinochle</p>	<p>27</p> <p>9⁰⁰ Sit & Fit 9⁰⁰/10⁰⁰ Hearts 9³⁰ Senior Scribblers* 10³⁰ 90-Minute Craft* 1⁰⁰ Bunco* 3⁰⁰ Crochet Class</p>	<p>28</p> <p>9⁰⁰ Walking Grp 10/11⁰⁰ Mahjong 10⁰⁰ Tai Chi (video) 10³⁰ Skip-Bo 12⁰⁰ Quilting Bee 12⁰⁰ Mex Train* 2⁰⁰ Ice Cream Social*</p>	<p>29</p> <p>10³⁰ Bingo 1⁰⁰ Dup Bridge*</p>	<p>30</p> <p>9⁰⁰ Walking Grp</p>
<p>31</p> 						

Treasure of the Hills Senior Center